

GENEVA VIKINGS CROSS COUNTRY

Girls and Boys @ Grace Church of DuPage in Wheaton

Competing teams: Geneva, Batavia, Wheaton North, and Wheaton Warrenville South

*Bus time: Girls: Bus leaves at 2:00pm – plan on arriving 10 min earlier to check in.
Boys: Bus leaves at 2:45pm – plan on arriving 10 min earlier to check in.*

Spectators: Spectators will be allowed at each location, but all COVID protocols must be followed.

- 1. Everyone must wear a mask*
- 2. Non-family members must maintain 6' social distance, 30' from spectators from other schools' spectators and athletes, and 30' from the course.*
- 3. Spectators should arrive no earlier than 10 minutes before the race and leave ASAP afterwards.*
- 4. Spectators who travel to Wheaton must Register for contact tracing purposes.*

Girls' Race	Boys' Race
3:45pm	4:30pm
3.0 miles	3.0 miles
Lauren Hasty	Ben Calusinski
Lily Ryan	Brady Ahern
Mckenna Mertes	Isaiah Roeder
Lauren Verdecchia	Colby Coronado
Agnes Bolender	Adam Coats
Julianna Longo	Tim Archibald
Becca Spezzano	David Roeder
Kelsey Olson	

Bold names – Group Leaders

Please note the later and different bus times for the girls and boys, and each team should also plan to leave soon after their cooldown.

I know we are all looking forward to this meet for the course at Grace Church and also to compete against some solid competition. To make things more fun for this meet as well, this race is going retro with the jerseys, and we will be breaking out the classic Red, White, and Blue from the 90's.

Even while enjoying the retro vibes, we need to prepare to bring the competitive fire for the race. This is an excellent opportunity to put a good race together after our solid weeks of training. As the season continues, each meet builds with importance leading up to conference, and the post season meets. I think this race will be a great spring board to the second half of the season.

Run HAPPY!

Coach Raak