



Ballethnic Academy of Dance

(Bal-eth-nik) The Official School of Ballethnic Dance Company

Mailing Address
P.O. Box 90489
East Point, GA
404-762-1416
www.ballethnic.org

2019-2020 Current Schedules

Subject to change

	STUDIO A	STUDIO B	STUDIO C (UPSTAIRS)	MULTIPURPOSE
Monday				Stage/Outdoor
5:45-6:45 p.m.	Level A, B Modern/Ethnic (1st,3rd,5th Mon.) Level A, B African (2nd,4th Mon)	Open	Open	
6:00-7:00pm		Open	Open	Drum Class
6:45-8:15p.m.	Level A, B, I Ballet	Open	Open	
6:45-7:45p.m.		Open	Open	
7:45-8:45p.m.		Men's Class		
8:15-9:00p.m.	Level A Pointe		Open	
Tuesday				
4:45-5:30 p.m.	Level IV,V Ballet Foundations			
5:30-6:15p.m.	Open Hip Hop		Open	
6:15-7:00pm	Level IV, V Tap		Open	
6:30-7:30p.m.			Adult Ballet	
7:00-8:00p.m.	Level IV, V African			
7:30-8:30p.m.			Adult Ballethnicize	
Wednesday				
5:45-7:15p.m.	Level A, B, I Ballet/Pointe	Young Men's Class	Beginner/ Intermediate Teen Ballet	
6:00-7:00pm				
7:15-9:00p.m.	Rehearsal for Production	Rehearsal for Production	Rehearsal for Production	
Thursday				
5:45-6:45p.m.		Open	Level II, III Pre-Pointe	
5:45-7:45p.m.	Level A/BYE Repertoire Workshops			
6:30-7:30p.m.		Afro-Yoga		
6:45-7:30pm			Level II, III Tap	
7:30-8:30p.m.			Level II, III African	
Friday 5:30-9:00pm	Rehearsal for Production	Rehearsal for Production	Rehearsal for Production	
Saturday				
9:30-11:00a.m.	Level IV Ballet		Level V Ballet	
10:00-11:00am		Level VI Pre-Ballet		
11:00-11:45am		Kiddie Tap		
11:00-11:30a.m.	Level IV Jazz		Level V Jazz	
11:00-12:00pm				
11:30-12:30pm				
11:45-12:30p.m.		Kiddie Ballethnicize		
11:30-1:00pm	Level A, B, I Ballet		Level II,III Ballet/Pointe/Pre- Pointe	
12:00-12:30p.m.				
12:30-2:00p.m.				
1:00-2:00p.m.			Level I, II, III Jazz, Modern,	
1:00-2:30p.m.	Pas de Deux (By invitation only)			
2:00-3:00pm				
3:00-6:00pm	Rehearsal for Production		Rehearsal for Production	



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Class Levels & Schedules:

Ballet Levels:

Level A Pre-Professional

Level B Teens Advanced

Level I Teens Advanced Intermediate

Level II Pre-Teens Advanced Intermediate

Level III Pre-Teens Intermediate

Level IV Advanced Beginners

Level V Beginner (7& up)

Level VI Pre-Ballet

Kiddie Ballethnicize Pre-Ballet (3 ½ & up)

Level A (up to 8.25hrs)

Mon: Modern/African (1.0)

Ballet (1.5)

Pointe/Men's (.75)

Tues: **Hip Hop (1.0)

Wed: Ballet/Pointe (1.5)

Young Men's or Men's (1.5)

Thurs: Rep.-Workshop (BYE 2.0)

Sat: Ballet (1.5)

**Pas de deux (invitation only 1.5)

Level B (up to 8.25 hrs)

Mon: Ballet/Pointe (1.5)

Modern/African (1.0)

Pointe/Men's (.75)

Tues: **Hip Hop (1.0)

Wed: Ballet/Pointe (1.5)

Young Men's or Men's (1.5)

Thurs. Rep.-Workshop (BYE II 2.0)

Sat: Ballet (1.5)

** Pas de deux (invitation only 1.5)

Level I (up to 8.0 hrs)

Mon: Modern/African (1.0)

Ballet/Pointe (1.5)

Tues: **Hip Hop (.75)

Wed: Ballet/Pointe (1.5)

Sat: Ballet (1.5)

Tap/ Jazz/ Broadway (1.0)

** Pas de deux (invitation only 1.5)

Level II (up to 6.0 hrs)

Mon. Tap /African (1.0)

(Alternating Mondays)

Ballet (1.5)

Tues: **Hip Hop (.75)

Sat: Ballet (1.5)

Tap/Jazz/Broadway (1.0)

Level III (up to 6.0hrs)

Tues: **Hip Hop (.75)

Thurs: Pre-pointe (1.5)

African (1.0)

Tap (1.0)

Sat: Tap/Jazz/Broadway (1.0)

Ballet (1.5)

Level IV (up to 4.50hrs)

Tues: Tap (.75)

Hip Hop (.75)

African (1.0)

Sat: Ballet/Jazz (2.0)

Level V (up to 4.50hrs)

Tues: Tap (.75)

Hip Hop (.75)

African (1.0)

Sat: Ballet/Jazz (2.0)

Level VI (2.0hrs)

Sat: Pre-Ballet (1.0)

Tap/Jazz (1.0)

Level Kiddie (1.50hrs)

Sat: Kiddie Ballethnicize (.75)

Tap (.75)

** **Hip Hop and Pas de Deux** classes are additional classes and are not added into the total class hours.

Adding these classes results in additional class fees.

BYE Ballethnic Youth Ensemble is by audition and Pas de Deux is by invitation only.

Thursday ballet is provided for additional placement and instruction for levels I-II.

** Pre-Pointe permitted by evaluation only (arrange a date with the office)

Privates Classes (Schedule in advance with office)

Individuals must re-enroll if account is over 30 days delinquent or if student is absent for a month or more.



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ALL MONTHLY PAYMENTS ARE PROCESSED THROUGH FACTS TUITION MANAGEMENT.

CLASS LEVELS:

Level A	Pre-Professional
Level B	Teens Advanced
Level I	Teens Advanced Intermediate
Level II	Pre-Teens Advanced Intermediate
Level III	Pre-Teens Intermediate
Level IVA	Advanced Beginners
Level IVB	Advanced Beginners
Level V	Beginner (7& up)
Level VI	Pre-Ballet
Kiddie Ballethnicize	(3 & up)

CLASSES TAUGHT:

BALLET	POINTE	DANCE COMPANY CLASSES
MODERN	JAZZ	ADULT BALLETHNICIZE
AFRICAN	MEN CLASSES	ADULT BALLET
HIP HOP	PAS DE DEUX	DRUMMING
PRE-POINTE	TAP	
AFRO YOGA	BROADWAY CHOREOGRAPHY	

SPECIAL WORKSHOPS

NUTRITION	CULTURAL ARTS
COSTUME DESIGN	STAGE ETIQUETTE
AMERICAN	DANCE HISTORY
MAKEUP DESIGN	

Kiddie Ballethnicize Pre-Ballet (Ages 3 & up) develops basic motor movement and coordination skills. They will learn fundamental music concepts as they relate to dance and the use of props, songs, and games in a structured but fun environment.

Level VI (beginners ages 5 through 7 years old) Students will learn skips, jumps, chase's leaps, basic port de bras, 1st, 2nd, and 3rd positions, ballet walks. They will learn the basic fundamentals of ballet and tap through movement with and emphasis on motor skills.

Level V (same as level VI except for the introduction of ballet positions) Concentration on 1st thru 5th positions, tendus, glissades, temps lie, sautes, jetes, and the introduction of pas de bourees, 1/4 pirouettes, and piques.

Level IV Students progress to level IV after demonstrating the knowledge of the above. In this level students will learn basic barre, which includes plie, tendu degage, rond de jamb, frappe, developpe, battements and will be introduced to center floor exercises, adagio, and some petit allegro. Level IV is also an introduction to pirouettes, 8 positions of the body, pas de bourre.

Level III A greater concentration on center floor exercises, double pirouettes, advanced barre exercises. Introduction to petit allegro, adagio, concentrating on memory; students will learn longer combinations.(pre- pointe)

Level II Students (girls) will begin pre pointe class upon receiving an invitation. Level II is a continuation of level III with more concentration on center exercises and across the floor combinations. Students will be introduced to performance skills.

Level I Same as above, except students will execute movements with performance level technique, demonstrating the ability to perform as a group / corps and prepares student to move into pre-professional level.

Teen/Pre-Teen Ballet Beginning/Intermediate level for teens and pre-teens incorporating skills from levels I, II, and III. This class stresses the fundamentals and basics of classical ballet (i.e., correct body alignment, basic barre exercises, 8 body positions, and center work).

Level A&B Training Program. This level provides a more professional study of dance for those who, because of their talent and potential require an advance level of instruction. They will develop the skills necessary to become professional dancers. Increased performance opportunities are available in this level, and admittance is by audition only. **Level A** is for the most advanced students.

Adult Level This level includes African, Modern, and Ballet. These are mixed level classes that range from Beginner to Intermediate level instruction. Afro Yoga focuses on relaxation, stretch, and body toning.

Ballethnicize is an adult fitness class, which has a high level of cardiovascular workout that will increase stamina and endurance. The class is composed of a fusion of techniques i.e. ballet, jazz, modern and African.