



WALLINGFORD FAMILY YMCA
TEACHING POOL SCHEDULE
 March 2nd - March 8th

FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

Updated: 02/28/2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7-8AM Open Swim	7-8AM Open Swim	7-8AM Open Swim	7-8AM Open Swim	7-8AM Open Swim		
8-9AM Water Aerobics	8-9AM Aqua Jogging	8-9AM Water Aerobics	8-9AM Aqua Jogging	8-9AM Water Aerobics	8-9AM Open Swim	8AM-1:45PM Open Swim
9AM-8PM Open Swim	9AM-8PM Open Swim	9-11AM TLC Swim Lessons & Open Swim	9:15-10AM Stretch & Balance	9:15-10AM Aqua Volleyball	9-11:45AM Swim Lessons	
		11AM-8PM Open Swim	10AM-80PM Open Swim	10AM-4:30PM Open Swim	11:45AM- 1:45PM Open Swim	
					PLEASE NOTE: Private Swim Lessons may occur during periods designated as OPEN SWIM. Birthday Parties may occur during OPEN SWIM time on weekends. Please call ahead to confirm the pool is available for Open Swim. **Youth programming including Youth Nights and Flick n' Float movie nights may utilize the Teaching Pool on Friday nights. Please call the Welcome Center to confirm pool availability.	
				4:30-5:30PM Ulbrich Boys & Girls Club Pool Rental	5:30-8PM Open Swim**	

For additional schedule changes, visit our website at <http://www.wallingfordymca.org/programs/schedules> or download our mobile app.