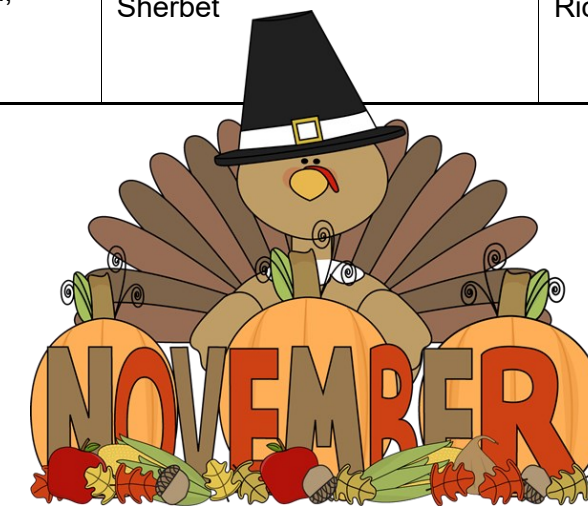


Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 LUNCH: Chicken Noodle Soup, Honey Mustard Chicken or Baked Ham, Parslied New Potatoes, Greens, Dinner Roll, Ice Cream DINNER: Tossed Salad, Turkey Meatloaf or Baked Fish with Garlic Butter, Rice Pilaf, Mixed Vegetables, Chilled Pears</p>	<p>2 LUNCH: Minestrone Soup, Spaghetti with Meatballs or Turkey Burger, Italian Green Beans, Orange Gelatin DINNER: Cottage Cheese Pear Salad, Lemon Basil Chicken or Hot Roast Beef Sandwich, Baked Potato, Zucchini, Spice Cake</p>	<p>3 LUNCH: Lentil Soup, Chicken & Dumplings or Swiss Steak w/ Tomatoes and Noodles, Peas, Apple Crisp DINNER: Creamy Cucumber/ Onion Salad, Savory Pork Roast w/Cider Gravy or Cornflake Fish, Baked Sweet Potatoes, Braised Cabbage, Fruit Fling</p>	<p>4 LUNCH: Beef Noodle Soup, Beef & Broccoli Stir Fry or General Tso Chicken, Rice, Garlic Green Beans, Cherry Cheesecake DINNER: Pickled Beet Salad, Open Faced Hot Turkey Sandwich or Smothered Steak, Whipped Potatoes, California Blend Vegetables, Sherbet</p>	<p>5 LUNCH: Cream of Broccoli Soup, Seasoned Chicken Breast or Carolina Pulled Pork, Cream Corn, Prince Edward Vegetables, Pumpkin Delight DINNER: Spring Mix, Stuffed Cabbage Roll or Chicken Cordon Bleu, Roasted Red Potatoes, Lima Beans, Mandarin Oranges</p>	<p>6 LUNCH: Soup of the Day, Catfish Creole or Breaded Veal w/ Mushroom Gravy, Steamed Rice, Asparagus, Roll, Peaches DINNER: Creamy Coleslaw, Chicken Salad or Seafood Salad, Croissant, Harvest Time Pasta Salad, Lettuce/Tomato, Lemon Meringue Pie</p>	<p>7 LUNCH: Italian Wedding Soup, Cheese Ravioli w/ Meat sauce or Chicken Picatta, Bermuda Vegetables, Chocolate Pudding DINNER: Cinnamon Applesauce, Hot Dog or Cheeseburger, Buttered Corn, Parslied Carrots, Cherry Pie</p>
<p>8 LUNCH: Chicken Noodle Soup, Turkey Divan w/ Broccoli or Herbed Baked Fish, Rice Florentine, Stewed Tomatoes, Roll, Ice Cream DINNER: Waldorf Salad, Beef Stroganoff or Apple Pork Roast, Noodles, Green Peas, Pumpkin Pie</p>	<p>9 LUNCH: Beef Barley Soup, Country Fried Steak or Lime Tarragon Chicken, Fried Potatoes & Onions, Zucchini, Roll, Peach Cobbler DINNER: Potato Salad, Turkey Ruben or Old-Fashioned Chicken Casserole, Broccoli & Cauliflower, Lime Dream Cake</p>	<p>10 National Vanilla Cupcake Day: LUNCH: Cr of Tomato Soup, Salisbury Steak or Crab Cake, Pierogies, Veg Blend, Dinner Roll, Vanilla Cupcake DINNER: Tossed Salad, Stuffed Shells w/ Marinara Sauce or Honey Glazed Ham w/ Sweet Potato, Green Beans, Garlic Bread, Lemon Pudding</p>	<p>11 LUNCH: Stuffed Pepper Soup, Mushroom Stroganoff or Herbed Chicken, Parslied Noodles, Normandy Vegetables, Dinner Roll, Carrot Cake DINNER: Spring Mix Salad, Stuffed Cabbage Roll or Cranberry Orange Chicken, Mashed Potatoes, Carrots, Sherbet</p>	<p>12 LUNCH: Split Pea Soup, Sour Cream Meatloaf or Encrusted Pork Loin, Whipped Potatoes, Mixed Vegetables, Dinner Roll, Dutch Apple Pie DINNER: Mandarin Oranges/ Coconut, Sweet Sour Chicken or Sesame & Pepper Beef, Oriental Veggies, Rice, Snickerdoodle</p>	<p>13 LUNCH: Soup of the Day, Crunchy Orange Fish or Skillet Chicken w/ Mushroom Sauce, Wild Rice, Malibu Veggies, Strawberry Gelatin Dessert DINNER: Cottage Cheese & Peach Salad, Egg Salad or Tuna Salad, Croissant, Tuscan White Beans, Pickled Beets, Chocolate Cake</p>	<p>14 LUNCH: Cr. Mushroom Soup, Baked Ziti w/ Meat sauce or Maple Glazed Pork Loin & Buttered Herbed Noodles, Zucchini, Frosted Yellow Cake DINNER: Creamy Coleslaw, BBQ Chicken or Hamburger, Buttered Corn, Roasted Carrots, Cherry Pie</p>
<p>15 LUNCH: Italian Sausage & Bean Soup, Chicken Paprikash or Baked Veal w/ Cream Gravy, Spatzle, Scandinavian Vegetable Blend, Ice Cream. DINNER: Tossed Salad, Beef Tips Dijon or Creamy Cajun Chicken, Parslied Rice, Capri Vegetable Blend, Fruited Gelatin Parfait</p>	<p>16 LUNCH: Cr. Vegetable Soup, Herbed Turkey or Stuffed Cabbage Roll, Bread Dressing, California Veggies, Blueberry Crunch Pie DINNER: Cottage Cheese Pear Salad, Honey Glazed Pork or Herb Lemon Chicken, Roasted Tuscan Potatoes, Sicilian Veg, Banana Cream Pie</p>	<p>17 LUNCH: Cream Cauliflower Soup, Chicken Cordon Bleu or Swiss Steak w/ Tomatoes, Baked Sweet Potato, Green Bean Casserole, Cinnamon Baked Apples DINNER: Carrot Raisin Salad, Beef Chili w/ Beans, or Herb & Lemon Fish, Cornbread, Broccoli, Berry Crisp</p>	<p>18 LUNCH: Creamy Chicken Noodle Soup, Cider-Braised Chicken w/ Apples or Pulled Pork, Rice Pilaf, Mixed Veggies, Butterscotch Pudding DINNER: Caesar Salad, Stuffed Green Pepper or Honey Glazed Chicken, Scalloped Potatoes, Baby Carrots, Dutch Apple Coffee Cake</p>	<p>19 LUNCH: Italian Wedding Soup, Cheese Tortellini w/ Marinara Sauce or Shrimp Scampi w/ Linguini, Brussels Sprouts, Frosted Chocolate Cake DINNER: Blushing Peaches, Queso Baked Chicken or Beef Fajita, Cilantro Lime Rice, Pico de Gallo, Green & Wax Beans, Chocolate Cream Pie</p>	<p>20 LUNCH: Soup of the Day, Cornflake Fish or Smothered Pork Loin, Lemon Ricotta Pasta & Spinach, Multi-color Cauliflower, Cranberry Cake DINNER: Confetti Coleslaw, Mushroom & Swiss Hamburger or Fish Sandwich, Parmesan Noodles, Parsley Carrots, Peach Pie</p>	<p>21 LUNCH: Minestrone Soup, Beef Pot Pie or Turkey Tetrazzini, Capri Veg Blend, Dinner Roll, Black Forest Pudding DINNER: Antipasto Salad, Chicken Parmesan or Italian Meatballs, Bow Tie Pasta w/ Marinara Sauce, Asparagus, Fruit Cup</p>
<p>22 LUNCH: Chicken Noodle Soup, Glazed Meatloaf or Rancher's Chicken, Whipped Potatoes, Green & Wax Beans, Dinner Roll, Ice Cream DINNER: Pickled Beet Salad, Cranberry Glazed Pork Roast or Swiss Steak w/ Tomatoes, Marshmallow Sweet Potatoes, Green Peas, Fruited Gelatin Parfait</p>	<p>23 National Eat a Cranberry Day: LUNCH: Italian Wedding Soup, Veal Scallopini Marsala or Marinated Chicken, Penne Pasta, Capri Vegetable Blend, Cranberry Pear Crisp DINNER: Orange Gelatin Salad, Sloppy Joe or Sausage/Peppers/Onions, Corn, Vegetable Blend, Red Velvet Cake</p>	<p>24 LUNCH: Beef Barley Soup, Parsley Buttered Fish or Honey Glazed Pork Loin, Scalloped Potatoes, Green Beans, Apple Crumb Pie DINNER: Bacon Ranch Pasta Salad w/ Peas, Crispy Baked Chicken or Beef Tips w/ Mushrooms, Garden Rice, Stewed Tomatoes, Cherry Crisp</p>	<p>25 LUNCH: Cr. Mushroom Soup, Spaghetti & Meatballs w/ Marinara Sauce or Baked Chicken, Zucchini, Garlic Bread, Pudding Swirl DINNER: Tossed Salad, Philly Cheesesteak or Spinach & Cheese Quiche, Roasted Red Potatoes, Baby Carrots, Banana Pudding Parfait</p>	<p>26 Thanksgiving LUNCH: Tossed Salad; Herbed Turkey or Glazed Baked Ham, Whipped Potatoes, Green Bean Casserole, Cranberry Sauce, Pumpkin Pie DINNER: Chilled Peaches, Beef Bourguignonne or Chicken Alfredo, Noodles, Zucchini, Fruit Crisp</p>	<p>27 LUNCH: Soup of the Day, Herb & Lemon Fish or Cornflake Chicken, Rice Pilaf, Vegetable Medley, Apricot Fluff DINNER: Antipasto Salad, Beef Patty melt on Rye with Potato Wedges or Vegetable Lasagna, Herbed Green Beans, Lime Sherbet</p>	<p>28 LUNCH: Cream of Tomato Soup, Shepherd's Pie or Mesquite Roasted Turkey, Scalloped Corn, Roasted Brussels Sprouts, Pound Cake DINNER: Beef Chili, Hot Dog or Hot Beef & Cheese Sandwich, Tater Tots, Glazed Carrots, Rice Krispies Bar</p>
<p>29 LUNCH: Chicken Noodle Soup, Honey Mustard Chicken or Baked Ham, Parslied New Potatoes, Greens, Dinner Roll, Ice Cream DINNER: Tossed Salad, Turkey Meatloaf or Baked Fish with Garlic Butter, Rice Pilaf, Mixed Vegetables, Chilled Pears</p>	<p>30 LUNCH: Minestrone Soup, Spaghetti with Meatballs or Turkey Burger, Italian Green Beans, Orange Gelatin DINNER: Cottage Cheese Pear Salad, Lemon Basil Chicken or Hot Roast Beef Sandwich, Baked Potato, Zucchini, Spice Cake</p>	<p>Breakfast Menu: Sunday: Egg & Ham Bake or Hard-cooked Egg, Pancakes, Cream of Wheat Monday: Sausage Gravy or Scrambled Eggs, Biscuit, Oatmeal Tuesday: Sausage or Scrambled Eggs, French Toast, Cream of Wheat Wednesday: Scrambled Eggs or Bacon, Muffin, Oatmeal Thursday: Scrambled Eggs or Peanut Butter, Waffle, Oatmeal Friday: Cheese Omelet or Breakfast Ham, Danish, Cream of Wheat NOTE: NOV 5th is National Donut Day—We will have Donuts on that day instead of Waffles</p>				



**Village at
Marymount
2020**