

New Beginnings

GRIEF
SPACE
Support Practices Adapted FOR THIS Challenging Era



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In this time of uncertainty,

may we move towards understanding and enlightenment
and may everything we say and do be a reflection of our best selves.

May we grow in faith, trust and love,
and stay grounded in gratitude
as we deepen our connection to God.

May we keep hope in our hearts
and gain strength from the challenges we face.
May we be blessed to find light in the darkness,
and to shine a light for others.

May we discover that **LOVE** is the answer,
love is always the answer,
and may that discovery fill our hearts,
our homes and our world with peace.

May the promise of each new day

fill our hearts with hope.

