

2020 Chasing The Dragon **With Covid Challenges**

Ideas for meeting with students to provide Red Ribbon Week/Chasing the Dragon activities virtually during this time of social distancing.

How can Red Ribbon Week/ Chasing the Dragon activities be provided virtually?

- Districts/Schools can use their chosen digital platform for this event. Zoom and Google Meet are two popular platforms for meeting with students that can be used.
- Students can watch videos and participate in activities electronically.
- Local law enforcement and Red Ribbon Week Guest speakers can meet with students remotely using the districts chosen digital platform to discuss drug abuse, addiction and the Opioid Epidemic.
- Discussion using Fact Sheets:
 - <http://arkal.edu/wp-content/uploads/2019/10/2019-The-Opioid-Epidemic-SRO-Law-Enforcement-Talking-Points-Updated-8-28-2019.pdf>
- Arkansas Drug Take Back Day data and information
 - www.artakeback.org
- Chasing the Dragon Brochure Review and Discussion:
 - <http://arkal.edu/wp-content/uploads/2020/09/2020-CtD-Resource-Guide.pdf>
- Chasing the Dragon Full Video:
 - <https://www.youtube.com/watch?v=pzhD2MyelbY&feature=youtu.be>
- Arkansas Public Service Announcements Coming Soon! (Goes Live Oct. 7th, 2020)
 - <https://www.myarkansaspbs.org/RedRibbonCampaign>
- Pennsylvania's Public Service Announcements
 - "The Choice is Yours":
 - https://www.youtube.com/watch?v=UeDAZxIx_YI&feature=youtu.be
 - "Make The Choice To Be Better":
 - <https://www.youtube.com/watch?v=7kanLx6RM5o>
 - "H.O.P.E. is Everywhere!" :
 - <https://www.youtube.com/watch?v=qsNI561ui4M>
 - "Cracked Conscious":
 - <https://www.youtube.com/watch?v=o0xUnhrf3iA>
 - "That's What I Do...":
 - <https://www.youtube.com/watch?v=KNcijmJswJQ>
 - "FBI HOPE" Knoch High School:
 - <https://www.youtube.com/watch?v=Aaex8yUi3i4&feature=youtu.be>
- Students can create Posters Using the AR Facts and National Facts
- Students can create their own PSA (Public Service Announcement)
- Students can send cards of encouragement to rehabilitation facilities
- Students can research local area statistical data about opioid issues
- Students can write cards to veterans thanking them for their service and encouraging them to have hope.
- Students can create a list of ten positive alternatives when depressed, in pain, lonely, in need
- Students can present their own ideas of how to help others in the midst of this crisis

Register at

<http://arkal.edu/chasing-the-dragon/>