



Competitive Teams

Athletic teams available at each school.

	Badminton	Baseball/Softball	Basketball	Cheerleading	Curling	Football	Golf	Hockey	Rugby	Skiing	Soccer	Tennis	Track & Field	Wrestling	Volleyball	Other
Almonte District High School																
Athens District High School																Fishing
Brockville Collegiate Institute																Rowing
Carleton Place High School																Fitness
Char-Lan District High School																Archery
Cornwall Collegiate & Vocational School																Lacrosse
Gananoque Secondary School																Quiz Team
Glengary District High School																
North Dundas District High School																
North Grenville District High School																Fitness
Perth & District Collegiate Institute																
Rideau District High School																Fitness
Rockland District High School																Outdoor
Russell High School																Yoga
Seaway District High School																
Smith Falls District High School																
South Grenville District High School																Quiz Team
St. Lawrence Secondary School																Pole Vaulting
Tagwi Secondary School																
Thousand Islands Secondary School																Rowing
Vankleek Hill Collegiate Institute																Archery