



WALLINGFORD FAMILY YMCA LAP POOL SCHEDULE

February 8th - March 1st

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Updated: 02/07/2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:30-10:30AM 1 Adult Open 3 Lap Swim	4:30-10:30AM 1 Adult Open 3 Lap Swim	4:30-10:30AM 1 Adult Open 3 Lap Swim	4:30-10:30AM 1 Adult Open 3 Lap Swim	4:30-10:30AM 1 Adult Open 3 Lap Swim	5-9AM 1 Adult Open 3 Lap Swim	7-10AM 1 Adult Open 3 Lap Swim
10:30-11:30AM 4 Water Aerobics	10:30-11:30AM 4 Water Aerobics	10:30-11:30AM 4 Water Aerobics	10:30-11:30AM 4 Water Aerobics	10:30-11:30AM 4 Water Aerobics	9-10:45AM 1 Adult Open 2 Lap 2 Swim Lesson	10AM-12PM 1 Adult Open 2 Lap 1 Swim Lesson
11:30AM-5PM 1 Adult Open 3 Lap Swim	11:30AM-4:30PM 1 Adult Open 3 Lap Swim	11:30AM-5PM 1 Adult Open 3 Lap Swim	11:30AM-4:30PM 1 Adult Open 3 Lap Swim	11:30AM-4:45PM 1 Adult Open 3 Lap Swim	12-4:45PM 2 Open Swim 2 Lap Swim	12:00-4:45PM 2 Open Swim 2 Lap Swim
5-6:45PM 3 WFYD** 1 Lap Swim	4:30-5:45PM 1 Swim Lesson 3 Lap Swim	5-6:45PM 3 WFYD** 1 Lap Swim	4:30-5:45PM 1 Swim Lesson 3 Lap Swim	4:45-6:45PM 3 WFYD** 1 Lap Swim	<p>PLEASE NOTE: Private Swim Lessons may occur during periods designated as ADULT OPEN, LAP SWIM or OPEN SWIM.</p> <p>Birthday Parties may occur during OPEN SWIM time on weekends. Please call ahead to confirm the pool is available for Open Swim.</p>	
6:45-8:15PM 4 WFYD**	5:45-6:45PM 3 WFYD** 1 Lap Swim	6:45-8:15PM 4 WFYD**	5:45-6:45PM 3 WFYD** 1 Lap Swim	6:45-8:15PM 4 WFYD**		
8:15-9:15PM 1 Adult Open 3 Lap Swim	8:15-9:15PM 1 Adult Open 3 Lap Swim	8:15-9:15PM 1 Adult Open 3 Lap Swim	8:15-9:15PM 1 Adult Open 3 Lap Swim	8:15-9:15PM 1 Adult Open 3 Lap Swim		

**The amount of WFYD lanes are subject to change based on program attendance.
Please call the Welcome Center to confirm pool availability**

For additional schedule changes, visit our website at <http://www.wallingfordymca.org/programs/schedules> or download our mobile app.