

RAINBOW RACE

5K Walk/Run

Saturday, May 9, 2020, 9 a.m.

Richmond, RI



The Rainbow Fund was started in May, 2011, in memory of Cassie Duncan to bring awareness to Mental Health issues and to remove the dark cloud of stigma and fear away from mental illness and replace it with the Rainbow of Hope.

Where: Harvest Acres Farm

425 Kingstown Road, Richmond, RI 02892

Entry Fee: Online registration fees \$27.00 by March 31rd, \$29 from April 1- 30, \$31 from May 1- 5.

Register on line at harvestacresfarm.org

Mail in - registration fees - \$31.00 by March 31rd, \$32 from April 1- 30, \$33 from May 1- 5.

Mail to: Harvest Acres Farm, 425 Kingstown Road, West Kingston, RI 02892

Make checks payable to Rainbow Fund

May 8th Early Packet Pickup Day – Registration - noon to 5:30pm - \$35 (fees are non-refundable)

Race Day Registration – starting at 7:30am-\$35 (fees are non-refundable)

T-Shirts: To the first 400 entries.

Awards: Cash awards to the top 3 male & female finishers (\$100, \$50, \$25) in the 5k Run;

Awards to the top 3 finishers in the following age categories:

19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, and 70+.

Course: Relatively flat courses through the scenic country roads of Richmond.

Teams: Teams can be created for Family and Friends; and Corporate Teams.

Any number is allowed on a team but top three times will be used to score teams.

Teams must be registered online.

Join us after the race for awards, food, raffle prizes, fun and entertainment.

Directions: Route 95, Exit 3A to Route 138; the farm is about 3 miles on the right.

For more information contact Cindy Duncan at (401) 741-2178 or harvestacresfarmri@gmail.com

Rainbow Race

5k Walk or 5k Run (check which event)

Make check payable to **Rainbow Fund**

and mail to Harvest Acres Farm, 425 Kingstown Road, West Kingston, RI 02892

Name _____ Date of Birth _____ Sex _____

Address _____ City _____ State _____ Zip _____

Email _____ Phone _____ T-shirt size, Sm, M, Lg, or XL _____

WAIVER Must be read and signed: I hereby release the Rainbow Fund Organizers, Sponsors, Officials and any other coordinating member association with this event from any claim of damage or injury resulting from my participation in or traveling to or from this event. I attest that I am physically fit and have sufficiently trained for this event and waive any claims or injuries suffered in said event. Further, I hereby grant permission to any and all of the foregoing to use my photograph, video, or any other record of this event for any legitimate purpose.

Signature _____ Date _____

(Signature of parent or guardian if athlete is under 18)