

Vickery Pediatrics ADHD Treatment Protocol

Vickery Pediatrics is committed to providing the best possible care for your child's ADHD. **Medications used to treat ADHD fall under the category of controlled substances and require follow-up appointments in a timely manner.** The following treatment schedule is followed in order to best monitor and follow-up with your child's treatment:

***Initial visit for ADHD includes a full history, physical exam, and Vanderbilt assessment. If your child has been diagnosed by another physician or psychologist, full documentation of the diagnosis must be available for review.

***Medication options will be discussed at the initial visit. There is growing variability in what medications will be covered by different insurance plans. Bringing a formulary from your insurance company's website of covered ADHD medications to the initial visit is highly recommended.

***Vanderbilt follow-up assessment forms from parents and teachers are required yearly.

Follow-up schedule for ADHD:

- Initial visit.
- Follow-up visit in 1 month.
- Follow up visit in 3 months.
- Follow-up visits every 6 months once on stable dosing.

Medication refill schedule:

- Medications are written for 30 days and will require you to come in and pick up the prescription – **most ADHD medications cannot be faxed to the pharmacy.**
- Please call 48 hours before the last dosage so that your prescription can be ready for pick-up at the front desk.
- Prescriptions will not be refilled when the follow-up schedule is not followed.

Please review the above protocol since any lapses in follow-up may disrupt your child's ADHD care.