

Apopka Child Academy

Four year old Schedule (5:30am-6:30pm)

- 5:30 – 8:30 Greeting/Hand washing/Breakfast/Center Exploring
(All Centers Open) (Hand washing before & after meals.)
- 8:30 – 9:00 Opening Time/Hand Writing Practice
- 9:00 - 9:30 Sharing Circle
- 9:30 - 10:00 Small Group Art Activities/ Center Exploring (All Centers Open)
- 10:00 - 10:30 Hand Washing/ Story Time/ Potty Time
- 10:30 - 11:00 Outdoor Active Physical Play (Sand/Water Activities Available
Daily)
- 11:00 – 11:30 Lunch (Hand washing before & after meals.)
- 11:30 – 12:00 Restroom/Nap Preparation/Story
- 12:00 – 2:00 Nap Time
- 2:00 – 2:30 Wake up/Cleaning up from nap time/Story Time
- 2:30 – 3:00 Snack (Hand Washing before & after meals.)
- 3:00 – 4:00 Small Group Art Activities/Center Exploring (All centers Open)
- 04:00 – 4:30 Story Time/ Table Top Activities
- 4:30 - 5:00 Outdoor Active Physical Play (Sand/Water Activities Available Daily)
- 5:00 - 5:30 Music & Movement Activity/Alternative Activities also Available
- 5:30 – 6:00 Tabletop/Floor Activities
- 6:00 - 6:30 Story Time
- 6:30 – 7:00 Outdoor Active Physical Play (Sand/Water Activities Available Daily)

This Schedule May Change to the Needs of the Children or due to any weather conditions

Revised 3/2019