



Arizona

**2019 Free Directory of Human Services in Western Arizona
for La Paz, Mohave, and Yuma Counties**



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Food, Clothing & Help Paying Bills

Published by

2-1-1 Arizona

Dial 2-1-1 within Arizona or 1-877-211-8661 from anywhere

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Programs and services are listed in alphabetical order by county and city.

La Paz County listings start on page 3 for Parker.

Mohave County listings start on page 3 for Bullhead City, Fort Mohave, Kingman, Lake Havasu City, and Topock.

Yuma County listings start on page 6 for San Luis, Somerton, and Yuma.

La Paz County

Parker

Parker Community Senior Center

1115 W 12th St Parker AZ 85344-5711

Main: 928-669-9514

<http://www.townofparkerarizona.com/communitysenior-center.html>

Offers recreation and socialization activities for seniors including congregate and home delivered meals, and transportation including weekly van trips to Lake Havasu City.

Days and Hours of Operation: Vary; Mon-Fri 11:30am-12:30pm congregate meals

Eligibility: No restrictions

Intake: Call, visit center, or visit website

Fees: Vary

Languages Available: English

Mohave County

Bullhead City

Bullhead City Senior Center

2285 Trane Rd Bullhead City AZ 86442-5944

Main: 928-763-0193

Toll Free Meals on Wheels Pre-screening: 800-782-1886

<http://www.bullheadcity.com/departments/human-services-transit/senior-center>

Offers recreational programs, leisure time activities, educational programs, and special events for seniors. Provides congregate and home delivered meals for seniors.

Days and Hours of Operation: Mon-Fri 8am-4pm, Sat 10:30am-4pm, Sun noon-5pm

Eligibility: Seniors age 60 and older

Intake: Call, visit office, or visit website; call for Meals on Wheels pre-screening

Fees: Vary

Languages Available: English; Spanish available

Food for Families - Bullhead City Food Bank, Inc

590 Hancock Rd Bullhead City AZ 86442-4902

Main: 928-758-7717

Provides emergency food boxes to people in need. The Angel Food Ministry Program sells food at a discount.

Days and Hours of Operation: Tue-Fri 9am-2pm; 2nd, 4th Sat 9am-10am

Eligibility: Residents of Bullhead City, Fort Mohave, Golden Shores, Golden Valley, Mohave Valley, and Laughlin NV in need

Intake: Visit church. Must bring photo ID and proof of address.

Fees: None

Languages Available: English, Spanish

Mohave County Department of Public Health

Senior Programs Division - Bullhead City

2275 Trane Rd Bullhead City AZ 86442-5944

Main: 928-758-0718

<http://www.mohavecounty.us>

Provides congregate meals and meals delivered to homes for those unable to travel, and transportation for seniors and people who are medically frail.

Days and Hours of Operation: Mon-Fri 8am-4pm

Eligibility: Seniors age 60 and older and spouses of eligible clients

Intake: Call or visit office

Fees: None; accepts donations

Languages Available: English, Spanish

The Salvation Army Family Services - Bullhead City/Laughlin

1461 Palma Rd Bullhead City AZ 86442-6782
Main: 928-758-3141

Provides food boxes and baby formula to people in need in the Bullhead City, AZ and Laughlin, NV area.

Days and Hours of Operation: Mon, Wed, Thu, Fri 9am-noon

Eligibility: People who live in zip codes 86413, 86436, 86426, 86429, 86440, 86442, 89028, and 89029

Intake: Call for appointment

Fees: None

Languages Available: English

Veterans Resource Center - Bullhead City

1343 Hancock Rd Bullhead City AZ 86442-5909
Main: 928-444-1135

<http://www.vetsresource.org>

Provides services for households with a veteran with other than a dishonorable discharge whose income is below 50% of the area median income and is homeless or at risk of becoming homeless but seeking stable housing within 90 days. Services include Supportive Services for Veteran Families (SSVF), case management, pre-employment assistance, moving expenses assistance, emergency housing, child care, transportation expense assistance, community referrals, rental assistance, and utilities assistance.

Days and Hours of Operation: Mon-Fri 8am-5pm

Eligibility: Households with a veteran with other than a dishonorable discharge who has served at least 1 day of active duty and whose income is below 50% of the area median income and is homeless or at risk of becoming homeless and seeking stable housing within 90 days

Intake: Call, email, or visit office

Fees: None

Languages Available: English

Fort Mohave

Caring Hearts Food Ministry

4195 S Lynn Dr Fort Mohave AZ 86426-6221

Main: 928-758-6059

<http://www.caringheartsfoodbank.com>

Provides food boxes to people in need. Operation Feed Our Vets offers a Veteran's Pack with personal items monthly to veterans and their families. Food box delivery may be available.

Days and Hours of Operation: Mon, Fri 9am-noon general public; 2nd, 4th Thu 9am-noon veterans and their families

Eligibility: People in need

Intake: Call or visit office

Fees: None

Languages Available: English

Kingman

Cornerstone Mission Project Basic Needs

3049 Sycamore Ave Kingman AZ 86409-3615

Main: 928-757-5312

<http://www.cornerstonemissionaz.org>

Provides a soup kitchen, food boxes, and showers for people in need. Provides information about and referrals to community resources.

Days and Hours of Operation: Daily 9am-3pm intake and most services; daily 4pm-6pm meals

Eligibility: People in need

Intake: Visit shelter

Fees: None

Languages Available: English

Jerry Ambrose Veterans Council of Mohave County, Inc

3150 Ald St Kingman AZ 86401

Main: 928-377-2487

<http://www.javc.org>

Provides services to US Military active duty members, veterans, and their families. Services include a women's program; spiritual program; navigation services to available services; and cash assistance as funds allow for utilities, auto repairs, rent, security deposits, and transportation. Also facilitates annual Veterans Stand Down in Bullhead City and leads the Veterans Resource Team in the Kingman Regional Veterans Treatment Court.

Days and Hours of Operation: Daily 9am-9pm

Eligibility: Active duty military members, veterans, and their families in Mohave County. Also supports individuals and organizations that are proactive military veterans support.

Intake: Call or visit website

Fees: None

Languages Available: English

Kingman Area Food Bank

2930 E Butler Ave Kingman AZ 86409-2030

Main: 928-757-4165

Provides emergency food boxes once every 30 days if needed.

Days and Hours of Operation: Mon, Tue, Thu, Fri 8am-12:45pm

Eligibility: People with income at or below 185% of Federal Poverty Guidelines

Intake: Visit office; must bring photo ID

Fees: None

Languages Available: English

Mohave County Community Nutrition Program

700 W Beale St Kingman AZ 86401-5711

Main: 928-753-0794

<http://www.mohavecounty.us>

Provides nutrition education programs to area elementary schools, and a small commodity food program. Offers congregate meals and meals delivered to homes for those unable to travel, and transportation for seniors and people who are medically frail.

Days and Hours of Operation: Mon-Fri 8am-5pm

Eligibility: No restrictions

Intake: Call or visit office

Fees: Vary

Languages Available: English, Spanish

The Salvation Army - Kingman Service Center

309 E Beale St Kingman AZ 86401-5831

Main: 928-718-2600

<http://kingman.salvationarmy.org>

Provides supplemental food, clothing, and utility assistance to people in need.

Days and Hours of Operation: Mon, Fri 9am-4pm; Tue-Thu 9am-4:30pm. Tue-Fri 9am-12:30pm supplemental food and clothing. Utility assistance by appointment.

Eligibility: People with income at or below 185% of the Federal Poverty Guidelines

Intake: Call for an appointment for utility assistance; visit office for other services. Must bring identification and proof of residence and income to receive services.

Fees: None

Languages Available: English

Lake Havasu City

Lake Havasu Senior Center

450 Acoma Blvd S Lake Havasu City AZ 86406-7786

Main: 928-453-0715

<http://lakehavasuseniorcenter.com>

Provides services for seniors including socialization and recreation programs, phone friends, computer access, and congregate and home delivered lunches. Offers congregate meals and meals delivered to homes for those unable to travel, and transportation for seniors and people who are medically frail.

Days and Hours of Operation: Mon-Fri 8am-4pm

Eligibility: Seniors age 60 and older and spouses of eligible clients

Intake: Call central intake for homebound meals. Sign up for congregate meals at the center.

Fees: \$3 donation for lunch, \$1 per activity

Languages Available: English

The Salvation Army - Lake Havasu City

2049 Swanson Ave Lake Havasu City AZ 86403-6727

Main: 928-680-3678

<http://www.facebook.com/SalvationArmy.LakeHavasu>

Provides rent payment assistance, electric and water utility bill payment assistance, clothing vouchers, food boxes, and personal hygiene items. Offers spiritual counseling and worship services.

Days and Hours of Operation: Mon-Fri 8am-4pm; appointments available at other times

Eligibility: No restrictions

Intake: Call

Fees: None

Languages Available: English

Topock

Mohave County Department of Public Health Senior Programs Division - Topock

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13136 Golden Shores Pkwy Topock AZ 86436

Main: 928-768-2421

<http://www.mohavecounty.us>

Provides congregate meals and meals delivered to homes for those unable to travel, and transportation for seniors and people who are medically frail.

Days and Hours of Operation: Mon-Fri 8am-4pm

Eligibility: Seniors age 60 and older and spouses of eligible clients

Intake: Call or visit office

Fees: None; accepts donations

Languages Available: English, Spanish

Yuma County

San Luis

PPEP Human Services Department - San Luis

731 N 1st Ave San Luis AZ 85349

Main: 928-627-3203

<http://www.ppep.org>

Provides emergency financial assistance for rent and utilities, and referrals for other needed services.

Days and Hours of Operation: Mon-Fri 8am-5pm

Eligibility: Farmworkers in Yuma County on low income who are in need

Intake: Call for appointment

Fees: None

Languages Available: English, Spanish

Somerton

Desert Valley Senior Center

245 S Bingham Ave Somerton AZ 85350-6324

Main: 928-627-9878

http://www.somertonaz.gov/departments/parks___recreation/senior_program.php

Senior center provides various physical activities, games, local field trips, arts and crafts, and dancing. Also provides breakfast and lunch congregate meals.

Days and Hours of Operation: Mon-Fri 7am-2pm center; Mon-Fri 8am-9am breakfast; Mon-Fri 11:30am-noon lunch

Eligibility: Adults age 65 and older

Intake: Call, visit office, or visit website

Fees: None for membership; \$3 for meals

Languages Available: English, Spanish

Housing America Corporation Financial Assistance Program

130 N State Ave Somerton AZ 85350

Main: 928-627-4221

<http://www.housingamericacorp.com>

Provides financial assistance to pay for rent, electricity, gas, and water for farmworkers in need.

Days and Hours of Operation: Mon-Fri 8am-noon, 1pm-5pm

Eligibility: Farmworkers on very low to moderate income

Intake: Call for appointment

Fees: None

Languages Available: English, Spanish

PPEP Farmworker Housing Assistance Program

201 N Bingham Ave Somerton AZ 85350

Main: 928-627-3203

<http://www.ppep.org>

Provides housing services for migrant and seasonal farm workers with low incomes. Includes housing search assistance, case management, and limited financial assistance for rent.

Days and Hours of Operation: Mon-Fri 8am-5pm

Eligibility: Farmworkers in Yuma County

Intake: Call

Fees: None

Languages Available: English, Spanish

Yuma

The Salvation Army Social Services

600 W Catalina Dr Yuma AZ 85364-8011

Alternate: 928-783-0181

Alternate: 928-782-0181

<http://www.yuma.salvationarmy.org>

Provides financial assistance for gas, heating fuel, water, and electric bills to people with utility shut-off notices and for bus tickets. Also provides emergency food boxes and sandwiches to those in need.

Days and Hours of Operation: Mon-Fri 8:30am-5pm

Eligibility: People in need

Intake: Call or visit office

Fees: None

Languages Available: English, Spanish

WACOG Utility Assistance Program

1235 S Redondo Center Dr Yuma AZ 85365-2039

La Paz & Yuma Counties: 928-782-1886

Toll Free Mohave County: 855-433-4989

http://www.wacog.com/utility_assistance.html

Provides finance assistance to pay for electric, gas, propane, wood, and coal for people with low income. Also provides assistance for water bills during the summer for people with evaporative coolers.

Days and Hours of Operation: Mon-Fri 8am-5pm Mohave and Yuma Counties; Tue 10am-1pm by appointment only La Paz County

Eligibility: People on low income; must bring proof of citizenship

Intake: Call for intake

Fees: None

Languages Available: English, Spanish

Yuma Community Food Bank

2404 E 24th St Yuma AZ 85365-2617

Main: 928-343-1243

<http://www.yumafoodbank.org>

Provides food boxes to people on low income and supplemental food commodities for seniors. Also provides summer food program for students.

Days and Hours of Operation: Mon-Fri 8am-4pm
administration; Mon-Fri 9am-2pm program

Eligibility: People in need in Yuma County; must have income at or below 185% of Federal Poverty Guide Lines

Intake: Visit office

Fees: None

Languages Available: English, Spanish

Yuma Senior Nutrition and Adult Center

160 E 1st St Yuma AZ 85364-1404

Main: 928-782-4489

<http://www.ccs-soaz.org>

Provides various activities for adults. Also provides meals for seniors and adults with disabilities.

Days and Hours of Operation: Mon-Fri 8am-4pm

Eligibility: Seniors and adults with disabilities

Intake: Call for intake

Fees: Vary

Languages Available: English, Spanish