



WALLINGFORD FAMILY YMCA  
**LAP POOL SCHEDULE**  
 March 2nd - March 8th

FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

Updated: 02/28/2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:30-10:30AM 1 Adult Open 3 Lap Swim	4:30-10:30AM 1 Adult Open 3 Lap Swim	4:30-10:30AM 1 Adult Open 3 Lap Swim	4:30-10:30AM 1 Adult Open 3 Lap Swim	4:30-10:30AM 1 Adult Open 3 Lap Swim	5-9AM 1 Adult Open 3 Lap Swim	7-12AM 1 Adult Open 3 Lap Swim
10:30-11:30AM 4 Water Aerobics	10:30-11:30AM 4 Water Aerobics	10:30-11:30AM 4 Water Aerobics	10:30-11:30AM 4 Water Aerobics	10:30-11:30AM 4 Water Aerobics	9-10:45AM 1 Adult Open 1 Lap 2 Swim Lesson	
11:30AM-5PM 1 Adult Open 3 Lap Swim	11:30AM-5:30PM 1 Adult Open 3 Lap Swim	11:30AM-5PM 1 Adult Open 3 Lap Swim	11:30AM-5:30PM 1 Adult Open 3 Lap Swim	11:30AM-4:45PM 1 Adult Open 3 Lap Swim	10:45AM-12PM 1 Adult Open 3 Lap Swim	12:00-4:45PM 2 Open Swim 2 Lap Swim
5-6:45PM 3 WFYD** 1 Lap Swim	5:45-6:45PM 3 WFYD** 1 Lap Swim	5-6:45PM 3 WFYD** 1 Lap Swim	5:45-6:45PM 3 WFYD** 1 Lap Swim	4:45-6:45PM 3 WFYD** 1 Lap Swim	<b>PLEASE NOTE:</b> Private Swim Lessons may occur during periods designated as ADULT OPEN, LAP SWIM or OPEN SWIM.  Birthday Parties may occur during OPEN SWIM time on weekends. Please call ahead to confirm the pool is available for Open Swim.	
6:45-8:15PM 4 WFYD**	6:45-8:15PM 4 WFYD**	6:45-8:15PM 4 WFYD**	6:45-8:15PM 4 WFYD**	6:45-8:15PM 4 WFYD**		
8:15-9:15PM 1 Adult Open 3 Lap Swim	8:15-9:15PM 1 Adult Open 3 Lap Swim	8:15-9:15PM 1 Adult Open 3 Lap Swim	8:15-9:15PM 1 Adult Open 3 Lap Swim	8:15-9:15PM 1 Adult Open 3 Lap Swim		

\*\*The amount of WFYD lanes are subject to change based on program attendance. Please call the Welcome Center to confirm pool availability\*\*

For additional schedule changes, visit our website at <http://www.wallingfordymca.org/programs/schedules> or download our mobile app.