

Apopka Child Academy

Younger Three year old Schedule (5:30am-6:30pm)

5:30 – 8:30	Greeting/Hand washing/Breakfast/Center Exploring (All Centers Open) (Hand washing before & after meals.)
8:30 - 9:00	Opening Time/Literacy/ Handwriting Practice
9:00 - 9:30	Circle Time
9:30 - 9:45	Music and Movement/ Potty/ Handwashing
9:45-10:00	Spanish class
10:00 - 10:30	Outdoor Active Physical Play (Sand/Water Activities Available Daily)
10:30-11:00	Small Group Art Activities/Center Exploring (All centers Open)
11:00 – 11:30	Lunch (Hand washing before & after meals.)
11:30 – 12:00	Potty Time (Hand washing before & after)
12:00 – 2:00	Nap Time
2:00 – 2:30	Potty Time/ Wake up/Cleaning up from nap time/Story Time
2:30 – 3:00	Snack (Hand Washing before & after meals.)
3:00 - 3:30	Small Group Art Activities/Center Exploring (All centers Open)
3:30 – 4:00	Outdoor Active Physical Play (Sand/Water Activities Available Daily)
4:00 - 4:15	Handwashing/ Potty
4:15 - 4:30	Math/Science
4:30 – 5:00	Literacy Time / Handwriting Practice/Table tops
5:00 - 5:30	Center Exploring (All centers Open)
5:30 – 6:00	Tabletop/Floor Activities
6:00 - 6:30	Story Time
6:30 – 7:00	Outdoor Active Physical Play (Sand/Water Activities Available Daily)

This Schedule May Change to the Needs of the Children or due to any weather conditions

Alternate activity: Duck Duck Goose & Gross motor exercises such as hopping on one foot, stretching, rolling a softball.

Revised 3/2019