

4 Balance Plus – Pg/Biest Cream

In women, estrogen dominance (excess estradiol) is most pronounced during PMS, perimenopause and menopause. Estrogen dominance can include symptoms like hot flashes, tender breasts, weight gain and bloating, fatigue, increased uterine fibroids and ovarian cysts. Progesterone is the natural antidote to counter the effects of the excessive estradiol. 4 Balance would be an excellent choice for a woman experiencing the symptoms of estrogen dominance.

What are Bioidentical Hormones?

Bioidentical hormones have become very popular since the World Health Initiative (WHI) halted their research revealing that without question, synthetic HRT (combination of medroxy progesterone and pregnant mare's urine conjugated estrogens; prempo), which women had used for decades, increased the risk of breast cancer, caused more heart disease and more osteoporosis (2002). Bioidentical (human identical) hormones are dramatically different from the synthetic HRT utilized in the WHI. Bioidentical hormones mimic in structure and action, the hormones your body makes, (same molecular composition). The body recognizes the molecular structure of hormones it produces, and thus these hormones fill the receptor sites efficiently and appropriately-(just like a key that is made for a specific lock). Bioidentical hormones have a directed and intentional action and then are broken down and detoxified cleanly and effectively.

Progesterone/Biest Moisturizing cream

A special formula designed for women over 45. Formulated to gently restore vitality and equanimity. Conveniently packaged in an airless metered pump which reduces oxidation and maintains potency, this product delivers an evenly measured amount with each pump. 1 pump is equivalent to .75 milliliter (mL) – 32 mg progesterone/1 mg biest, 60-70 pumps per container.

Ingredients

Deionized Water, Caprylic/Capric Triglyceride, Progesterone, Polyacrylamide, C 13-14 Isoparaffin, Laureth-7, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid, Grapefruit Seed Extract, Aloe Barbadensis Leaf Juice, Tocopheryl Acetate, Estriol, Estradiol

Directions

Apply 1 or 2 pumps of cream daily (or as directed by a healthcare provider), rubbed into thin areas of the body for best absorption, e.g. inner wrists or behind knees. Rotate between these areas routinely. Avoid fatty areas such as belly, inner thighs and hips.

Safety Information

Keep out of reach of children. For external use only. Avoid contact with eyes. Do not exceed recommended use. If you have any medical conditions, consult with your physician prior to using this product.