



How Our PT Clinic is Protecting Patients & Staff

The safety of our patients and team members is of utmost importance. Our healthcare facility services remain categorized as an essential need to patients which helps many to work through injuries and thus continue daily activities.

Cold, Flu and Novel human coronavirus disease (COVID-19) are of concern to all of us.

Responsibility is required by all. As we go on with our daily lives, we ask that you team up with us to make this clinic a continued safe place for healing.

We know that continuity of the physical therapy process is very important to you.

We are taking diligent and tangible steps to help prevent the spread of disease and protect our patients and team members. We apply periodic updates based on CDC recommendations.

STAY AT HOME IF YOU ARE SICK

A key point is keeping people who are ill away from other people. Therefore, we have instructed any staff feeling ill to remain at home. We ask the same of any patients feeling ill.

Understand what age groups and/or pre-existing symptoms are at higher risk. If you are at higher risk, please stay at home.

PRACTICE PROPER HAND & WRIST HYGIENE

Wash your hands – and your wrists often. Staff regularly wash their hands between patients, but we are placing extra emphasis on this. We ask patients to wash their hands, or use hand sanitizer, before and after treatment. Avoid unnecessary hand to hand contact with others.

COVER YOUR COUGHS & SNEEZES WITH A TISSUE

Please cover your mouth and nose with a tissue when coughing or sneezing. If no tissue is handy, sneeze or cough into bent elbow. Wear mask if you are coughing or sneezing regularly and please stay home.

AVOID TOUCHING YOUR EYES, NOSE OR MOUTH

People frequently touch their eyes, nose or mouth without even realizing it. Try and eliminate this behavior, particularly after touching objects or being around someone who is coughing or sneezing.

CLEANING & DISINFECTION IN OUR CLINIC

We have always practiced good cleaning and disinfecting protocols and have increased the frequency and depth of those efforts. Rest assured that we are paying extra attention to items that are frequently touched. After wiping tables and equipment, we adhere to appropriate sanitization period for optimal response.

TEAM MEMBERS ARE STARTING TO TAKE DAILY TEMPERATURE

Team members are taking daily temperatures on site in the am and pm to assure that we are ready to safely provide care to you. We are available to take patient temperatures as well.

SPACING OUT OF INDIVIDUALS:

Secondary to our large treatment areas and private rooms, we are able to keep patients at more than arm's length away if necessary. We have made some re-arrangements of our layout and modified patient population to accommodate this. All guests and family members accompanying patients are asked to wait in the vehicles if realistically possible. It is our intent to uphold progressing CDC and county recommendations and regulations for group number suggestions in any given room / area.

Feel free to contact our office with specific questions and considerations.

Team up with us to be able to provide you with the care you need while keeping each other safe during times of elevated caution.

Best Regards,

A handwritten signature in cursive script that reads "Samuel Kabat". To the right of the signature, there are small, faint letters: "PH.T., C.E.P.H.T., S.A.A.O.M.P.T., C.S.C.S."

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For more information and education to keep yourself protected, visit:

[cdc.gov](https://www.cdc.gov)

[coronavirus.cchealth.org](https://www.coronavirus.cchealth.org)