

SPORTS MEDICINE & EXERCISE SCIENCE

TODAY

FUTURE

MCCC CAREER MAJOR

Academics

Exercise and Athletic Training
Fitness Evaluation and Assessment
Athletic Injuries and Prevention
Nutrition and Wellness

College Credit

Students have the opportunity to earn college credit in this program.

Goals

- **Earn High School Diploma**
- **Earn Industry Certifications**

MCCC Industry Certifications:

OSHA 10-HR General Industry Certification
American Heart Association CPR and First Aid

Early Placement | Internships

Physical Therapy Offices
Athletic Trainers
Health and Wellness Facilities
Strength and Conditioning Coaches
Personal Trainers

TECHNICAL CAREERS

Associate Degree

Sport and Exercise Studies
Physical Therapy Assistant
Occupational Therapy Assistant
Massage Therapy
Dietetic Assistant
Respiratory Therapy

Advanced Certifications

Certified Personal Trainer
Group Fitness Instructor
Health Coach

Bachelor Degree Required Certifications:

Certified Strength & Conditioning Specialist
Medical Exercise Specialist
Nutrition Specialist

Jobs with Work Experience & Advanced Certifications

Personal Trainer
Group Fitness Instructor
Health Fitness Specialist

PROFESSIONAL CAREERS

Bachelor Degree*

Exercise Science Study Tracks:

Pre-Physical Therapy, Pre-Physician Assistant, Corporate Wellness, Clinical Exercise Physiology, Health and Human Performance, Nutrition Science

Master Degree*

Athletic Training, Exercise Physiology, Public Health, Occupational Therapy

Doctoral Degree*

Health and Human Performance
Physical Therapy
Doctor of Chiropractic Medicine

Extensive Work Experience*

Health and Wellness Supervisor / Coordinator
Physical Therapist
Occupational Therapist
Athletic Trainer
Exercise Physiologist
Recreational Therapist
Sports Dietitian

*Examples only. Degrees and work experience options are extensive.

CAREER ROADMAP

