

EXETER PSYCHOLOGICAL ASSOCIATES, INC.

Cornerstone Commons
370 Portsmouth Ave.—Suite 7
Greenland, NH 03840
Deborah Hamilton, DEd, LICSW
Tel. (603) 692-4060
Fax (603) 372-0804

19 Hampton Road, A2
Exeter, NH 03833
Barbara Beardsley, LCMHC, MLADC,
CCFC
Tel. (603) 674-5331
FAX (603) 772-0477

Insurance Information Action Items

Dear Patient:

Welcome to our practice. Before our first appointment, you need to contact your insurance company to find out about your mental health benefits. The mental health (or MH/SA) number will be located on your insurance card.

Here are a few questions you should be asking:

- Will the insurance company cover my services?
- What are your mental health benefits and what are your deductibles and co-payments?
- Are you required to get authorization or pre-certification before your first visit?
 - ✓ What is the authorization number? _____
 - ✓ How many visits are covered? _____
 - ✓ What dates are covered? _____
 - ✓ What is the mental health co-payment? _____

➔ Please bring your insurance card with you—we need to make a copy of it.

If you do not have this information ready to present at the time of your visit, you are required to pay the established session fee.

Insurance benefits are constantly changing. It is your responsibility to know what your benefits are. If you have any questions or concerns after speaking with your insurance company, please call me.

If you need to change or cancel your initial appointment please provide at least 48 hours notice.

Thank you.

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