



Tour de Scottsdale Athlete Guide

LET'S RIDE!

Thank You for Riding!

DC Ranch is proud to produce the 16th annual Tour de Scottsdale. Enjoy your scenic, challenging and fun course.

The McDowell Sonoran Preserve, which acts as the centerpiece of our event, is stewarded by our beneficiary, the McDowell Sonoran Conservancy. The Conservancy is a non-profit conservation organization that engages the community to protect the preserve. Scottsdale's mountain preserve encompasses more than 33 square miles and is the nation's largest urban land preserve and 5th largest in the world.

The 70-mile course is a fully supported course that circumnavigates around the preserve, with plenty of road for speed, sweeping vistas and challenging climbs. The 30-mile course has a hilly start leading to a descending finish. This course is partially supported, therefore riders must obey the rules of the road, use their cycling smarts, know the course and pay attention to course marshals and event directional signage.

THANK YOU for supporting our event and the McDowell Sonoran Conservancy! We appreciate your participation whether this is your first time or your fifteenth time. We look forward to seeing you Sunday, Oct. 13th.

Happy and Safe Riding!

DC Ranch & McDowell Sonoran Conservancy.



MCDOWELL
SONORAN
CONSERVANCY



Schedule of Events

FRIDAY, OCT. 11

Packet Pick Up and Late Registration

Time: 2 p.m. to 6 p.m.

Where: The Homestead Community Center, 18600 N. 98th Street, Scottsdale, AZ 85255

NOTE: All athletes should pick up their own packet, however if you elect someone else to do so, they must have a copy of your ChronoTrack email.



SATURDAY, OCT. 12

Packet Pick Up and Late Registration

Time: 8 a.m. to Noon

Where: The Homestead Community Center, 18600 N. 98th Street, Scottsdale, AZ 85255

NOTE: All athletes should pick up their own packet, however if you elect someone else to do so, they must have a copy of your ChronoTrack email.

SUNDAY, OCT. 13

Ride Day

5 a.m.	Parking Opens/Athlete Corral Staging Opens
6:30 a.m.	Tour de Scottsdale - STARTS
8 a.m.	Expo opens
10 a.m.	Beer Garden opens
10:30 a.m.	30-mile course closes
11:30 a.m.	70-mile course closes
Noon	Expo Ends/ Beer Garden closes

Event Information

Where

Start & Finish lines are located on Market Street at DC Ranch which is on the southeast corner on Pima Rd and Thompson Peak Parkway in north Scottsdale.

Parking

There are three parking locations for athletes and spectators.

- **Market Street at DC Ranch** - Accessible off Pima Rd. and Market Street only. Thompson Peak Pkwy is not accessible during event. NOTE: Parking is typically full by 5:30 a.m.
- **The Homestead Community Center*** - Accessible off Pima Rd. and one mile east to Legacy Blvd and 98th street.

* Complimentary shuttle service will run from 4:45 a.m. to 12:45 p.m.

Packet Pick Up

Registered riders should pick up their own packet. If you are unable to pick up your own packet, someone may pick it up on your behalf, however they must have a copy of your registration confirmation.

Timing

Timing for the Tour de Scottsdale is done through Chronotrack Timing Systems. To be accurately timed, cyclists must secure/wrap the bib number chip around the base of their seat post. Results will be live streamed on TV screens at the 'Results' tent in the Expo. Results will be posted online by 5 p.m. on Sunday, Oct. 13th. While there is "gun time", your official timing, tracking and results will not start until your timing chip has crossed over the start line and will end when you cross the finish line.

Aid Stations

There are a number of Aid Stations along the course that serve water, electrolyte drinks, fruit, etc. If you have specific needs, please come prepared. Aid Station locations are:

30-mile & 70-mile aid stations:

- 1) Scottsdale Road & Jomax Road
- 2) Pima Road & Stagecoach Pass

70-mile only aid stations:

- 3) Alma School Road & Dynamite Road
- 4) Forest Road & McDowell Mnt. Road
- 5) Golden Eagle Road & Palisades Blvd
- 6) McDowell Mnt. Ranch Rd. & 105th Street

SAG on Course

We are proud to partner with local vendors and bike shops to provide Support and Gear along the course. TheVelo, Landis Cyclery and White Mountain Road club have generously provided course bicycle support. They will roam the course throughout the event and will be available for basic equipment repair. In the event your bike cannot mechanically finish, you will be brought to an aid station or shuttled back to the finish. We strongly encourage all cyclist to come prepared and be self-sufficient.

Post-ride Expo & Beer Garden

After you are given your unique and commemorative medal, head on over to the featured beer garden, sponsored by Hensley Beverage Group, Budweiser and Michelob Ultra. 100% of proceeds go directly to the McDowell Sonoran Conservancy. Post-ride snacks, water and Gatorade can be found to help re-fuel after your awesome ride. Finally, kick back and enjoy the rockin' sounds for the 70s All Stars band, with their vibes that are sure to re-energize you, stop by one of our recovery areas that will feature massage therapy, IV Therapy treatments, stretching areas, and more.

Course Information

- All Participants must obey police, SAG vehicles and other event officials. It is the rider's responsibility to know the course, and pay attention to all course marshals and event directional signage.
- Be aware of the course split for 30-mile and 70-mile course. Thirty-mile participants will stay to the right continue south on Pima Road after going through Carefree, Seventy-mile participants will stay to the left and head east on Dynamite Road from Pima Road. Large signs will be placed leading up to the split turn.
- **Seventy-mile riders will encounter a new traffic change to the course, this year. Heading into Rio Verde along Dynamite Blvd. There are TWO roundabouts, located at 118th street and another at 122nd street. Please proceed through the roundabouts in the right lane, as you would in a vehicle. There is a 20 MPH speed limit that riders must obey. Again, all riders are restricted to their directional lane, maintain posted speed and observe the 'no passing' restriction for this area. This is for the safety of all riders. Please obey the rules and be mindful.**
- Be aware of any potential road hazards such as potholes, overgrown landscape, road debris, etc.
- Team tactics that endanger or impede the progress of other cyclists are prohibited and are grounds for disqualification and removal from the event.
- All riders must ride in bike lanes and single file. Riders found riding 2+ persons abreast, will be disqualified.
- There is a 4-hour time limit on the 30-mile course, and a 5-hour time limit on the 70-mile course

Rules & Conduct

The Tour de Scottsdale welcomes riders of all varying levels. Whether you are a pro-rider or a weekend warrior, cyclists enjoy the 2700 climbing feet elevation and downhill sweeps along a scenic course. We strive to produce a top notch event in which safety is the top priority. Please review the following rules and conduct for this event.

Riders violating any of the following rules will be subject to penalties including disqualification and removal from course.

Participation

1. Tour de Scottsdale is a timed road event, open to all riders.
2. All riders must be able to safely complete the course within the required time limits.

Entry and Rider Obligations

1. Riders shall register for the event per the guidelines.
2. A rider must be registered and the corral sticker be visible on the course/participate.
3. The organizer shall provide each entrant with a timing chip and corral number
4. By entering the event, the rider agrees to respect the regulations and policies of the Tour de Scottsdale (recommended by USA Cycling).
5. The rider agrees to accept the directions of the event organizers, race director and all public authorities and emergency service personnel.
6. Each rider agrees that they are participating at their own risk and accepts the risks inherent in the sport. These risks include, but are not limited to sickness, injuries from falls, accidents, and risks related to road traffic, road and weather conditions.
7. It is each rider's responsibility to ensure that they are physically capable and healthy enough to participate in the event being entered.
8. Each participant must sign a Tour de Scottsdale event waiver acknowledging that they accept the risks mentioned above and hold all associated entities harmless.

Conduct of Riders & Rules

1. The Tour de Scottsdale courses are not closed to traffic, therefore riders must respect the relevant traffic laws at all times. These laws include: (a) Staying on the right side of the road (b) Stopping for all stop signs and traffic lights unless waived through by a marshal or police officer.
2. Center Line: all riders must keep to the right of the center line or enforcement line.
3. Rules of the Road: Riders shall, of their own responsibility, conform to all traffic regulations in force in the area where the Tour de Scottsdale is held. Make sure you are paying attention to Police/traffic controls, as well as event signage and knowing your course turns before the event. Please be mindful of all course changes. It is your responsibility to be respectful to other riders for your and their safety.

4. Rider responsibility: The responsibility of keeping on the designated course rests with the rider. A rider may not leave the designated course unless ordered to do so by public authorities or a Tour de Scottsdale official. Make sure you know the road and your course. Our local community is growing and changing, therefore there may be road construction projects or required detours. It is your responsibility to review all event announcements pertaining to course changes.
5. Turns: All turns deserve attention, but left turns require extra special attention. There are a number of turns along both 30-mile and 70-mile courses. Slow down and be aware of others around you.
6. Passing: Always stay to the right side of the white line. Use caution and patience when overtaking other riders and offer a polite "On your left." Ride in a straight line and try to be predictable in your movements- effective positioning will help you be seen on the road by other riders and users of the road.
7. Taking pace or assistance from any outside means is forbidden, including holding on to a motor vehicle.
8. Prep Your Bike: Keep your brakes and chain in good working order, and your tires well-inflated. Adjust seat height for an efficient and pain-free ride; when seated, your leg should be almost straight, with your foot flat on lower pedal. Give it a test ride before heading out. Have extra tubes for the event.
9. Be Distraction- Free: Use of mobile devices or headphones is grounds for disqualification. Even with the volume turned way down or with only the right earbud in, you still can't hear approaching vehicles or other riders.
10. Communicate: Always use hand signals when turning, slowing down or stopping; before passing other riders, shoulder check and use your voice to communicate with other riders if/when passing.
11. Hydrate: Arizona is very dry and even during our October event, late morning temperatures can get to the high 80's. While the Tour de Scottsdale provides air stations along both courses, it is your responsibility to bring what you need to stay properly hydrated and any extra nutrition you might need.
12. All riders MUST stay within the bike lane and event marked areas. This has become an increasing problem over the years and will not be tolerated. This is for the safety of ALL riders, including yourself.
13. Apply basic rules of the road to Tour de Scottsdale! Ride officials have your best interests and safety in mind on event day, but you should still use sound judgement at all times, even if it means hesitating a few seconds to pass through a high traffic area, intersections, turns, pack, etc.
14. Participants must demonstrate good sportsmanship at all times.
15. Participants must behave in a way that respects the environment. Littering or any similar behavior will not be tolerated.

Event Start & Finish

1. Riders shall present themselves at the staging area at the time required by the specific event regulations, in general no later than 15 minutes before the start at 6:30 a.m.
2. Riders will start in order of their starting corral, per the instructions of the Tour de Scottsdale.
3. Riders will be staged in corrals. Corral placement is assigned by ride officials, that are based on pace, estimated finish time and previous years finish status. Failure to adhere to corral placement rules or heckling of Tour de Scottsdale corral managers is grounds for disqualification.
4. No rider shall leave their bicycle unattended in the starting corral. Unattended bicycles will be removed. Riders must respect the staging order and/or start in the correct wave.
5. Time Limits: 30-mile riders have four (4) hours to complete their course. 70-mile riders have five (5) hours to complete their course. Riders finishing outside those time limits are subject to removal from the course, after the time limit has been reached, or they can elect to sign a waiver that they are choosing to complete the course unsupported and forfeit their finish time.
6. Classifications and Prizes: The Tour de Scottsdale is a charitable ride that is used for fundraising and awareness. No prizes will be awarded to any finisher. The Tour de Scottsdale is a timed event for tracking and informational purposes such as producing finish results for genders and age groups.
7. The Tour de Scottsdale utilizes chip timing. The rider's start time does not begin until the rider crosses the official start line. The finish time shall be calculated based upon when the rider crosses the official finish line.

Equipment

1. Bicycles used in the Tour de Scottsdale must be propelled solely by the rider's legs and shall have the following characteristics: (a) Dimensions. Bicycles may be no more than 2 meters long and 75 cm wide, except that tandems may be up to 3 meters long (b) There may be no protective

shield, fairing, or other device on any part of the bicycle, which has the effect of reducing air resistance except that spoke covers may be used.
(c) The handlebar ends shall be solidly plugged and attachments thereto shall be fashioned in such a way as to minimize danger without impairing steering. Tandems, recumbents, or hand cycles are allowed.

2. Aero-type, tri-handlebars are prohibited.
3. At all times during the event, riders must wear a securely fastened helmet that meets the laboratory testing standards of the U.S. Consumer Product Safety Commission (CPSC) standard for bicycle helmets.
4. All riders are required to bring at least one (1) reusable water bottle.
5. No rider is permitted to wear earphones or headphones during the event.
6. Riders must comply with other specific equipment regulations given in the athlete guide.

Local Police Departments, event officials and cities/towns have gone to great lengths to keep the courses their usual route. It is of utmost importance to obey rules, be aware of your surroundings, and practice good sportsmanlike behavior.

This is not just for your safety, but for everyone around you.

Thank you to our 2019 sponsors and volunteers!

This event is not possible without the help of many people. Their support, time and efforts enable the DC Ranch Community Council, Inc. to host a fun, safe and memorable event. If you see a sponsor or volunteer, be sure to thank them – your gratitude goes a long way!

PARTNERS

Action Media
Endurance Rehab
McDowell Sonoran Conservancy
RacePlace Events
Whitestone REIT
Carfax

SPONSORS

Honor Health
Hensley Beverage Group
Michelob Ultra
Budweiser
GoDaddy
Landis Cyclery
White Mountain Road Club
TheVelo

OTHERS

The HAM Radio Crew
Our AWESOME Volunteers
City of Scottsdale
Town of Carefree
Town of Fountain Hills
Maricopa County Department of Transportation
Maricopa County Sheriff's Office
DC Ranch Residents
DC Ranch Community Council Staff
And YOU – our amazing cyclists!



EVENT STAFF CONTACTS

Gabi Enriquez, Race Director, DC Ranch Community Council
Gabrielle.enriquez@dcranchinc.com

Chris Giles, Race Producer - Course and Timing Logistics, RacePlace Events
chris@raceplaceevents.com

Mike Gertzman, Sr. Communications Manager, DC Ranch Community Council
Mike.Gertzman@dcranchinc.com

Andi Felton, Expo Coordinator
Andifelton@gmail.com