TRANSPORTATION OPTIONS

Updated July 2020

MEDICAL & GENERAL

A Transportation Resource Guide for Older Adults and Residents with Disabilities within SeniorCare's Planning and Service Area

SERVING

Beverly, Essex, Gloucester, Hamilton, Ipswich, Manchester By-The-Sea, Rockport, Topsfield and Wenham

FOR MORE INFORMATION

RSVP Volunteers of the North Shore, SeniorCare Inc.

Ruth Lindsay, RSVP Director
rsvp@seniorcareinc.org
978-281-1750 x572
978-865-3572

Carole McNair, Transportation Scheduler
978-281-1750 x573
978-865-3573

Theresa Dickson, RSVP Program Assistant
978-281-1750 x568
978-865-3568
Table of Contents

SeniorCare Medical Transportation Program .................................................. 2
Beverly Transportation Options ........................................................................... 4
Essex Transportation Options ........................................................................... 6
Gloucester Transportation Options .................................................................... 8
Hamilton Transportation Options ...................................................................... 10
Ipswich Transportation Options ......................................................................... 12
Manchester-By-The-Sea Transportation Options .............................................. 14
Rockport Transportation Options ....................................................................... 16
Topsfield Transportation Options ......................................................................... 18
Wenham Transportation Options ......................................................................... 20
Additional Transportation Resources ................................................................. 22
**Program:** RSVP Volunteers provide a door-through-door escort service to and from local and out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

**Eligibility:** For people 60+ who are self-mobile and not needing physical assistance, wheelchairs or oxygen tanks, and reside within SeniorCare’s jurisdiction.

**Service Area:** Residents within SeniorCare’s jurisdiction: Beverly, Essex, Gloucester, Hamilton, Ipswich, Manchester-by-the-Sea, Rockport, Topsfield, and Wenham. Consumers may travel both within and outside these communities.

**Cost:** No fee. *A voluntary donation is suggested related to the number and length of trips per month; this request is mailed monthly. Donations cover the costs of the program and mileage reimbursements for the Volunteer Drivers. Clients pay for tolls and parking fees. Volunteers cannot accept tips or gifts, but can accept donation checks to help support SeniorCare’s programs.*

**Hours:**
- **Scheduling:** Monday - Friday 9:00 AM - 12:00 Noon
- **Operating Hours (Rides):** Monday - Friday 8:00 AM - 4:00 PM
- **Exception:** Holidays and when SeniorCare is closed

**Scheduling:** Rides may be scheduled as soon as appointments are made. Advance notice of at least 3 business days is required (at least 7 business days for Burlington or Boston appointments).

**Reservations:**
- **Scheduler:** 978-281-1750 x573 or 866-927-1050 x573
- **Supervisor:** 978-281-1750 x572
- **carole.mcnair@seniorcareinc.org**
Important Notes:

- This program is for medical transportation rides ONLY. Volunteer Drivers are not permitted to transport Consumers to the grocery store, bank, or run any other type of errands.

- Consumers should call with a transportation request as soon as a medical appointment is made, but no less than 3 business days prior.

- Long distance appointments such as Boston and Burlington should be scheduled between the hours of 11am and 1pm to avoid rush hour traffic.

- For lengthy appointments, arrangements may be made for either a drop-off or pick-up, but may not always accommodate both ways.

- Consumers may be provided with more than one ride during a week, but should be reminded that Volunteer Drivers must be shared with many Consumers.

- The Scheduler will provide Consumers with medical transportation options in their area (which can, and should be utilized).

How to Schedule a Ride:

1. Call the Scheduler at 978-284-1750 X573 between 9:00 and 12:00 noon. If you call after noon, leave a detailed message including your name and phone number.

2. State the date, time and length of appointment, doctor’s name, and office or hospital address.

3. The Scheduler will reach out to Volunteer Drivers to provide transportation.

4. The Scheduler will call you with the Volunteer Driver’s name or notify you if no Volunteers are available.

5. The Volunteer Driver will call the Consumer the day or evening before the ride to introduce themselves. They will arrange a pick-up time and discuss any pertinent details about the ride.

6. Be ready to go when the Volunteer Driver arrives at your home to pick you up!

7. If the ride needs to be canceled, it is imperative that you contact the Scheduler immediately. If the Scheduler can’t be reached, ask to speak with the Transportation Supervisor or leave a message with the SeniorCare Receptionist.
**Program:** The Beverly Senior Center offers curb-to-curb, wheelchair accessible, in-town transportation in addition to out-of-town medical transportation.

**Eligibility:** Beverly residents age 60+ and individuals with a disability. Must complete registration packet before first ride.

**Service Area:** In-town transportation to medical appointments, non-medical appointments, as well as to and from the Senior Center.

The Senior Center van provides medical transportation to Lahey Peabody, Lahey Danvers, and Mass. General in Danvers.

Please contact the Transportation Department for further information regarding out-of-town medical appointments and special group trips.

**Cost:**
- Trips to and from the Senior Center are FREE.
- $1 each way for a ride within Beverly.
- $4 each way for out-of-town medical appointments and special group trips.

**Hours:**
- Monday through Wednesday: 8:00AM – 3:00PM
- Thursday: 8:00AM – 6:00PM
- Friday: 8:00AM – 12:00 Noon

**Scheduling:** Reservations may be made up to 2 weeks in advance but no later than 2 business days before the date of service.

**Reservations:** 978-921-6078

---

**SeniorCare Medical Transportation Program**
978-281-1750 x573
[seniorcareinc.org](http://seniorcareinc.org)

RSVP Volunteers provide a door-to-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

*Please call Monday – Friday, 9AM – 12:00 Noon to request additional information and to schedule appointments.*
THE RIDE
617-337-2727
mbta.com/accessibility/the-ride

Program: An origin-to-destination, handicapped accessible, shared ride service for people who are eligible under the Americans with Disabilities Act guidelines.

Eligibility: People with disabilities, including seniors, who are registered with THE RIDE.

To apply or recertify for THE RIDE, you will need to appear in-person for a confidential interview with a Mobility Coordinator.

To set up an interview and note what you need to bring, contact THE RIDE eligibility Center at 617-337-2727.

Immediate Service for Medical Necessity provides 30 days of full service to individuals when requested by healthcare providers, hospitals, or treatment centers to deal with a medical emergency.

Service Area: Topsfield, Beverly, Boston, Danvers, Peabody, Salem, and many more (call or refer to website for complete list).

Cost: $3.00 each way

Hours: Monday through Friday, 8:30AM to 3:30PM (evening by request)

Scheduling: 1-14 days in advance

Reservations: 888-319-7433 between 8AM - 5PM

Additional Transportation Resources

<table>
<thead>
<tr>
<th>Service</th>
<th>Website</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beverly Shuttle</td>
<td>canntran.com</td>
<td>978-283-7916</td>
</tr>
<tr>
<td>MBTA Commuter Rail</td>
<td>mbta.com/schedules/commuter-rail</td>
<td>617-222-3200</td>
</tr>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td>mass.gov (healthcare transportation)</td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Taxi Services:</td>
<td>Tri-City Taxi</td>
<td>978-531-3112</td>
</tr>
<tr>
<td>Beauport Ambulance Service</td>
<td>beauportambulanceservice.com/</td>
<td>978-281-6955</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td>cancer.org</td>
<td>800-227-2345</td>
</tr>
<tr>
<td>Veterans’ Services/City of Beverly</td>
<td>beverlyma.gov</td>
<td>978-778-5000</td>
</tr>
<tr>
<td>Mobility Links</td>
<td>glss.net</td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td>massridematch.org</td>
<td>800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber – Uber.com</td>
<td>Lyft - lyft.com</td>
</tr>
</tbody>
</table>

Page 5
Program: Individual Medical and Non-Medical rides provided by Beauport Ambulance Services for the Essex Council on Aging. Destinations include medical appointments, grocery stores, pharmacies, banks, fitness facilities, general stores, post office, senior centers, etc. Transportation is also available daily to the Essex Senior Center.

Eligibility: Essex residents age 60+

Service Area: Essex, Beverly, Danvers, Gloucester, Hamilton, Ipswich, Manchester, Peabody, Rockport, Wenham

Transportation to medical appointments outside this area and the Social Security Administration may also be accommodated. Please contact the Essex Council on Aging directly.

Cost: No fee; donations appreciated

Hours: Scheduling: Monday through Friday 8AM – 4PM

Scheduling: A minimum of 24 hours in advance

Reservations: Beauport: 978-281-6955
-OR-
If you need assistance, call:
Essex COA: 978-768-7932 (press 1 for front desk)
Call between 9AM and 1PM DO NOT LEAVE A MESSAGE

SeniorCare Medical Transportation Program
978-281-1750 x573
seniorcareinc.org

RSVP Volunteers provide a door-to-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to request additional information and to schedule appointments.
Group Shopping (CATA)
978-283-7916 (call CATA to reserve a space)

Please note: You must register with CATA, which can take up to a week to complete. Forms are available at the Gloucester Council on Aging, by calling CATA, or visiting the CATA website (cantran.com)

$5 per passenger and a limit of 2 bags

**Wednesday**: Departs Essex COA at 10AM; Departs location at 1PM
  - Week 1: Walmart
  - Week 2: Christmas Tree Shop
  - Week 3: Trader Joes
  - Week 4: Liberty Tree/North Shore Malls
  - Week 5: Ocean State Job Lots

**Friday**: Market Basket, Rowley. Bus picks you up at your home at approximately 9:30AM; 1 hour to shop.

**Seniors on the Go (A Manchester-by-the-Sea/Essex Partnership)**
Group trips to provide increased access to healthy food and fitness opportunities. Rides will be provided by the Manchester-by-the-Sea Council on Aging Vehicle. For more information, contact the Manchester-by-the-Sea Council on Aging at 978-526-7500 or the Essex Council on Aging at 978-768-7932.

**Additional Transportation Resources**

<table>
<thead>
<tr>
<th>Service</th>
<th>Website/Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td><a href="https://mass.gov">mass.gov</a> (healthcare transportation)</td>
</tr>
<tr>
<td>Taxi Services:</td>
<td>Fisherman Taxi 978-283-1600</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td><a href="http://cancer.org">cancer.org</a></td>
</tr>
<tr>
<td>Eastern Essex District Department of Veterans' Services</td>
<td><a href="http://eessexvets.com">eessexvets.com</a></td>
</tr>
<tr>
<td>Mobility Links</td>
<td><a href="http://glss.net">glss.net</a></td>
</tr>
<tr>
<td>Ride Match</td>
<td><a href="http://massridematch.org">massridematch.org</a></td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber - <a href="http://uber.com">uber.com</a></td>
</tr>
</tbody>
</table>
GLOUCESTER TRANSPORTATION OPTIONS

Gloucester Council on Aging / Rose Baker Senior Center
6 Manuel F. Lewis Street
Gloucester, MA  01930
978-281-9765
gloucester-ma.gov

Program: Volunteers provide a door-to-door escort service to and from local and out-of-town medical appointments

Eligibility: Gloucester and Rockport residents aged 60+.

Service Area: Open; Boston trips are limited.

Cost: No fee. Donation is appreciated.

Hours: Monday through Friday, 9AM to 4PM

Scheduling: Rides must be scheduled at least 3 days in advance.

Reservations: 978-281-9765 x17

The Gloucester Council on Aging 8-passenger van, with volunteer drivers, transports Seniors to the RMV monthly, as well as shopping trips and to restaurants. Contact the COA for a schedule of trips and sign up at the Senior Center reception desk.

CATA Dial-a-Ride
978-283-7916

Program: A door-to-door service to and from local appointments and activities, with medical appointments given priority

Eligibility: Older adults age 60+ and adults age18+ who have a physical, mental, or cognitive disability. Must register with CATA’s Dial-a-Ride program in advance

Service Area: Rockport, Gloucester, and organized trips outside Cape Ann

Cost: $2.00 - $2.50 for local rides

Hours: Monday through Friday 9:00AM - 2:30PM

Scheduling: Up to a month in advance, but no later than 1:00 PM on the day preceding the date of service

Reservations: 978-283-7916
RSVP Volunteers provide a door-to-door escort service to and from local and out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited. Please call Monday – Friday, 9AM – 12:00 Noon to request additional information and to schedule appointments.

**Group Shopping (CATA)**
978-283-7916 (call CATA to reserve a space)

Please note: You must register with CATA, which can take up to a week to complete. Forms are available at the Gloucester Council on Aging, by calling CATA, or visiting the CATA website (canntran.com)

Monday: Group bus trip departing Rose Baker Senior Center weekly at 9:45AM. Return trip departs location at 1PM. $5.00 roundtrip. 2 bag limit

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Week 4</th>
<th>Week 2</th>
<th>Week 5</th>
</tr>
</thead>
<tbody>
<tr>
<td>Walmart</td>
<td>Liberty Tree/North Shore Malls</td>
<td>Christmas Tree Shop</td>
<td>Ocean State Job Lots</td>
</tr>
<tr>
<td>Week 3: Trader Joes</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Seniors on the Go**
FREE group trips to provide increased access to healthy food and fitness opportunities for residents living in senior housing. Contact the Gloucester Council on Aging at 978-281-9765 for a current schedule and additional details.

**Additional Transportation Resources**

<table>
<thead>
<tr>
<th>Service</th>
<th>Contact</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cape Ann Transportation Authority (CATA bus service)</td>
<td>cantran.com</td>
<td>978-283-1886</td>
</tr>
<tr>
<td>MBTA Commuter Rail</td>
<td>mbta.com/schedules/commuter-rail</td>
<td>617-222-3200</td>
</tr>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td>mass.gov (healthcare transportation)</td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Taxi Services:</td>
<td>Fisherman Taxi</td>
<td>Gloucester Taxi</td>
</tr>
<tr>
<td></td>
<td>978-283-1600</td>
<td>978-283-0099</td>
</tr>
<tr>
<td>Beauport Ambulance Service</td>
<td>beauportambulanceservice.com/</td>
<td>978-281-6955</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td>cancer.org</td>
<td>800-227-2345</td>
</tr>
<tr>
<td>Cape Ann Veterans’ Services</td>
<td>gloucester-ma.gov</td>
<td>978-281-9740</td>
</tr>
<tr>
<td>Mobility Links</td>
<td>glss.net</td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td>massridematch.org</td>
<td>800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber - uber.com</td>
<td>Lyft - lyft.com</td>
</tr>
</tbody>
</table>
Program: Cape Ann Transportation Authority, in conjunction with the Hamilton Council on Aging and the Town of Hamilton, provides van service for medical appointments, shopping, banking, etc. Vans are wheelchair accessible; escorts & service animals allowed.

Eligibility: Hamilton residents age 60+.


Transportation is available to the North Shore Regional Dialysis Center in Beverly, Monday through Saturday, for 1st and 2nd shift dialysis treatments.

Cost: Suggested donation of $2.50 one-way for out-of-town trips.

Hours: Monday through Friday, 8AM – 4PM.

Scheduling: At least two business days' notice is required. For example, call no later than Thursday for a Monday ride. Transportation to and from a location must be scheduled at the same time.

Reservations: 978-283-7916

SeniorCare Medical Transportation Program
978-281-1750 x573
seniorcareinc.org

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to request additional information and to schedule appointments.
## Additional Transportation Resources

<table>
<thead>
<tr>
<th>Resource</th>
<th>Website/Contact Information</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>MBTA Commuter Rail</td>
<td><a href="https://mbta.com/schedules/commuter-rail">mbta.com/schedules/commuter-rail</a></td>
<td>617-222-3200</td>
</tr>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td><a href="https://mass.gov">mass.gov</a> (health care transportation)</td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Taxi Services:</td>
<td>Tri-City Taxi 978-531-3112</td>
<td>Gloucester Taxi 978-283-0099</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td><a href="https://cancer.org">cancer.org</a></td>
<td>800-227-2345</td>
</tr>
<tr>
<td>Eastern Essex District Department of Veterans' Services</td>
<td><a href="https://eessexvets.com">eessexvets.com</a></td>
<td>978-356-3915</td>
</tr>
<tr>
<td>Mobility Links</td>
<td><a href="https://glss.net">glss.net</a></td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td><a href="https://massridematch.org">massridematch.org</a></td>
<td>800-483-2500</td>
</tr>
</tbody>
</table>

[Page 11](#)
Program: The Ipswich Council on Aging coordinates curb-to-curb transportation for seniors traveling to various locations in Ipswich as well as out-of-town medical appointments.

Eligibility: Ipswich residents age 60+
Pre-registration is required

Service Area: IN-TOWN: Transportation to local medical appointments, the Senior Center, grocery stores, pharmacy, library, etc. is provided by the Ipswich Senior Center Van.

Cost: $2 round-trip

Hours: Monday through Thursday 8AM – 4PM

Scheduling: At least 24 hours in advance.

OUT-OF-TOWN: Transportation provided by CATA (Cape Ann Transportation Authority) to medical appointments including:

Addison Gilbert Hospital   Beverly Hospital Campus
Cape Ann Medical Center   Cummings Center
Fresenius Medical Center   Gordon Center for balance & mobility
Lahey Danvers            Lahey Peabody
Mass. General / North Shore Center for Outpatient Care

Volunteer drivers provide rides to areas outside CATA service area when available.

CATA suggests you bring a snack & reading material as wait times can vary.

Cost: $5 round trip

Hours: Monday through Friday 9AM – 5PM

Scheduling: At least 3 days in advance

Reservations: Monday through Friday, 8AM - 4PM at 978-356-6650
Ipswich Council on Aging Group Shopping:

*Contact the Council on Aging for details and reservations – 978-356-6650*

Monday through Thursday – The Council on Aging van provides transportation to Market Basket beginning at 1:00.
Friday – The Council on Aging van provides transportation to various locations beginning at noon.

**SeniorCare Medical Transportation Program**

978-281-1750 x573
[seniorcareinc.org](http://seniorcareinc.org)

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

*Please call Monday – Friday, 9AM – 12:00 Noon to request additional information and to schedule appointments.*

### Additional Transportation Resources

<table>
<thead>
<tr>
<th>Service</th>
<th>Website</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>MBTA Commuter Rail</td>
<td><a href="http://mbta.com/schedules/commuter-rail">mbta.com/schedules/commuter-rail</a></td>
<td>617-222-3200</td>
</tr>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td><a href="http://mass.gov">mass.gov</a> (healthcare transportation)</td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Taxi Services:</td>
<td>Tri-City Taxi 978-531-3112</td>
<td>Gloucester Taxi 978-283-0099</td>
</tr>
<tr>
<td></td>
<td>Fisherman Taxi 978-283-1600</td>
<td></td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td><a href="http://cancer.org">cancer.org</a></td>
<td>800-227-2345</td>
</tr>
<tr>
<td>Eastern Essex District Department of Veterans’ Services</td>
<td><a href="http://eesexsvets.com">eesexsvets.com</a></td>
<td>978-356-3915</td>
</tr>
<tr>
<td>Mobility Links</td>
<td><a href="http://glss.net">glss.net</a></td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td><a href="http://massridematch.org">massridematch.org</a></td>
<td>800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber - <a href="http://uber.com">uber.com</a></td>
<td>Lyft - <a href="http://lyft.com">lyft.com</a></td>
</tr>
</tbody>
</table>


Manchester-by-the-Sea Council on Aging  
10 Central Street  
Town Hall  
Manchester-by-the-Sea, MA 01944  
978-526-7500  
Manchester.ma.us>Council-On-Aging

<table>
<thead>
<tr>
<th>Program:</th>
<th>Four Manchester-by-the-Sea vehicles provide transportation to medical appointments, grocery stores, pharmacies, banks, fitness facilities, general stores, post office, senior centers, etc.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Monthly trips to the malls and Trader Joes</td>
</tr>
<tr>
<td></td>
<td>Thursday: Group trips to Market Basket</td>
</tr>
<tr>
<td>Eligibility:</td>
<td>Manchester-by-the-Sea residents age 60+ and disabled under 60.</td>
</tr>
<tr>
<td>Service Area:</td>
<td>Open</td>
</tr>
<tr>
<td>Cost:</td>
<td>No fee; donations appreciated</td>
</tr>
</tbody>
</table>
| Hours:            | Monday 8:30AM - 2PM  
|                   | Tuesday and Friday 8:30AM - 3PM  
|                   | Wednesday and Thursday 8:30AM - 4PM                                                                                                                                                          |
| Scheduling:       | A minimum of 24 hours in advance if possible                                                                                                                                               |
| Reservations:     | 978-526-7500                                                                                                                                                                                  |

SeniorCare Medical Transportation Program  
978-281-1750 x573  
seniorcareinc.org

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

*Please call Monday – Friday, 9AM – 12:00 Noon to request additional information and to schedule appointments.*

Seniors on the Go (A Manchester-by-the-Sea/Essex Partnership)  
Group trips to provide increased access to healthy food and fitness opportunities. Rides will be provided by the Manchester-by-the-Sea Council on Aging Vehicle. For more information, contact the Manchester-by-the-Sea Council on Aging at 978-526-7500.
### Additional Transportation Resources

<table>
<thead>
<tr>
<th>Service</th>
<th>Website/Mobile App</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>MBTA Commuter Rail</td>
<td><a href="https://mbta.com/schedules/commuter-rail">mbta.com/schedules/commuter-rail</a></td>
<td>617-222-3200</td>
</tr>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td><a href="https://mass.gov">mass.gov</a> (healthcare transportation)</td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Taxi Services:</td>
<td>Fisherman Taxi</td>
<td></td>
</tr>
<tr>
<td></td>
<td>978-283-1600</td>
<td>Gloucester Taxi</td>
</tr>
<tr>
<td></td>
<td></td>
<td>978-283-0099</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td><a href="https://cancer.org">cancer.org</a></td>
<td>800-227-2345</td>
</tr>
<tr>
<td>Cape Ann Veterans' Services</td>
<td><a href="https://gloucester-ma.gov">gloucester-ma.gov</a></td>
<td>978-281-9740</td>
</tr>
<tr>
<td>Mobility Links</td>
<td><a href="https://glss.net">glss.net</a></td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td><a href="https://massridematch.org">massridematch.org</a></td>
<td>800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber - <a href="https://uber.com">uber.com</a></td>
<td>Lyft - <a href="https://lyft.com">lyft.com</a></td>
</tr>
</tbody>
</table>
# ROCKPORT TRANSPORTATION OPTIONS

**Rockport Council on Aging**  
Rockport Senior Center  
58 Broadway  
Rockport, MA 01966  
978-546-2573  
[rockportma.gov/council-aging](http://rockportma.gov/council-aging)

**CATA Dial-a-Ride**  
978-283-7916  
[canntran.com](http://canntran.com)

<table>
<thead>
<tr>
<th>Program:</th>
<th>A door-to-door service to and from local appointments and activities, with medical appointments given priority. Includes rides for lunch at the Senior Center and Bingo (contact CATA for a reservation).</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eligibility:</td>
<td>Older adults age 60+ and adults age 18+ who have a physical, mental or cognitive disability. Must register with CATA’s Dial-a-Ride program in advance.</td>
</tr>
<tr>
<td>Service Area:</td>
<td>Rockport, Gloucester, and organized trips outside Cape Ann</td>
</tr>
<tr>
<td>Cost:</td>
<td>$2.00 - $2.50 for local rides</td>
</tr>
<tr>
<td>Hours:</td>
<td>Monday through Friday 9:00AM - 2:30PM</td>
</tr>
<tr>
<td>Scheduling:</td>
<td>Reservations must be made up to a month in advance, but no later than 1:00 PM on the day preceding the date of service.</td>
</tr>
<tr>
<td>Reservations:</td>
<td>978-283-7916</td>
</tr>
</tbody>
</table>

**SeniorCare Medical Transportation Program**  
978-281-1750 x573 or 978-865-3573  
[seniorcareinc.org](http://seniorcareinc.org)

RSVP Volunteers provide a door-through-door escort service to and from local and out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

*Please call Monday – Friday, 9AM – 12:00 Noon to request additional information and to schedule appointments.*

**Seniors on the Go**  
FREE group trips for residents of senior housing to provide increased access to healthy food & fitness opportunities. Contact the Rockport Council on Aging at 978-281-9765 for a current schedule and additional details.
Group Shopping (CATA) 
978-283-7916 (Call CATA to reserve a space or to register.)

Please note:  You must register with CATA, which can take up to a week to complete. Forms are available at the Rockport Council on Aging, by calling CATA, or visiting the CATA website (canntran.com).

Monday: Group bus trip departing Rockport Senior Center weekly at 9:30 AM. Return trip departs location at 1PM. $5.00 roundtrip. 2 bag limit.

- Week 1: Walmart
- Week 2: Christmas Tree Shop
- Week 3: Trader Joes
- Week 4: Liberty Tree/North Shore Malls
- Week 5: Ocean State Job Lots

Tuesday: Grocery shopping at your choice of Stop & Shop, Shaws (Eastern Avenue), or Market Basket in Gloucester. Reservations must be made in advance. The CATA bus will pick up riders curb-side outside their homes at approximately 10:45AM and return at approximately 1:15 PM. $4.00 round trip. 2 bag limit.

Additional Transportation Resources

<table>
<thead>
<tr>
<th>Service</th>
<th>Website/Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cape Ann Transportation Authority (CATA bus service)</td>
<td>canntran.com/978-283-1886</td>
</tr>
<tr>
<td>MBTA Commuter Rail</td>
<td>mbta.com/schedules/commuter-rail/617-222-3200</td>
</tr>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td>mass.gov (healthcare transportation)/800-841-2900</td>
</tr>
<tr>
<td>Taxi Services:</td>
<td>Fisherman Taxi 978-283-1600/Gloucester Taxi 978-283-0099</td>
</tr>
<tr>
<td>Beauport Ambulance Service</td>
<td>beauportambulanceservice.com/978-281-6955</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td>cancer.org/800-227-2345</td>
</tr>
<tr>
<td>Cape Ann Veterans’ Services</td>
<td>gloucester-ma.gov/978-281-9740</td>
</tr>
<tr>
<td>Mobility Links</td>
<td>glss.net/888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td>massridematch.org/800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber - uber.com/Lyft - lyft.com</td>
</tr>
</tbody>
</table>
Programs: Bus service for medical, financial, and other appointments, as well as special excursions and shopping shuttles.

Limited number of volunteers available to drive senior citizens and adults with disabilities (door-to-door) to medical appointments.

Eligibility: Topsfield residents age 60+ and adults with disabilities

Service Area: 15-mile radius of Topsfield

Cost: No fee; $2 in-town and $4 out-of-town suggested donation. Complimentary service to/from Programming Site (Town Hall), Election Day Polling Site and certain special events.

Hours: Medical transport available: Monday all day, Thursday all day and Wednesday afternoon:

Tuesday Mornings: Special trips (call Topsfield COA for info)

Wednesday Mornings: Shopping Shuttle runs to Market Basket Plaza, Rowley, including CVS, TJ Maxx, and more.

Scheduling: Medical rides may be scheduled up two months in advance. All other rides must be scheduled at least 24 hours in advance, on a first-come, first-serve basis.

Reservations: 978-887-6866 (Mon. through Thurs. 9AM - 4PM & Fri. 9AM - Noon)

SeniorCare Medical Transportation Program
978-281-1750 x573
seniorcareinc.org

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips to Boston and Burlington are limited.

Please call Monday – Friday, 9AM – 12:00 Noon to request additional information and to schedule appointments.
**THE RIDE**  
617-337-2727  
[mbta.com/accessibility/the-ride](http://mbta.com/accessibility/the-ride)

<table>
<thead>
<tr>
<th><strong>Program:</strong></th>
<th>An origin-to-destination, handicapped accessible, shared ride service for people who are eligible under the Americans with Disabilities Act guidelines.</th>
</tr>
</thead>
</table>
| **Eligibility:** | People with disabilities, including seniors, who are registered with THE RIDE.  
To apply or recertify for THE RIDE, you will need to appear in-person for a confidential interview with a Mobility Coordinator.  
To set up an interview and note what you need to bring, contact THE RIDE eligibility Center at 617-337-2727.  
**Immediate Service for Medical Necessity** provides 30 days of full service to individuals when requested by healthcare providers, hospitals, or treatment centers to deal with a medical emergency. |
| **Service Area:** | Topsfield, Beverly, Boston, Danvers, Peabody, Salem, and many more (call or refer to website for complete list). |
| **Cost:** | $3.00 each way |
| **Hours:** | Monday through Friday, 8:30AM to 3:30PM (evening by request) |
| **Scheduling:** | 1-14 days in advance |
| **Reservations:** | 888-319-7433 between 8AM - 5PM |

### Additional Transportation Resources

<table>
<thead>
<tr>
<th>Service</th>
<th>Website</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td><a href="http://mass.gov">mass.gov</a> (healthcare transportation)</td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Taxi Services</td>
<td>Tri-City Taxi</td>
<td>978-531-3112</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td><a href="http://cancer.org">cancer.org</a></td>
<td>800-227-2345</td>
</tr>
<tr>
<td>Topsfield Veterans’ Services</td>
<td><a href="http://topsfield-ma.gov">topsfield-ma.gov</a></td>
<td>978-887-0335</td>
</tr>
<tr>
<td>Mobility Links</td>
<td><a href="http://glss.net">glss.net</a></td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td><a href="http://massridematch.org">massridematch.org</a></td>
<td>800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing:</td>
<td>Uber - <a href="http://uber.com">uber.com</a></td>
<td>Lyft - <a href="http://lyft.com">lyft.com</a></td>
</tr>
</tbody>
</table>
Program: Van service for medical appointments, shopping, banking, etc.

- **Thursday:** Group shopping trips to Market Basket
- **Additional group trips:** Contact the COA Van Service for details

Eligibility: Wenham residents age 60+. Handicapped accessible lift.

Service Area: Wenham, Hamilton, Beverly, Danvers, Peabody, Manchester, Essex and Topsfield.

Cost: No fee; $4 donations are appreciated

Hours: Monday through Friday, 8AM – 3:30PM

Scheduling: 24 hour notice preferred

Reservations: 978-468-5534

---

**SeniorCare Medical Transportation Program**

978-281-1750 x573
[seniorcareinc.org](http://seniorcareinc.org)

RSVP Volunteers provide a door-through-door escort service to and from local & out-of-town medical appointments. Long distance trips such as Boston and Burlington are limited.

*Please call Monday – Friday, 9AM – 12:00 Noon to request additional information and to schedule appointments.*
THE RIDE
617-337-2727
mbta.com/accessibility/the-ride

Program: An origin-to-destination, handicapped accessible, shared ride service for people who are eligible under the Americans with Disabilities Act guidelines.

Eligibility: People with disabilities, including seniors, who are registered with THE RIDE.

To apply or recertify for THE RIDE, you will need to appear in-person for a confidential interview with a Mobility Coordinator.

To set up an interview and note what you need to bring, contact THE RIDE eligibility Center at 617-337-2727.

Immediate Service for Medical Necessity provides 30 days of full service to individuals when requested by healthcare providers, hospitals, or treatment centers to deal with a medical emergency.

Service Area: Topsfield, Beverly, Boston, Danvers, Peabody, Salem, and many more (call or refer to website for complete list).

Cost: $3.00 each way
Hours: Monday through Friday, 8:30AM to 3:30PM (evening by request)
Scheduling: 1-14 days in advance
Reservations: 888-319-7433 between 8AM - 5PM

Additional Transportation Resources

<table>
<thead>
<tr>
<th>MBTA Commuter Rail</th>
<th>mbta.com/schedules/commuter-rail</th>
<th>617-222-3200</th>
</tr>
</thead>
<tbody>
<tr>
<td>MassHealth Transportation (PT-1)</td>
<td>mass.gov (healthcare transportation)</td>
<td>800-841-2900</td>
</tr>
<tr>
<td>Taxi Services: Tri-City Taxi</td>
<td>978-531-3112</td>
<td></td>
</tr>
<tr>
<td>Beauport Ambulance Service</td>
<td>beauportambulanceservice.com/</td>
<td>978-281-6955</td>
</tr>
<tr>
<td>Lyons Ambulance Service</td>
<td>cataldoambulance.com/</td>
<td>978-774-1500</td>
</tr>
<tr>
<td>Northeast Regional Ambulance Service</td>
<td>nerems.com/</td>
<td>866-234-0981</td>
</tr>
<tr>
<td>American Cancer Society Road to Recovery</td>
<td>cancer.org</td>
<td>800-227-2345</td>
</tr>
<tr>
<td>Mobility Links</td>
<td>glss.net</td>
<td>888-499-5324</td>
</tr>
<tr>
<td>Ride Match</td>
<td>massridematch.org</td>
<td>800-483-2500</td>
</tr>
<tr>
<td>Ride Sharing: Uber – Uber.com</td>
<td>Lyft - lyft.com</td>
<td></td>
</tr>
</tbody>
</table>
ADDITIONAL TRANSPORTATION RESOURCES

American Cancer Society Road to Recovery
cancer.org
800-227-2345
The American Cancer Society provides a list of organizations and volunteers that provide helpful tips for finding transportation to and from cancer treatments and appointments. Included are: Road to Recovery, Lifeline Transportation, hospital services, and much more.

MRI - Free Transportation to/from MRI Appointments
beverlyhospital.org
866-674-0466
Transportation to and from your MRI is available and can be arranged at the time you schedule your appointment.

MassHealth Transportation (PT-1)
www.mass.gov
800-841-2900
As a MassHealth or Medicaid member, you may be eligible for non-emergency medical transportation to and from your covered services when you are unable to access public or private transportation.

Mobility Links
glss.net
888-499-5324
Mobility Links provides a customer-focused approach to connecting people with transportation services so that seniors, people with disabilities, & low-income workers can access transportation to medical appointments, services, community life, and jobs.

MBTA Commuter Rail
mbta.com
888-499-5324
The handicapped-accessible commuter rail offers easy connections to and from Boston and surrounding communities. Check with your Boston-based hospital to arrange possible shuttle transportation from North Station. Seniors receive a discounted rate after submitting a Senior CharlieCard and Transportation Access Pass (TAP) application.
Partners Transportation Department
Shuttle Transportation to/from North Station to individual Hospitals
https://m.partners.org/shuttles
617-726-2250

Partners Health Services, including Mass. General, Mass. Eye and Ear, Brigham and Womens, and Spaulding Rehab., offers a shuttle service from North Station to individual hospitals. Refer to the website or contact the number above for specific details and schedules.

Ride Match
massridematch.org
800-483-2500

Ride Match provides an online directory of transportation options. By entering your town and destination, you will receive a list of public, private, and non-profit transportation services available to you.

Ride Sharing/On-Demand Ride-Hailing

On-demand, ride-hailing companies that use smartphone apps to connect riders with drivers. Drivers typically drive their own cars. On-demand means that riders do not need to book in advance; they summon the ride when they’re ready to go.

Common examples include:
Lyft (lyft.com) and Uber (uber.com)

Veterans’ Services
mass.gov/veterans/
617-210-5480
northshorevetcoalition.com

Veterans residing in each city and town can contact their local Veterans’ Services office as listed in the previous guide by city/town, as well as the state and regional offices listed above, for information regarding benefits, illness, outreach, transportation, and much more.

ADDITIONAL RESOURCES:

Cape Ann Time Bank
CapeAnnTimeBank.org
978-219-6776

A Time Bank is an alternate economy that is based on time rather that dollars. Members use a simple web-based system to let others know what services they are able to give in exchange for services they need. Services include rides, child and pet care, mending, computer help, music lessons, companionship, and much, much more.