

GENEVA VIKINGS CROSS COUNTRY

Girls and Boys @ Camera Park

Competing teams: Geneva, Glenbard North, St. Charles North, and Lake Park.

Bus time: Boys: Bus leaves at 3pm after school
Girls: Bus leaves at 3:40pm after school – Plan to arrive 10 min earlier to check in.

Please note the different bus times for the girls and boys, and each team should also plan to leave soon after their cooldown.

Spectators: Spectators will be allowed at each location, but all COVID protocols must be followed.

1. Everyone must wear a mask
2. Spectators are only permitted on the path to the east of the competition area. Spectators should not be on any grassy areas or in team headquarters.
3. Non-family members must maintain 6' social distance, 30' from spectators from other schools' spectators and athletes, and 30' from the course.
4. Spectators should arrive no earlier than 10 minutes before the race and leave ASAP afterwards.
5. Spectators who travel to Glenbard North must [REGISTER AT THIS LINK](#) for contact tracing purposes.

Boys' Race	Girls' Race
4:30pm	5:30pm
2.88 miles	2.88 miles
Ben Calusinski	Lauren Hasty
Brady Ahern	Lily Ryan
Isaiah Roeder	Mckenna Mertes
Anthony Ross	Sarah Hahn
Colby Coronado	Lauren Verdecchia
Tim Archibald	Julianna Longo
Adam Coats	Agnes Bolender
Colin Opdyke	Becca Spezzano

Bold names – Group Leaders

This will be a great opportunity to finish off the school week with a race. We have been at Camera Park several times this season, and you should know this course well. You should identify key areas to stay focused and on your pace. This familiarity should also help you gauge and plan your efforts during the race. No matter the course, no matter the competition, you should always find a way to compete hard and push your limits. Let's seize this opportunity once again to compete in the sport we are so passionate about.

Run HAPPY!

Coach Raak