

## Child/Adolescent Information Form

### Patient Information

Child's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Sex: Male Female      Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Telephone: \_\_\_\_\_ May we leave a message? Yes  No

Work Telephone: \_\_\_\_\_ May we leave a message? Yes  No

Cellular Telephone: \_\_\_\_\_ May we leave a message? Yes  No

Work E-mail: \_\_\_\_\_ May we send a message? Yes  No

Home E-mail: \_\_\_\_\_ May we send a message? Yes  No

Name of legal guardian: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

Is this child: \_\_\_\_\_ Your biological child    \_\_\_\_\_ Adopted    \_\_\_\_\_ Foster Child

Does legal guardian have: \_\_\_\_\_ Sole custody    \_\_\_\_\_ Joint custody    \_\_\_\_\_ Physical custody

Emergency Contact (Name & Number): \_\_\_\_\_

### Family Information

Please list all persons living in the child's home:

| Name  | Sex   | Age   | Date of Birth | Relationship | Occupation |
|-------|-------|-------|---------------|--------------|------------|
| _____ | _____ | _____ | _____         | _____        | _____      |
| _____ | _____ | _____ | _____         | _____        | _____      |
| _____ | _____ | _____ | _____         | _____        | _____      |
| _____ | _____ | _____ | _____         | _____        | _____      |

With which parents does this child live?

Both     Mother only     Father only     Neither parent

If neither, this child lives with:  Grandparent     In foster care     Other

Please list other immediate family members not living in the child's home:

Name            Sex    Age    Date of Birth    Relationship to Child    Occupation    Phone

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### Education Information

Name of School: \_\_\_\_\_ Current Grade: \_\_\_\_\_

Name of Main teacher: \_\_\_\_\_

Has testing been completed by the school? \_\_\_\_\_ If yes, Date: \_\_\_\_\_

Is child in any special classes or special education services? \_\_\_\_\_ If yes, please explain:

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Has your child ever repeated a grade? Yes    No    If yes, list grade(s) and explain why: \_\_\_\_\_

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List the grades your child earned in each subject on their last report card:

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Please summarize your child's progress (e.g. academic, social, testing) within each of these grade levels:

Preschool: \_\_\_\_\_

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Kindergarten: \_\_\_\_\_

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Grades 1-3: \_\_\_\_\_

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Grades 4-6: \_\_\_\_\_

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Grades 7-12: \_\_\_\_\_  
 \_\_\_\_\_

**Medical Information**

Which of the following has your child had? Please note age, complications, and frequency.:

- |                         |                             |
|-------------------------|-----------------------------|
| Hospitalizations _____  | Frequent falls _____        |
| Surgery _____           | Vision problems _____       |
| Allergies _____         | Hearing problems _____      |
| Ear infections _____    | Asthma _____                |
| Anemia _____            | Loss of consciousness _____ |
| Bedwetting _____        | Headaches _____             |
| Stool soiling _____     | Head Trauma _____           |
| Staring spells _____    | Tics _____                  |
| Seizures _____          | Sleep problems _____        |
| Epilepsy _____          | Diabetes _____              |
| Arthritis _____         | Speech problems _____       |
| Language problems _____ | Appetite problems _____     |
| Other _____             |                             |

Current Medications: \_\_\_\_\_

Physician(s): \_\_\_\_\_ Date Last Seen: \_\_\_\_\_

**Early Developmental Milestones**

Were developmental milestones within normal limits?    Yes    No

If no, please indicate at what age your child first accomplished the following:

- |  |  |
|--|--|
| ___ Sitting without assistance         | ___ Walking without assistance                       |
| ___ Crawling                           | ___ Using single words (e.g. mama, dada, ball, etc.) |
| ___ Putting two or more words together | ___ Bladder training, day & night                    |
| ___ Bowel training, day & night        |  |

**Parent Behavior Management Methods**

How do you manage your child’s misbehaviors?

To what extent are you and your spouse consistent with respect to disciplinary strategies?

## **Child's Psychological & Social Structures**

Below is a list of areas in which some children may have problems. Please briefly describe any problems your child is having in these areas:

School Problems (e.g., not doing homework, doesn't want to go to school, failing grades, having trouble learning, not paying attention, etc.):

Peer Problems (e.g., picking on others, is picked on by others, hangs around with the "wrong" crowd, fighting, doesn't have any friends, too shy, etc.):

Family/Home Problems (e.g., parents separated/divorcing/divorced, death in family, stress in home, doesn't get along with family member(s), wets the bed, etc.):

Behavior Problems (e.g., refuses to do chores, curfew problems, talks back, cruel to animals, has set fires, is defiant, temper tantrums, smokes cigarettes, drinks alcohol/takes drugs, etc.):

Mood Problems (e.g., seems angry a lot, sad/depressed, cries easily, many fears, irritable, seems in own world, etc.):

Vocational Problems (e.g., disciplinary actions, probation, termination, etc.):

Religious/Church Problems:

Other (has been sexually molested, developmental delays, is mentally handicapped, has physical handicap(s), problems with eating, etc.):

Have you ever sought help for these problems before? If so, please list when, where, and by whom your child was seen:

Have you ever sought help for other problems before, such as psychological or psychiatric services, evaluations for developmental/learning problems, etc.? If so, please list when, where, and by whom your child was seen:

Has your child ever received any medication for his/her behavior or emotional problems?

Yes    No

If yes, what type of medication did he/she take, what dosage, and for how long?

Has either biological parent ever been treated for a psychological/psychiatric problem? If so, for what, when, and by whom?

Are there any legal issues for any of the child's family members?

What are your primary concerns?

What are the goals you hope to achieve in treatment?

Who referred you, or how did you find out about our practice?

Please include any additional information you believe will be helpful:



**CONSENT FOR CARE**

I, the patient or patient’s legal representative, hereby grant permission to insights mental health & wellness to perform such assessments and therapeutic procedures as may be professionally deemed necessary or advisable and to communicate about them via telephone, mail, facsimile, and e-mail for my/the patient’s diagnosis, treatment, payment, and healthcare operations. I understand that I am consenting and agreeing only to those mental health services that the Provider is qualified to provide within the scope of the Provider’s or his/her direct supervisor’s license, certification and training.

I am aware that the practice of mental health counseling is not an exact science and that no guarantees or promises have been made to me as to the result of treatment.

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
*(or patient’s legal guardian if patient is a minor)* (Electronic Signature)

**Patient Printed Name:** \_\_\_\_\_



**HEALTH INSURANCE INFORMATION**

In order for claims to be submitted to your health insurance company the following information **must** be completely filled out and submitted with a clear copy of the front and back sides of your insurance identification card(s).

**PRIMARY HEALTH INSURANCE**

Primary Insurance Company: \_\_\_\_\_

Insurance Company Telephone: \_\_\_\_\_

Patient's Relationship to Subscriber:     Self     Spouse     Child     Other: \_\_\_\_\_

\*Subscriber on Policy: \_\_\_\_\_

Subscriber ID: \_\_\_\_\_ Subscriber Birth Date: \_\_\_\_\_

Subscriber Insurance Group #: \_\_\_\_\_

*\*THE SUBSCRIBER IS THE INDIVIDUAL IN WHOSE NAME HEALTH INSURANCE IS ISSUED.*

**SECONDARY HEALTH INSURANCE**

Secondary Insurance Company: \_\_\_\_\_

Insurance Company Telephone: \_\_\_\_\_

Patient's Relationship to Subscriber:     Self     Spouse     Child     Other: \_\_\_\_\_

\*Subscriber on Policy: \_\_\_\_\_

Subscriber ID: \_\_\_\_\_ Subscriber Birth Date: \_\_\_\_\_

Subscriber Insurance Group #: \_\_\_\_\_

*\*THE SUBSCRIBER IS THE INDIVIDUAL IN WHOSE NAME HEALTH INSURANCE IS ISSUED.*

**ASSIGNMENT OF BENEFITS**

I hereby assign to insights mental health & wellness, my right to the insurance benefits that may be payable to me for services provided, arising from any policy of insurance, self-insured health plan, Medicare or Medicaid, in my name or on my behalf. I further authorize payment of benefits directly to insights mental health & wellness. I understand that I am responsible for satisfying the pre-certification requirements for any policy of insurance, self-insured health plan, or government plan covering services provided by insights mental health & wellness.

I understand that acceptance of insurance assignment does not relieve me from any responsibility concerning payment for medical services and that I am financially responsible for all charges whether or not they are covered by my health insurance.

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*(or patient's legal guardian if patient is a minor)* (Signed Electronically)

**Patient Printed Name:** \_\_\_\_\_





**AUTHORIZATION TO RELEASE PATIENT HEALTH INFORMATION FOR TREATMENT, BILLING, OR HEALTHCARE OPERATIONS**

*You are not required to give this authorization. However, claim charges denied due to a failure to provide requested documents (due to a lack of authorization) will be the responsibility of the patient.*

I understand that I have the right to review the Privacy Notification prior to signing this consent. I understand that insights mental health & wellness reserves the right to change their notices and practices, and that I will be notified if this occurs. I understand that I have the right to request restrictions as to how my health information may be used or disclosed to carry out treatment, payment or healthcare operations. I understand that I may revoke this consent in writing, except to the extent that insights mental health & wellness has already taken action in reliance thereon. I also understand that insights mental health & wellness staff are not required to adhere to the restrictions requested in the event of a potentially life-threatening emergency.

Records may be needed in order to process a claim for medical services. I authorize insights mental health & wellness to release information needed for billing purposes to entities that may provide services pertaining to my physician visit, such as reference laboratories. I understand that by signing below, I am authorizing the release of all or part of my medical record for the purpose of my treatment, billing, or pertinent healthcare operations. This release may include records containing information regarding the diagnosis and/or treatment of HIV or AIDS, mental illness, and/or drug and/or alcohol addiction or abuse to any person or corporation which is or may be liable under contract for all or part of the medical charges, including but not limited to, Medicare, Medicaid, or other private or public health insurance programs, reviewing agencies, worker's compensation carriers, welfare agencies or patient's employer.\*

*\*The patient's employer will only be contacted if necessary in order to confirm enrollment in a healthcare plan.*

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
(or patient's legal guardian if patient is a minor) (Signed Electronically)

**Patient Printed Name:** \_\_\_\_\_



**ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES & POLICIES, OFFICE POLICIES & PROCEDURES, AND GUARANTOR FEE SCHEDULE**

*As required by federal legislation, insights mental health & wellness is required to provide you with a copy of our Notice of Privacy Practice and document your receipt. You may waive your right to be provided with this Notice of Privacy Practice.*

\_\_\_\_\_ I have received a copy of the Notice of Privacy Practices and Policies: In order to comply with HIPAA standards, each practice must obtain a signed acknowledgement that each direct treatment patient has received its Notice of Privacy Practices and Policies or must document a good faith effort to provide the Notice and receive a written acknowledgement of receipt. This will allow practices to use or disclose confidential information (protected health information) for treatment, payment, or healthcare operations.

\_\_\_\_\_ I have waived my right to be provided a copy of the Notice of Privacy Practice.

\_\_\_\_\_ I have received a copy of insights mental health & wellness' Notice of Office Policies and Procedures. I understand and agree to abide by them and consent to receive treatment. I understand and agree to abide by the late cancellation and missed appointment policy.

\_\_\_\_\_ I have received the Guarantor Fee Schedule and understand that if my services are not covered by my insurance carrier, that I am responsible for payment.

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
*(or patient's legal guardian if patient is a minor)* (Electronically Signed)



## ELECTRONIC MEDIA/SOCIAL MEDIA POLICY

E-mail – Electronic mail will be used only for administrative communication, such as checking/arranging appointments or the communication of basic information. It will not be used to communicate therapeutic/highly personal information.

Texting – Text messages will be used only for administrative purposes, such as scheduling or changing appointments.

Social Media – In order to maintain privacy and confidentiality our clinicians cannot follow or connect with any client on Facebook, Twitter or other social media outlets.

All client data stored in our database is encrypted. Text and e-mail messages are additionally protected by passwords.

Please check below if you wish to receive communication via e-mail or text message following the guidelines outlined above.

\_\_\_\_\_ I would like to communicate via the e-mail address: \_\_\_\_\_

\_\_\_\_\_ I would like to communicate via text to the following number: \_\_\_\_\_

I understand that I am responsible to communicate any changes in the above information.

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
(or patient's legal guardian if patient is a minor) (Signed Electronically)