



Wisconsin Gymnastics Club Standards

Our mission is to help protect athletes, employees, and businesses by creating a universal guide to help prevent the spread of disease



Check In

Classes

Student to facility Ratio

Staff Standards

Staff Health Standards

Equipment Upkeep

CLUB GUIDELINES

+	Entrance	Students and Families will be allowed entrance to the building through the entrance point, and entries will be controlled to avoid a congestion point.
+	Hand Sanitizing	Each Staff and student will be directed to wash hands and/or sanitize (using disinfectant sanitizer) before and after class and as needed during the class period.
+	Classes	A staff member will assist students to their classes maintaining a 6-foot distance. Families are limited to one parent per child, and should they stay to observe the class they will be asked that you observe a 6-foot distance between them and others.
+	Temperature	It is encouraged that parents take a temperature reading for the child prior to attending. A thermometer will be available if necessary to check temperatures. Children with elevated temperatures are required to stay home. Make up classes will be offered for such absence.
+	Spacing	During instruction, students will maintain a 6-foot distance between themselves and others as much as possible. Tape or floor markers will be provided for establishing safe distancing.
+	Water	It is recommended that students bring their own water bottles to class. Cups for water will not be provided, but bottled water will be available for purchase on a limited basis. No snacks will be available for purchase.
+	Chalk	Athletes use of hand chalk and spray bottles (used on uneven bars) will be as individual supply. Each athlete will need a personal supply that only they will use. No shared chalk should be used in the gym. A partial block will be provided initially if needed or applied by a staff member. If students need additional chalk, they will be able to purchase a block at the front desk.
+	Exit	Staff will assist students and families to exit using floor markers and directional pathways. Facilities using the same doorway for entrance and exit will sanitize the area minimally once per hour. Alternative exits may be used if there is congestion.
+	Facility Ratio	Club management are to uphold the student to square foot ratio or 30% based on fire code standards, considering the building capacity accounts for staff and audience present. Example: 10,000 square foot club allows for 40 athletes.
+	Schedule	Gym managers will be responsible for scheduling classes in consideration of class ratio, facility allowance, and space needed through access points. Classes will be time-spaced appropriately to allow families to enter/exit with minimal overlap.
+	Staff Standards	Masks are suggested if the instructor infringes on a children's 6-foot distance requirement. Students may wear masks if they would like to. Coaches are instructed to use verbal cues to teach and rely upon hand spotting only minimally. Coaches are to use gloves and/or sanitizer when hand spotting is necessary and between students.

	Common Areas	Staff will be required to sanitize all common area surfaces between classes, and thoroughly at the close of day's business.
	Staff Health Standards	Staff temperatures will be taken prior to teaching daily. Should a staff member feel fatigued or feverish within 24 hours of a shift, they are required to call off of the assigned shift. Class may be cancelled and made up if a staff replacement is not available.
	Equipment	Staff are required to sanitize all contact surfaces before and after each classes use. Cleaning supplies and hand sanitizer will be located throughout the activity area, and coaches are encouraged to utilize them as needed.
	Disinfecting	Disinfectant and virucide will be used on all hard surfaces. Material safe cleaners will be used on all soft surfaces and equipment.
	Ventilation	Facilities will maintain an operational ventilation system and/or provide access to fresh air.

** The foam pit will not be utilized in the Waupaca location for 1-2 months unless there are 8" mats available to land on.

What you can do to help:

	Wash your hands with soap and water or use hand sanitizer, especially after touching frequently used items or surfaces.
	Avoid touching your face.
	Sneeze or cough into a tissue, or the inside of your elbow.
	Consider using face covering while in public, and particularly when using mass transit.
	Continue to keep a 6-foot distance between yourself and others when ever possible.
	People who feel sick should stay home.
	If anyone in your house-hold has tested positive for COVID-19, all members should remain at home for 2 weeks.
	Contact and follow the advice of your medical provider.

