



## “NO SWEAT! The Fear Public Speaking

Fred E. Miller is a speaker, an international coach, and an author.

The **Fear of Public Speaking** holds many back from reaching their potential.

His books: **“NO SWEAT! Public Speaking”** **“NO SWEAT! Elevator Speech”** and **“NO SWEAT! The Fear of Public Speaking”** are purchased internationally and get rave reviews on Amazon.com.

He’s been interviewed locally, nationally, and internationally.

Businesses, individuals, and organizations hire him because they want to improve their Networking, Public Speaking, and Presentation Skills.

They do this because they know:

**“Speaking Opportunities are Business, Career, and Leadership Opportunities!”**

However, the **Fear of Public Speaking** holds many back from reaching their potential. It is consistently ranked as one of the most common fears people have.

**A typical client often says,**

“I’m sick and tired or people who don’t work as hard as I do and don’t contribute as much to the company, getting bonuses, recognition, and sometimes promotions. They receive this because they’re *speaking*, and they’re not that good! But they’re are doing it and I’m not. *Can you help me?*”

**The title of his talk is:**

**“NO SWEAT! The Fear Public Speaking**

- *WHY* we have this fear.
- Nuggets to Lessen it with - **NO SWEAT!**

**Fred E. Miller**

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