

**GENEVA VIKINGS CROSS COUNTRY  
GENEVA HIGH SCHOOL**

Race Information for Saturday October 21<sup>st</sup>  
State Regional – Hosted by West Chicago H.S.  
Kress Creek Farm, West Chicago, IL

Buses leave at 11:15 am – Arrive at GHS by 11:00 am. Non runners load, unload, etc.

Directions: Roosevelt Rd (Rt. 38) East to Joliet St. Turn right onto W. Joliet St. to Wilson St. The course is on the south side of Wilson St. Turn right to Kress Creek Farms. On Google Maps, it may show Manville Oaks.

Parking: Is available in the large open field just North of Wilson St. Manville Oaks. There will be people directing traffic and in key locations to help direct you to the race parking area. This is a bridge you can cross directly to the course.

Varsity Girls	Varsity Boys
1:00 3.0 Miles	2:00 3.0 Miles
<i>Sophia McDonnell</i>	<i>Josh Rodgers</i>
<i>Taryn Christy</i>	<i>Ryan Kredell</i>
<i>Grace Brolly</i>	<i>Kellen Cesarone</i>
<i>Andrine Larsen</i>	<i>Matt Hoskins</i>
<i>Lauren Hasty</i>	<i>Cole Montgomery</i>
<i>Brittany Caskey</i>	<i>Valdis Slokenbergs</i>
<i>Shannon Laukaitis</i>	<i>Aidan Carr-Clennon</i>
Alternates	
<i>Emily Belanger</i>	<i>Hayden Fogel</i>
<i>Sarah Pratt</i>	<i>Ben Calusinski</i>
<i>Holly Nusser</i>	<i>Aaron Dewey</i>
<i>Ebony Trout</i>	<i>Justin Bach</i>
<i>Sarah Mozden</i>	<i>Tom Rodgers</i>
	<i>Jacob Caballero</i>
	<i>Tim Archibald</i>

**Awards**

Ceremony: Approximately 2:45

Team: 1<sup>st</sup> Place Championship Plaque Individual: 1-5 Medals in each race

Teams placing 1-6 advance to the State Sectional meet on Saturday, October 28<sup>th</sup> at Waubonsie Valley HS in Aurora.

The top 5 individuals not on the 6 qualifying teams will also advance to State Sectional meet.

*Source of quotes are unknown*

*"When you finally think, say, feel, and decide you can, strange miracles start to happen."*

*"Let us run with endurance the race that is set before us."*

*"It's rude to count the people you pass. Out loud."*

*"Your biggest challenge isn't someone else. It's the ache in your lungs and the burning in your legs, and the voice inside you that yells "can't", but you don't listen. You just push harder, and then you hear the voice whisper "can" and you discover that the person you thought you were is no match for the one you really are."*