

**In light of the pandemic COVID-19 Virus, we are taking precautions to keep our clinic a healthy space for you.**

To protect the health of our team and other patients, we kindly ask that you complete a **health self-assessment BEFORE you enter our clinic space.**

**What does this mean? Check to see if:**

- You are not feeling well from cold, flu or virus?
- Have a fever and/or onset of cough or difficulty breathing?
- You have traveled outside of Canada in the past 14 days?
- You have been in close contact with someone else who has traveled outside of Canada in the past 14 days?
- Have been in close contact with a person who you know to have been exposed to or has COVID-19?

**If you answer **YES** to any of the above,  
PLEASE DO NOT COME INTO THE CLINIC.**

Instead, contact us by phone (416) 431-9791 or by email at [info@bellesmeremassage.com](mailto:info@bellesmeremassage.com) to reschedule your appointment.

**We appreciate your understanding.**

**As always, our top priority is our patients' health and continued well-being.**