



### I Heard "I Love You Mom" for the First Time

*"I heard 'I love you, mom' by my 11yr old for the first time since the grant [received from Elevations] covered a communication device. Also, [I] learned he's much smarter than he was getting credit [for]. It actually changed his life plan."* By helping this family with a communication device for their son, this child's life was forever changed because of the generosity of our community. Thank you for being a part of changing lives.

Imagine knowing that there are therapies or home therapy equipment that can help your child but because of high out-of-pocket costs, you are unable to afford to get them the support they need. Imagine also knowing that if you do not get them these services, they may never be able to reach their full potential. As parents, realizing that your child's future is not affordable is a tremendous burden to bear.

Your support is needed to ensure that every child with special needs in Spokane County who can be helped by therapy is getting the help they need - regardless of diagnosis, family income, or insurance limitations. It is heartbreaking for families to have to choose between putting food on the table and getting their child the help they need.



Caring for a child with special needs can stretch even the most robust of budgets. There are many hidden costs on top of paying insurance premiums, copays, deductibles, and covering uninsured or under-insured services. A small example: gas for multiple therapy visits, travel expenses for specialties outside of Spokane, small adaptive daily aids for sensory issues, or adaptive clothing that may support a feeding tube can add up quickly. By alleviating some of the medical costs, you are able to help children thrive in their home environment and this in turn helps reduce the stress level for the entire family.

Whether the child's grant is for copays towards occupational therapy, funding for speech therapy services, physical therapy deductibles, specialized home equipment, or other therapy services not covered by insurance, you can positively affect the trajectory of a child's life.



\$30 can fund a family's co-pay  
 \$46 can fund a speech therapy appointment  
 \$50 can fund a feeding therapy appointment  
 \$96 can fund a physical or occupational therapy appointment

Donations of any amount can help offset deductibles, co-pays, or fund needed specialized equipment.

In 2019, because of the generosity of people who care deeply for the well-being of these children, Elevations awarded 121 grants totaling over \$94,000. And, although we are very proud of our accomplishments, *we were only able to fund 37% of the overall requests of 250,000.*

Sometimes families need long-term help. Other times, they just need some assistance to cover a very specific time-frame. As one parent shared: *"We were able to get him speech and occupational therapy during the summer ... to bridge the gap when he wasn't in school and it helped him to continue to improve and eventually led to him being able to talk and he's starting to catch up to his peers. So we were very thankful for the grant as we couldn't have afforded to send him otherwise."*

Thank you so much for being a part of a community that cares about children with special needs and their families.

As an added bonus, **we have a donor who will match all donations through the end of the year up to \$10,000 - doubling the impact of your support.**

**You should have received a letter in the mail should you prefer to mail a check.**

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Elevations is participating in **#GivingTuesday** this year. **#GivingTuesday** is a global generosity movement unleashing the power of people and organizations to transform their communities and the world on December 3, 2019. Please find us on [Facebook @ElevationsFoundation](#) and help us spread the word.

***"We are not a world that's divided into people who have and people who need - everyone has something to give."***

GivingTuesday CEO, Asha Curran