

What does it mean to be a
**TRUSTED
ADULT?**

Hosted by SPTS and Atlantic Health System at Chilton Medical Center:

Wednesday, March 13, 2019

7:00 to 8:30pm

Chilton Medical Center

Collins Pavilion

95 West Parkway, Pompton Plains, NJ 07444



Atlantic
Health System

**This presentation focuses on how to be a "trusted adult"
for the youth in your life.**

- Examine personal feelings & attitudes about suicide
- Review the definition of the crisis of suicide
- Review the warning signs and risk factors
- Know how to foster protective factors
- Identify what it means to be a trusted adult



SOCIETY *for the*
PREVENTION *of*
TEEN SUICIDE



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The Society for the Prevention of Teen Suicide is a non-profit community organization dedicated to increasing awareness and reducing the stigma of suicide through specialized training programs and outreach resources that empower teens, parents and educational leaders with the emotional guidance and skills needed to help those at risk of suicide and build a life of resiliency.