

Healthy Food For All Collaborative

WHY

1 in 6 adults



1 in 4 children



in Sacramento County
don't know where their next meal
will come from

1 in 3 Sacramento County
students are overweight



Of the food we
consume, only 2%
is grown in the
Sacramento region

WHAT

MISSION

Healthy Food For All is a collaboration of community members and organizations working together to improve food access, production, and education in south Sacramento. Our goal is to support the community's vision for a healthy and just food system. We do this by partnering on events, and sharing resources, services, and expertise. We do this through...

HOW

Advocacy

- Raising the voice of the community:
- Urban Agriculture Ordinance
 - School Wellness Policy
 - SCUSD Central Kitchen



Healthy Food Access

- Improving access to healthy foods:
- Gleaning neighborhood fruit trees
 - Hosting food distributions
 - Supporting farmers markets and farm stands



Education

- Sharing community knowledge on:
- Healthy cooking
 - Food literacy
 - Gardening
 - Sources for healthy food



Local Food Production

- Growing food in our neighborhoods:
- Building home gardens
 - Planting fruit trees
 - Supporting urban farms and gardens



Partnership

- Providing opportunities to collaborate and strengthen relationships.

COME TO THE TABLE!

Join our open meetings. They are hosted every third Tuesday of each month, from 10am to 12pm (noon) at Fruitridge Community Collaborative (4625 44th Street, Room 11, Sacramento, CA 95820)

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