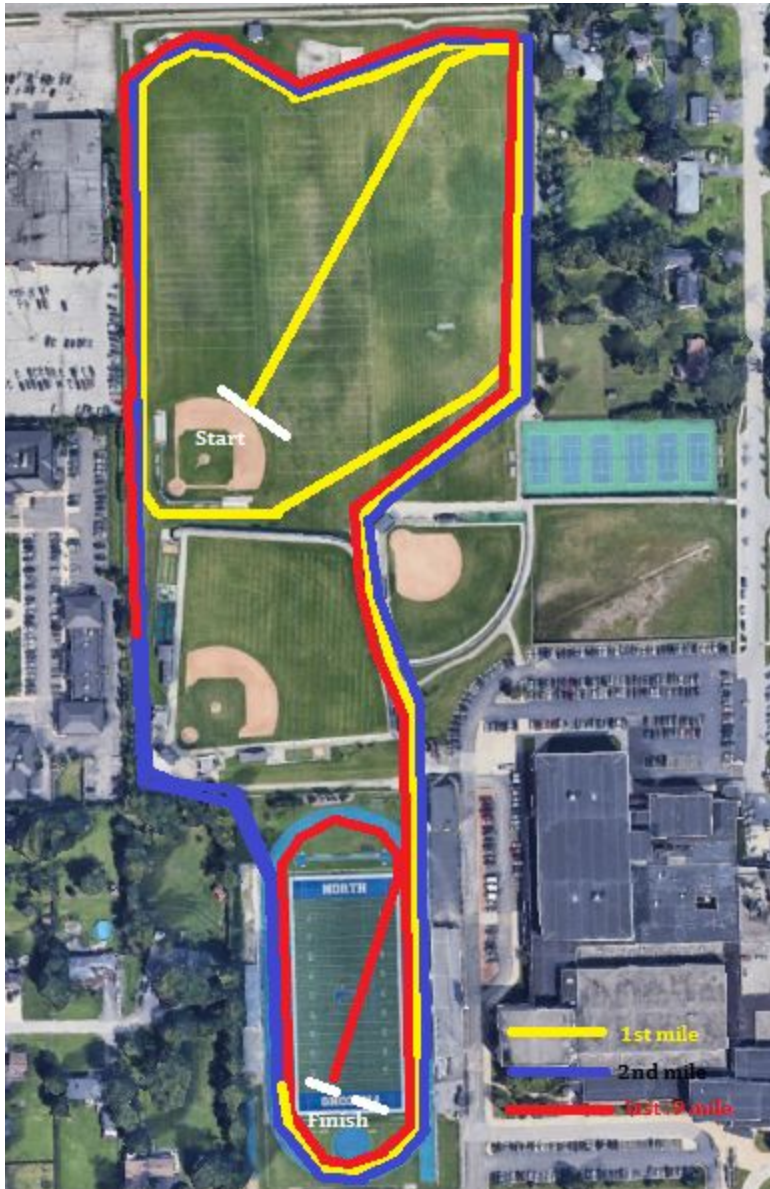


Wheaton North Cross Country Campus Course 2.9 Miles



1. Course is 1 small grass loop and 3 larger loops including the upper fields and track. Footing is good overall, but does include travelling over about 30 meters of asphalt on each of the larger loops. Spikes are still probably the preferred shoe. Finish is on the turf after one final lap on the track. Course is marked by a painted line, cones, and stakes.
2. Athletes will be asked to immediately exit the stadium after finishing, and are expected to have their mask available to put on while exiting. WN staff will be onsite to assist with this process.
3. Subsequent races will only be allowed to the starting line after all competitors from the previous race have exited the stadium/course.

Wheaton North Cross Country Campus Course

2.9 Miles



1. The visiting team camp will be in the memorial plaza in the front of school. Coaches are expected to supervise athletes to make sure they are masked and distanced as much as possible. It is recommended that teams schedule separate arrival times for busses if possible to cut down on camp congestion.
2. No one is permitted to enter the Wheaton North building. Bathrooms are located in the concession stand on the north end of the stadium. Our trainer will be located near the finish line inside the stadium.
3. Masks are required by coaches and competitors at all times except during races, when athletes may remove masks.
4. Once a race is over, those racers are to exit WN as soon as possible. Cool downs should be performed offsite if possible. Please **DO NOT** use the adjacent Northside Park to cooldown. We have been asked to limit our presence in the park as much as possible.