



WALLINGFORD FAMILY YMCA TEACHING POOL SCHEDULE

February 8th - March 1st

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Updated: 02/07/2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7-8AM Open Swim	7-8AM Open Swim	7-8AM Open Swim	7-8AM Open Swim	7-8AM Open Swim		
8-9AM Water Aerobics	8-9AM Aqua Jogging	8-9AM Water Aerobics	8-9AM Aqua Jogging	8-9AM Water Aerobics	8-9AM Open Swim	8-9AM Open Swim
9AM-5PM Open Swim	9AM-5:30PM Open Swim	9-11AM TLC Swim Lessons & Open Swim	9:15-10AM Stretch & Balance	9:15-10AM Aqua Volleyball	9-11:45AM Swim Lessons	9-11:15AM Swim Lessons
		11AM-5PM Open Swim	10AM-5:30PM Open Swim	10AM-4:30PM Open Swim	11:45AM- 1:45PM Open Swim	11:15AM- 1:45PM Open Swim
		<p style="text-align: center;">PLEASE NOTE: Private Swim Lessons may occur during periods designated as OPEN SWIM.</p> <p style="text-align: center;">Birthday Parties may occur during OPEN SWIM time on weekends. Please call ahead to confirm the pool is available for Open Swim.</p> <p style="text-align: center;">**Youth programming including Youth Nights and Flick n' Float movie nights may utilize the Teaching Pool on Friday nights. Please call the Welcome Center to confirm pool availability.</p>				
5-8PM Swim Lessons	5:30-8PM Swim Lessons	5-8PM Swim Lessons	5:30-8PM Swim Lessons	4:30-5:30PM Ulbrich Boys & Girls Club Pool Rental	5:30-8PM Open Swim**	

For additional schedule changes, visit our website at <http://www.wallingfordymca.org/programs/schedules> or download our mobile app.