

GENEVA VIKINGS CROSS COUNTRY GENEVA HIGH SCHOOL

Race Information for Saturday September 9th – Wauconda CC Invitational

Matthews Middle School, 3500 Darrell Rd, Island Lake, IL

Directions: Rt 59 north into Wauconda. Exit right onto W. Liberty St/IL-176. Take 176 west to Darrell Rd. Turn north (right) on Darrell Rd to the school.

Buses leave GHS at 6:00 am, be at GHS by 5:45 am

The schedule of races begins at 8:30. The times listed for all the races are only a guide. Each race can start at the conclusion of the previous race.

Varsity Girls	Varsity Boys	F/S Girls	F/S Boys	Open Girls	Open Boys
8:30 am	9:00 am	9:30 am	10:00 am	10:30 am	11:00 am
3.0 Miles	3.0 Miles	3.0 Miles	3.0 Miles	3.0 Miles	3.0 Miles
Larsen	Rodgers J	Hasty	Dewey	Nikolic	Carr Clennon
McDonnell	Kredell	Pratt	Caballero	Zimny	Cordogan
Christy	Montgomery	Laukaitis	Rodgers T	Cahill	Fioresi
Brolly	Hoskins	Balc	Palmquist	Belzer	O'Connell
Nusser	Bach	Calabrese	Archibald	Moncrieff	Walinder
Mozden	Fogel		Roeder		Clancy
	Cesarone		Beck		Olenek
			Chadwell		Webster
			Coats		Hall
			Coronado		
			Styrna		
			Zimmerman		
			Gomez		
			Branstad		
Bold Name = Leader					

Girls not competing: Ruane, Foley, McVey, Belanger, McIlrath, Nowak, Stolfe, Trout, Caskey

Boys not competing: Calusinski, DeMarco, Slokenbergs

FS Boys, Girls & Boys Open teams will load the bus at GHS with the tents and supplies and set everything up at the meet. F/S Girls, Girls and Boys Varsity will take everything down, load the bus and put everything away at GHS. **Everyone not competing will help before and after the meet including getting splits, etc.**

Spectator Parking: Spectators will *NOT* be allowed to park at Matthews Middle School. Parking is available at either Robert Crown Elementary School, which is located at 620 W. Bonner Rd, Wauconda, IL or at Kemper Valve and Fittings Corporation located at 3001 N. Darrell Road, Island Lake, IL. There will be buses that will pick spectators up starting at 7:30 am and bring them to Matthews and also bring spectators back every 10 minutes.

The award ceremony will start at approximately 11:45 or after all the races have concluded.

Meet T-shirts are usually sold at invitational meets. Bring \$\$ if they are available and you'd like to purchase one.

Remember that our handbook states that you are expected to ride the bus to and from the meet unless other arrangements were made 7 days prior to the meet.

Remember to wait at the finish line for all of your teammates that ran with you in your race before heading back to the team tent.

"The winners in life think constantly in terms of I can, I will, and I am. Others, on the other hand, concentrate their waking thoughts on what they should have or would have done, or what they can't do."

Dennis Waitley