

## 2016 Girls Track & Field Qualifying Standards

Event	Class 1A	Class 2A	Class 3A
Long Jump	16-3	16-11.5	17-5
Pole Vault	9-4	9-7	10-3
High Jump	5-1	5-1	5-3
Shot Put	35-7	37-11	38-0
Triple Jump	33-6	34-9	35-10
Discus Throw	107-6	112-2	116-8
4X800 Relay	10:20.72	9:52.80	9:36.75
4 X 100 Relay	:51.99	:50.40	:49.50
3200 Meter Run	12:10.37	11:37.20	11:12.45
100 M-HH	:16.62	:15.90	:15.57
100 M. Dash	:12.97	:12.80	:12.64
800 M. Run	2:27.52	2:23.30	2:20.07
4 X 200 M. Relay	1:51.33	1:47.50	1:45.82
400 M. Dash	1:01.84	1:00.00	:59.29
300 M. LH	:48.81	:47.70	:46.78
1600 M. Run	5:33.69	5:20.90	5:11.50
200 M. Dash	:26.94	:26.30	:25.95
4 X 400 M. Relay	4:16.89	4:09.10	4:03.37