



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Wallingford Family YMCA Youth/Family GYM SCHEDULE January 6–April 26

MONDAY

7:00–3:00PM Open Gym
3:00–5:00PM ELMS/F2G/UB
5:00–9:00PM Open Gym

TUESDAY

7:00–3:00PM Open Gym
3:00–5:00PM ELMS/F2G/UB
5:00–6:30PM Youth Classes
6:30–9:00PM Open Gym

WEDNESDAY

7:00–3:00PM Open Gym
3:00–5:00PM ELMS/F2G/UB
5:00–5:45PM Youth Class
5:45–9:00PM Open Gym

THURSDAY

7:00–3:00PM Open Gym
3:00–5:00PM ELMS/F2G/UB
5:00–7:30PM Youth Classes
7:30–9:00PM Upward Bound

FRIDAY

7:00–12:00PM Open Gym
12:00–2:00PM Pickleball
2:00–3:00PM Open Gym
3:00–5:00PM ELMS/F2G/UB
5:00–6:30PM Family Playtime
6:30–9:00PM Open Gym

SATURDAY

9:00–12:00PM Family Open Gym
12:00–1:00PM B-Day Parties
1:00–2:30PM Open Gym
2:30–3:30PM B-Day Parties
3:30–5:00PM Open Gym

SUNDAY

9:00–12:00PM Open Gym
12:00–1:00PM B-day Parties
1:00–2:30PM Open Gym
2:30–3:30PM B-day Parties
3:30–5:00PM Open Gym

Youth/Family Gym Rules

- *For ages 12 and under
- *No dunking or hanging on the hoops/nets
- *No food or drink
- *Please put balls back in bag when done
- *No spitting, swearing, or inappropriate language
- *Any inappropriate use or abuse of the gym or equipment may result in termination of membership or guest privileges
- *All rules, regulations, and schedule are subject to change at the discretion of the YMCA without notice.
- *Have fun!!!!!!!

