

Starters

AHI TUNA	MKT PRICE
SHRIMP COCKTAIL (6)	\$14
HOT PEEL AND EAT SHRIMP	\$15
COCONUT SHRIMP (6)	\$13
BANG THAI CALAMARI	\$13
SOUTH OF THE BORDER NACHOS	\$12
CHICKEN WINGS (10)	\$12
CRAB CAKES (2)	\$14
SOUTHWESTERN CHICKEN QUESADILLA	\$12
HOT SPINACH AND ARTICHOKE DIP	\$11
SMOKED FISH DIP	\$13
CAPRESE SALAD	\$13
HUMMUS AND PITA BREAD	\$10

Fresh Bistro Salads

PALM BAY SALAD	\$19
Fresh romaine lettuce, red onion, roma tomatoes, hearts of palm, cucumbers, diced bell peppers, and fresh lobster chunks. Topped with tri colored tortilla strips, and scallions Served with tropical vinaigrette on the side	
SAND CAESAR SALAD	\$12
Chopped romaine lettuce, grated parmesan cheese & croûtons, tossed in caesar dressing. Served with garlic bread	
TROPICAL SALAD	\$14
Fresh romaine lettuce, chopped onions, tomatoes, peppers, cucumbers, pineapple, and grilled chicken. Served with tri color tortilla strips and tropical vinaigrette on the side	
SPINACH BACON CLUB SALAD	\$14
Fresh spinach topped with grilled chicken, crispy bacon, chopped cucumbers, tomatoes, boiled eggs, and mozzarella cheese. Served with tri-color tortilla strips and honey mustard on the side	
TRIO SALAD	\$18
Lobster salad, chicken salad, and egg salad piled high over a bed of romaine, peppers, onions, tomatoes, cucumbers, and feta cheese	
GARDEN SALAD	\$12
Fresh romaine lettuce, diced tomatoes, cucumbers, onions, peppers, topped with feta cheese crumbles and tortilla strips. Served with balsamic vinaigrette on the side	
GREEK SALAD	\$14
Romaine lettuce, black olives, cucumbers, tomatoes, onions, and feta cheese	

**ADD PROTEIN TO ANY SALAD:
CHICKEN OR STEAK \$6 MAHI, SHRIMP,
OR LOBSTER \$8**



SANDBAR GRILL
FT. LAUDERDALE BEACH

Entrées

SHRIMP SKEWERS	MKT PRICE
Two, five piece shrimp skewers, choice of grilled or blackened, served with yellow rice and vegetables	
AHI TUNA	MKT PRICE
8oz seared ahi tuna served with seaweed salad, house greens, wasabi, and ginger	
SANDBAR GRILLE COMBO	\$25
1/2 rack ribs and grilled or blackened chicken breast served with fries and coleslaw	
CHICKEN PLATTER	\$22
Double chicken breast, choice of grilled or blackened, served with black beans and yellow rice	
RED SNAPPER	MKT PRICE
Choice of grilled or blackened , served with grilled vegetables and yellow rice	
10OZ NEW YORK STRIP	\$24
Choice of grilled or blackened, served with grilled vegetables and a loaded baked potato	
BBQ RIBS	(HALF) \$19 (FULL) \$22
Fall-off-the-bone BBQ ribs served with french fries and coleslaw	
SHRIMP SCAMPI	\$22
Sautéed shrimp tossed in white wine, lemon garlic butter, onions, peppers, tomatoes and fine herbs over angel hair pasta	
FRESH MAHI-MAHI	Mkt Price
Choice of grilled or blackened, served with grilled vegetables and yellow rice	
ADD CHICKEN \$6 • ADD SHRIMP SKEWERS \$7 SUB A SIDE SALAD FOR \$3	
<i>Sides</i>	
BASKET OF ONION RINGS	\$6
BASKET OF HOMEMADE CHIPS	\$6
BASKET OF FRENCH FRIES	\$6
BASKET OF SWEET POTATO FRIES	\$6
SIDE SALAD	\$6
BAKED POTATO - LOADED	\$6
AVOCADO	\$4

Warning: Consuming raw or under cooked meat, poultry, seafood, shellfish and eggs may increase your risk of food borne illness especially if you have a medical condition | Note: 20% gratuity may be added to parties of six or more | Please drink responsibly

Flatbreads

OUR FLATBREADS ARE LOADED WITH THE FRESHEST INGREDIENTS AND BAKED TO A CRISP PERFECTION

- BUFFALO CHICKEN** \$14
Layered with blue cheese dressing, topped with breaded chicken tossed in buffalo sauce, diced celery and jack cheese, and lightly sprinkled with feta cheese crumbles
- PESTO CHICKEN** \$14
Grilled chicken tossed in our house-made pesto sauce over marinara and mozzarella cheese, topped with fresh basil
- SANTA FE** \$14
Lightly layered chipotle sauce topped with the perfect blend of grilled chicken, black bean crumbles, jack cheese and topped with our house-made salsa
- TAMPICO BBQ CHICKEN** \$14
Grilled chicken, onions, tomatoes, and jack cheese drizzled with smokey sweet BBQ sauce and topped with fresh scallions
- VEGETARIAN BLACK BEAN** \$14
Black bean crumbles, fresh tomatoes, onions, diced peppers and jack cheese over chipotle sauce and topped with fresh scallions
- TRADITIONAL MARGHERITA** \$12
Layered with our house-made pesto sauce, topped with fresh sliced tomatoes and mozzarella cheese, and sprinkled with parmesan cheese and fresh basil
- ADD CHICKEN \$6**
- STEAK AND CHEESE** \$14
Lightly layered with mayo, mushrooms, onions, peppers, mozzarella cheese, and topped with shredded, tender steak
- CAPRESE** \$14
Spinach, tomatoes, fresh mozzarella, herb butter, basil **ADD CHICKEN \$6**

HAPPY HOUR FOOD

4 PM - 7 PM DAILY

HAPPY HOUR FOOD SPECIALS \$10

- CHICKEN WINGS
- SOUTHWEST QUESADILLA
- BANG THAI CALAMARI
- TAMPICO FLATBREAD
- MARGHERITA FLATBREAD
- PESTO CHICKEN FLATBREAD
- BUFFALO CHICKEN FLATBREAD

\$5 sharing charge applied to all menu items

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Sandwiches, Plates and Wraps

SERVED WITH OUR HOUSE MADE COLESLAW AND YOUR CHOICE OF FRENCH FRIES, HOMEMADE CHIPS, SWEET POTATO FRIES, OR ONION RINGS | SUB SIDE SALAD FOR \$3

- WICKED GOOD FISH TACOS** \$18
No one has them like us! Three fully loaded tacos packed into warm flour tortillas with mahi seasoned to perfection, shredded romaine, marinated peppers & onions and fresh salsa, drizzled with chef's flavor blasted chipotle sauce
- LOBSTER ROLL OR WRAP** \$19
Lobster chunks tossed in our signature sauce and sprinkled with celery and peppers
- FISH AND CHIPS** \$16
Lightly beer battered haddock served with french fries
- SHRIMP WRAP** \$16
Grilled or blackened topped with lettuce, tomato, onion, lemon aioli and your choice of cheese
- CHICKEN SANDWICH OR WRAP** \$13
Blackened, grilled, thai glazed, jerked, or BBQ topped with lettuce, tomato, onion, lemon aioli and your choice of cheese
- MAHI SANDWICH OR WRAP** MKT PRICE
Choice of blackened, grilled, thai glazed, jerked, or BBQ topped with lettuce, tomato, onion and lemon aioli
- BLT SANDWICH OR WRAP** \$11
Apple-wood smoked bacon, lettuce, and fresh tomatoes, drizzled with lemon aioli on your choice of white toast, wheat toast, or in a wrap
- JUMBO FOOT LONG HOT DOG** \$12
Served with diced onions and relish on the side
- SANDBAR CHICKEN CLUB** \$14
Sliced chicken, bacon, lettuce, tomato, and lemon aioli stacked between three pieces of whole wheat toast, white toast, or in a wrap
- CALIFORNIA TURKEY WRAP** \$17
Oven roasted turkey, applewood bacon, fresh avocado, lemon aioli, lettuce and tomato, served with your choice of side

Burgers

SERVED WITH OUR HOUSE MADE COLE SLAW AND YOUR CHOICE OF FRENCH FRIES, HOMEMADE CHIPS, SWEET POTATO FRIES, OR ONION RINGS | SUB SIDE SALAD \$3 | ADD AN EGG \$2

- TRADITIONAL BEACH BURGER** \$14
8oz sirloin burger grilled to perfection and topped with lettuce, tomato, onion, and choice of cheese
- MUSHROOM SWISS BURGER** \$15
8oz sirloin burger grilled to perfection and topped with lettuce, tomato, onion, mushrooms and swiss cheese
- BIG TEX BACON BURGER** \$15
Juicy, 8oz sirloin burger topped with cheddar cheese, BBQ sauce, crispy applewood smoked bacon, grilled onions, lettuce, and tomato
- TURKEY BURGER** \$14
Our juicy turkey burger topped with lettuce, tomato, onion, and choice of cheese
- VEGGIE BURGER** \$13
A delectable veggie patty loaded with flavor, topped with lettuce, cucumber, tomato, and choice of cheese