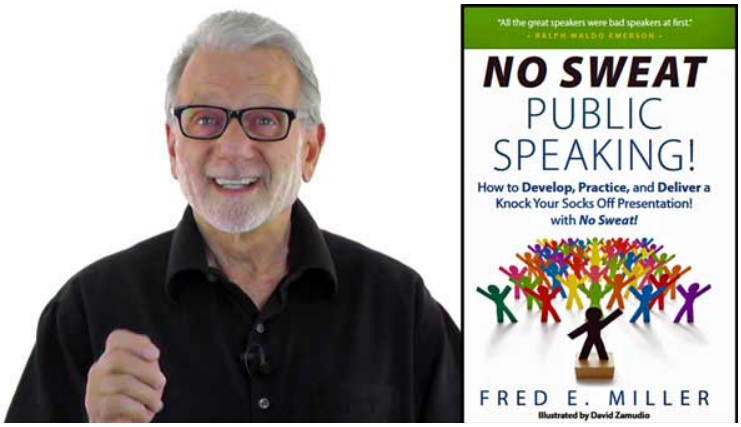

NO SWEAT Public Speaking!

How to Develop, Practice, and Deliver a great Presentation with - *NO SWEAT!*

Fred E. Miller is a speaker, international coach, and an author.

His books, ***"NO SWEAT* Public Speaking!"** and ***"NO SWEAT* Elevator Speech!"**
are purchased internationally and get rave reviews on Amazon.com.

Locally he's been interviewed by:

- Don Marsh on KWMU's "St. Louis on the Air."
- Fox News's anchor John Pertzborn
- KMOK radio host Mark Reardon
- KSDK reporter Art Holliday

His Ladue News Column, "Talking Points", was a monthly favorite for years.

Businesses, Individuals, and Organizations hire him because they want to improve their Networking, Public Speaking, and Presentation Skills.

They do this because they know:

"*Speaking* Opportunities Are *Business*, *Career*, and *Leadership* Opportunities!

Presentations, to groups or one-on-one, are regularly delivered, *internally* and *externally*.
Most can be improved.

He shows how to **Develop**, **Practice** and **Deliver** *Knock Your Socks Off Presentations!* with -
NO SWEAT!

In the talk, he'll present:

- The **Components**, **Parts** and **Elements** of a Presentation.
- **Tips** for taking your presentation from ***Blah*** to ***AH!***
- The **Fear of Public Speaking:** *Why?* and Nuggets to Lessen it.

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