

## PreSurgical Recommendations

1. Prior to surgery we recommend a basic blood panel to evaluate kidney & liver health as well as check for signs of infection, anemia, or diabetes. This is ideally done a few days prior to surgery in case we need to adjust our surgical plans.
2. Please withhold food after 8pm the night before surgery to prevent nausea during/after anesthesia.
3. You can leave water out until the morning of surgery.
4. Should your pet be on medications please consult with us about whether to give them the morning of surgery or to bring them with you to the surgical appointment.
5. If you have any questions please contact us:
  - a. 919-494-5511
  - b. [info@youngsvilleanimalhospital.com](mailto:info@youngsvilleanimalhospital.com)

## Post Surgical Recommendations

1. Specific instructions will be reviewed with you when you pick your pet from surgery and they will be printed on your receipt
2. Make sure your pet is properly restrained when you leave the hospital. For cats, they should be in a secure carrier. For dogs they should be on a short leash or if small enough in a carrier.
3. Once your pet is home from surgery, you can offer him/her a small amount of water. Some pets do not drink much after surgery as they receive intravenous or subcutaneous fluids during surgery.
4. After a few hours at home, offer him/her a small amount of food. Anesthesia can make pets nauseated so they may not want to eat or may vomit if eat too much too fast. Your pet can resume normal feeding tomorrow however some pets may have a decreased appetite for 1-2 days following surgery. Some pets require special diets after surgery which will be discussed with you.
5. Your pet may not have a bowel movement for 24-36 hours after surgery. Don't panic, this is normal. Should your pet have diarrhea please contact us.
6. Following anesthesia your pet may be groggy therefore be cautious with stairs, exercise, or any situations that may lead to injury. Specific exercise restrictions will be discussed during your surgical discharge appointment.
7. Your pet will receive pain medications while in the hospital. Any medications that we dispense for your pet will be reviewed when you pick him/her up after surgery.
8. Some patients have sutures, drains, or bandages when they are discharged from the hospital. We will review how to care for these with you individually during your pet's discharge appointment.
9. If you have any concerns or questions about your pet after surgery, please contact us:
  - a. 919-494-5511
  - b. [info@youngsvilleanimalhospital.com](mailto:info@youngsvilleanimalhospital.com)