



## FALL Equinox Celebration and Astral Travel Friday, September 20, Calgary

Come Celebrate the FALL Equinox with Dr. J! Short Lecture on the meaning of the cycles of the seasons, along with meditations and ASTRAL TRAVEL!

Explore the elements of Astral Travel! Astral travel frees you from the confines of identifying only with your body and with time and space. It emancipates you from limitation and 'frees' the soul, and awakens you to higher levels of your being, revealing awareness that is beyond intellectual knowledge. Come join Dr. J in this fascinating lecture and experiential exercises – learn to set a sacred container and astral travel in a safe and loving environment!

- Experience guided imagery meditations in astral travel
- Learn about the next higher dimension from the physical dimension
- Learn about various aspects of astral travel – time, space, distance and more!
- Learn about astral travel accomplished by many ancient cultures

**September 20, Friday, 7pm**

**RSVP Please but not required** [drjelusich@lightnews.org](mailto:drjelusich@lightnews.org) or 877-242-5721

**Cost: \$20**

### **Location:**

Families Matter 1440 52 St NE Calgary, AB T2A 4T8

### **Dr. Richard Jelusich PRIVATE SESSIONS and Workshops**

*Dr. Jelusich offers private spiritual counseling sessions in person and by phone/internet. He teaches many public workshops, as well as his internationally-offered course, Integrative Chakra Therapy® subtle energy training program. Dr. Jelusich has been training energy healers for more than 20 years!*

*Website: [www.lightnews.org](http://www.lightnews.org) E-mail: [info@lightnews.org](mailto:info@lightnews.org) Phone: 877-242-5721*

### **About Chakras:**

For over 30 years, Dr. Richard Jelusich has been studying and researching the chakras - the 'energy centers' of consciousness that enable us to be in this dimension. His "Dominant Chakra Theory" is the seminal teaching his work in the field of subtle energy healing and led to the writing of two books: [Eye of the Lotus: Psychology of the Chakras](#) and [I Can Relate: How we intuitively choose the people in our lives.](#)

### **Dr. Richard Jelusich – Founder of Integrative Chakra Therapy®**

Would you like to study energy medicine? Become a practitioner? Dr. Jelusich starts new groups twice a year. Ask for an information packet!

