



Arizona

**2019 Free Directory of Human Services in Northern Arizona
for Apache, Coconino, Navajo, and Yavapai Counties**



2019 Free Directory of Human Services in Northern Arizona for Apache, Coconino, Navajo, and Yavapai Counties

Food, Clothing & Help Paying Bills

Published by

2-1-1 Arizona

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Programs and services are listed in alphabetical order by county and city.

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Coconino County listings start on page 4 for Flagstaff, Fredonia, Page, Sedona, and Williams.

Navajo County listings start on page 7 for Holbrook, Overgaard, Pinetop, Show Low, Snowflake, Whiteriver, and Winslow.

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Apache County

Concho

Old Concho Community Assistance Center

35432 Highway 180A Concho AZ 85924

Main: 928-337-5047

Provides emergency food, pick-up of applications for weatherization, emergency rent payment assistance, homeless housing programs, and case management. Provides one time payments of past due utility bills and assists in heat and energy assistance such as propane, firewood, wood pellets, and generator gas. Provides assistance with utility deposits. Thrift store sells clothing and household goods.

Days and Hours of Operation: Mon-Thu 9am-4pm office; 1st, 3rd Wed 9am-2pm food bank; Mon-Thu 9am-2pm thrift store

Eligibility: People with low income and those experiencing homelessness

Intake: Call

Fees: None for most services; thrift store prices vary

Languages Available: English

Fort Defiance

Navajo Area Agency on Aging - Region VII

Facilities Maintenance Fort Defiance AZ 86504

Main: 928-729-4520

www.naaa.navajo-nsn.gov

Provides services including senior centers, senior group homes, health insurance benefit assistance and counseling including assistance with applying for AHCCCS, home delivered and congregate meals, transportation, supportive services, respite care, and Alzheimer's disease patient services.

Days and Hours of Operation: Mon-Fri 8am-5pm

Eligibility: Seniors age 60 and older

Intake: Call

Fees: None; accepts donations

Languages Available: English, Navajo

Saint Johns

Saint Johns Concho Senior Citizens Association

395 S 1st St West Saint Johns AZ 85936

Main: 928-337-2144

www.facebook.com/stjohnsaz.srcenter

Provides programs for seniors including congregate and home delivered meals. Distributes nutritional food boxes once per month.

Days and Hours of Operation: Mon-Thu 8:30am-2pm, Mon-Thu noon-12:30pm lunch

Eligibility: Seniors age 60 and older and their spouses

Intake: Call, email, visit center, or write

Fees: None for most services; vary for lunch

Languages Available: English, Spanish

Springerville

Round Valley Senior Center

356 S Papago St Springerville AZ 85938-5200

Main: 928-333-2516

Senior Transportation: 928-245-2528

www.springervilleaz.gov/your-government/community-services/senior-services

Provides utility payment assistance, food boxes, and case management for people on low income. Senior center provides social activities, congregate meals, home delivered meals to older adults and people with disabilities, Medicare counseling, minor housing repairs, and transportation to doctor appointments and shopping.

Days and Hours of Operation: Mon-Thu 11:30am congregate meals; Tue 10:30am-12:30 food boxes; other service times vary

Eligibility: Seniors and people with low income in Eagar, Springerville, and surrounding areas

Intake: Call or visit center

Fees: Vary

Languages Available: English

Window Rock

Navajo Area Agency on Aging Senior Citizen Center Program

Various locations Window Rock AZ 86515

Chinle: 928-674-2369

Fort Defiance: 928-729-4173

Tuba City: 928-283-3351

www.naaa.navajo-nsn.gov/senior_citizen_cntr.html

Provides senior centers with hot lunches, and Meals on Wheels home delivered meals to homebound and high-risk seniors. Offers recreational programs for seniors.

Transportation is available to seniors to and from senior centers for meals and for shopping, Social Security appointments, medical appointments, etc., and as needed and available for emergencies.

Days and Hours of Operation: Mon-Fri 8am-4pm

Eligibility: Seniors age 60 and older and their spouses regardless of age and people of any age with disabilities living in a home with a person age 60 and older

Intake: Call

Fees: Vary

Languages Available: English, Navajo

Coconino County

Flagstaff

Coconino County Community Services

Department Senior Services

2625 N King St Flagstaff AZ 86004-1884

Main: 928-679-7453

www.coconino.az.gov/seniorservices

Provides home care services to seniors including housekeeping, personal care, and respite. Also provides assistance to apply for Arizona Long Term Care System (ALTCs), Medicare Cost Share prescription assistance, Telephone Assistance Programs (TAP), and other benefits. Offers information about and referrals to community

resources such as eviction prevention, clothing, food, health care, home repairs, hospice, elder rights and protection, senior centers, transportation, utility payment and discounts, volunteer opportunities, and widow/widower tax exemptions.

Days and Hours of Operation: Mon-Fri 8am-5pm

Eligibility: Coconino County residents age 60 and older for meals, adults with disabilities for in-home assistance

Intake: Call; income eligibility and/or proof of income may be required.

Fees: Meals are \$4 donation for seniors age 60 or older and their spouses, \$5 for others

Languages Available: English, Spanish

Flagstaff Family Food Center

3805 E Huntington Dr Flagstaff AZ 86004-9450

Main: 928-526-2211

www.hotfood.org

Distributes food to nonprofit agencies and administers food and other social service programs. Provides food boxes twice per month to families and individuals in need.

Days and Hours of Operation: Tue-Sat 9am-1pm

Eligibility: Nonprofit agencies for food bank; Flagstaff residents in need for food boxes

Intake: Call or visit facility; bring photo ID or utility bill with your current address for food boxes

Fees: None

Languages Available: English

Flagstaff Family Food Center and Kitchen

1903 N 2nd St Flagstaff AZ 86004-4206

Main: 928-774-3188

www.hotfood.org

Offers hot meals, sack lunches, and a children's literacy program.

Days and Hours of Operation: Daily 10am-2pm sack lunch, daily 4pm-5:30pm hot meals, daily 4pm-5:30pm children's literacy programs

Eligibility: Flagstaff residents in need. Must have picture ID and proof of local address for emergency food boxes.

Intake: Call or visit facility

Fees: None

Languages Available: English

Flagstaff Shelter Services Day Resource Center

4185 E Huntington Dr Flagstaff AZ 86004-9404

Main: 928-225-2533

www.flagshelter.org

Provides a resource center for adults who are homeless. Services include sack lunches, clothing, hygiene supplies, shower facilities, use of telephone, message service, temporary mailing address, case management, and referrals for other services.

Days and Hours of Operation: Daily 9am-2pm

Eligibility: Adult men and women who are homeless

Intake: Visit shelter

Fees: None

Languages Available: English

NACA Supportive Services Program

2717 N Steves Blvd Ste 11 Flagstaff AZ 86004-3959

Main: 928-526-2968

www.nacainc.org

Provides case management, sack lunches, food boxes, and emergency financial assistance.

Days and Hours of Operation: Mon-Fri 8am-noon, 1pm-5pm

Eligibility: Native Americans

Intake: Call or visit office

Fees: None

Languages Available: English

Sunshine Rescue Mission Community Outreach Center

124 S San Francisco St Flagstaff AZ 86001-5739

Main: 928-774-3512

www.srm-hc.org

Provides clothing, food boxes, and meals for families and individuals in need. Attendance at the chapel service is encouraged.

Days and Hours of Operation: Daily 7am, noon, 6pm meals; Mon-Fri 4pm-5pm food boxes and clothing

Eligibility: Anyone in need of food, clothing, and spiritual guidance

Intake: Visit mission

Fees: None

Languages Available: English; limited Spanish

The Salvation Army - Flagstaff

507 N Humphreys St Flagstaff AZ 86001-3055

Main: 928-774-1403

arizona.salvationarmy.org/arizona/flagstaff_corps_community_center_page

Provides assistance for people in need in Flagstaff and Tuba City. Assistance includes emergency food boxes, sack lunches, utility bill and rent payment assistance, hygiene items, and referrals to additional resources. Offers shopping trip for back-to-school clothing shopping and school supplies. Also provides Thanksgiving and Christmas food boxes, and gifts for youth age 16 and younger.

Days and Hours of Operation: Mon-Thu 9am-5pm; mid-Jul registration for back-to-school shopping; Oct registration for Thanksgiving and Christmas assistance

Eligibility: People in need in Flagstaff and Tuba City

Intake: Call for intake; must bring photo ID

Fees: None

Languages Available: English, Spanish

Fredonia

Fredonia Senior Citizen Center

80 N 100 W Fredonia AZ 86022

Main: 928-643-7278

www.fredoniaaz.net/departments/seniorcitizencenter.aspx

Provides services for seniors including congregate and home delivered meals, social activities, case management, transportation, and blood pressure checks.

Days and Hours of Operation: Mon-Fri 8am-1pm

Eligibility: Seniors

Intake: Call or visit office

Fees: None

Languages Available: English, Spanish

Page

Page Community Center

699 S Navajo Dr Page AZ 86040

Main: 928-645-2600

www.cityofpage.org/departments/community-center

Provides recreational and socialization activities including exercise classes and crafts for adults age 20 and older. Offers Wi-Fi and internet access. Provides congregate meals for older adults.

Days and Hours of Operation: Mon-Fri 10am-3pm

Eligibility: Page residents and visitors

Intake: Call, visit center, or visit website

Fees: Vary

Languages Available: English, Navajo

Sedona

The Salvation Army Sedona Service Extension Unit

Sedona AZ

Main: 928-282-7800

www.sedonasalvationarmy.com

Provides assistance once a year to qualifying residents of Sedona and Village of Oak Creek. Assistance includes rent payments, gasoline and transportation payment assistance, food boxes, prescription purchases, and other assistance as available.

Days and Hours of Operation: Daily 9am-5pm

Eligibility: Qualifying residents of Sedona and Village of Oak Creek in ZIP Codes 86336 and 86351

Intake: Call or write for qualification criteria

Fees: None

Languages Available: English, Spanish

Williams

Williams Senior Center

850 W Grant Ave Williams AZ 86046-2276

Main: 928-679-7480

www.williamsaz.gov

Provides lunches on weekdays for seniors. Also provides recreational activities, socialization, and special events.

Days and Hours of Operation: Mon-Fri 8am-5pm center; Mon-Fri noon meals

Eligibility: Older adults age 60 and older

Intake: Call, visit center, or visit website

Fees: Vary

Languages Available: English

Navajo County

Holbrook

Good Shepherd Center Catholic Charities

Holbrook, AZ

Holbrook AZ

Main: 928-524-9720

www.catholiccharitiesgallup.com

Provides rent and utilities assistance, daily lunch, canned or dry goods, and food boxes during Thanksgiving and Christmas to people in need.

Days and Hours of Operation: Vary

Eligibility: People in need with a special focus on Native Americans. Families with children, income, and a shut off notice for utility assistance or an eviction notice for rent.

Intake: Call

Fees: None

Languages Available: English

Holbrook Emergency Food Bank

216 E Joy Nevin Ave Holbrook AZ 86025-2924

Main: 928-524-6044

Provides emergency food boxes for people in need.

Days and Hours of Operation: Mon-Thu 1pm-3pm, Fri 1pm-2pm

Eligibility: People in need

Intake: Call or visit food bank

Fees: None

Languages Available: English, Navajo, Spanish

Overgaard

Our Lady of the Assumption Church Food Pantry

3048 Hwy 277 Overgaard AZ 85933

Main: 928-535-5329

www.ladyoftheassumption.com

Provides two food boxes per month to people in need.

Days and Hours of Operation: 2nd Wed, 3rd Mon 8am

Eligibility: People in need

Intake: Call

Fees: None

Languages Available: English

Rim Country Senior Center

2171 B St Overgaard AZ 85933

Main: 928-535-5525

Provides congregate and home delivered meals, recreation and socialization, and transportation for seniors.

Days and Hours of Operation: Mon-Fri 9am-1pm

Eligibility: Seniors age 55 and older or those expressing interest or concern in the senior center

Intake: Call or visit center

Fees: None; accepts donations

Languages Available: English

Pinetop

Love Kitchen

1715 S Penrod Ln Pinetop AZ 85935

Main: 928-367-6505

www.lovekitchenaz.com

Provides lunches and food boxes for those in need.

Days and Hours of Operation: Mon-Fri 11:30am-1pm lunch; Wed 11:30pm-12:30pm food boxes

Eligibility: People in need

Intake: Call or visit office

Fees: None

Languages Available: English

White Mountain Catholic Charities

2019 E White Mountain Blvd Pinetop AZ 85935
Main: 928-367-2244

Provides food, clothing, utilities assistance, and eviction prevention financial assistance to individuals and families in need who meet Arizona poverty guidelines.

Days and Hours of Operation: Mon, Wed, Fri 8am-4pm
Eligibility: Must meet State of Arizona poverty guidelines; must have photo ID
Intake: Call
Fees: None
Languages Available: English

Show Low

Show Low Senior Center

301 E McNeil Show Low AZ 85901-5952
Main: 928-532-0656
az-showlow.civicplus.com/778/senior-center

Provides various activities for seniors. Also provides hot meals for purchase to children and adults.

Days and Hours of Operation: Mon-Fri 8am-4pm mid May-mid Oct; Mon-Fri 8am-3pm mid Oct-mid May center. Mon-Thu 11:30am-12:30 pm meals
Eligibility: Seniors age 50 and older for activities; meals open to all
Intake: Call or visit center
Fees: Annual membership dues; \$7 meals
Languages Available: English

White Mountain Meals on Wheels

301 E McNeil Show Low AZ 85901-0301
Main: 928-532-0656
www.whitemountainmealsonwheels.com

Delivers hot meals to seniors and people with disabilities who are home-bound.

Days and Hours of Operation: Mon-Fri 8am-3pm
Eligibility: Seniors and people with disabilities

Intake: Call
Fees: None; accepts donations
Languages Available: English

Snowflake

Shepherd's Kitchen and Thrift of the White Mountains

344 W 4th St S Snowflake AZ 85937-5240
Main: 928-536-3086
www.azshepherd.org

Provides food boxes, clothing, and referrals to local agencies for people in need. Thrift store sells clothing and household goods to the general public.

Days and Hours of Operation: Tue-Fri noon-3:20pm food bank; Mon-Fri 9am-4pm thrift store
Eligibility: People in need
Intake: Call or visit agency; must bring photo ID and proof of residence
Fees: None for services; thrift store prices vary
Languages Available: English, Spanish

Silver Creek Senior Center

1658 S Main St Snowflake AZ 85937
Main: 928-536-2222
ci.snowflake.az.us/community-info/silver-creek-senior-center

Provides recreational, socialization, social services, educational programs, home delivered meals, and congregate meals for older adults.

Days and Hours of Operation: Mon-Fri 8am-4pm; Mon-Fri noon-1pm lunch
Eligibility: Older adults
Intake: Call or visit center
Fees: Vary
Languages Available: English

Whiteriver

White Mountain Apache Food Distribution Program

1101 S Maverick Ave Whiteriver AZ 85941

Main: 928-338-4964

www.wmahousingauthority.org

Provides monthly food packages to eligible households.

Days and Hours of Operation: Mon-Fri 8am-4pm

Eligibility: White Mountain Apache Tribal Members living on reservation; based on income level, family size and other economic factors; food distribution program open to non-tribal members living on Fort Apache reservation who meet financial requirements

Intake: Call or write for information; bring proof of household income

Fees: None

Languages Available: Apache, English

Winslow

Winslow Council on Aging

212 E Second St Winslow AZ 86047-3841

Main: 928-289-3341

[Facebook.com](https://www.facebook.com)

Provides home delivered meals, transportation, home care services, exercise classes, health/wellness workshops, community food bank, senior activities, and bingo primarily for adults age 60 and older, but adults of any age are welcome to participate.

Days and Hours of Operation: Mon, Wed, Fri 9am-5pm; Tue, Thu 9am-3pm administration. Mon, Wed, Fri 3:30pm-5pm food distribution. 2nd Thu, 3rd Tue, and 3rd Thu Commodity Supplemental Food Program.

Eligibility: Preference is given to adults age 60 and older, but adults of any age are welcome to participate.

Intake: Call or visit office

Fees: Vary

Languages Available: English, Navajo, Spanish

Yavapai County

Camp Verde

Bread of Life Missions, Inc

395 S Main St Camp Verde Community Center Camp Verde AZ 86322-7272

Main: 928-567-6931

www.bolmaz.org

Provides food and commodity boxes and hot, nutritious meals to people in need in Yavapai County.

Days and Hours of Operation: Tue 5:30pm food distribution and meals

Eligibility: People in need in Yavapai County

Intake: Call or visit center

Fees: None

Languages Available: English, Spanish

Seventh Day Adventist Community Services Center - Camp Verde

1406 N Boot Hill Dr Camp Verde AZ 86322-7425

Main: 928-567-4281

campverde22.adventistchurchconnect.org

Provides emergency food boxes, clothing, blankets, and bedding.

Days and Hours of Operation: Wed 9am-1pm

Eligibility: People in need

Intake: Visit office

Fees: None

Languages Available: English

Yavapai-Apache Nation Food Bank

3364 Hamaley Ave Camp Verde AZ 86322

Main: 928-649-7125

www.yavapai-apache.org

Provides food to members of the Yavapai-Apache Nation in need.

Days and Hours of Operation: Mon-Fri 8am-5pm

Eligibility: Members of the Yavapai-Apache Nation in need

Intake: Call or visit office

Fees: None

Languages Available: English

Chino Valley

Chino Valley Food Bank

840 E Road 1 South Chino Valley AZ 86323

Main: 928-636-8478

www.facebook.com/chinovalleyfoodbank

Provides emergency food boxes once a month to people in need. Also distributes weekly bread and produce.

Days and Hours of Operation: Mon, Wed, Fri 11am-2pm

Eligibility: People in need

Intake: Visit office

Fees: None

Languages Available: English, Spanish

Chino Valley Senior Center

1021 W Butterfield Rd Ste 501 Chino Valley AZ 86323

Main: 928-636-9114

www.chinoaz.net/275/senior-center

Provides daily lunches and recreational and social activities for seniors. Delivers Meals on Wheels food to people who are homebound. Provides transportation for seniors to social events and medical appointments.

Days and Hours of Operation: Vary

Eligibility: Seniors only for most services; people who are homebound for Meals on Wheels

Intake: Call, visit center, or visit website

Fees: Vary

Languages Available: English, Spanish

Cottonwood

Verde Valley Senior Center

500 E Cherry St Cottonwood AZ 86326

Main: 928-634-5450

www.verdevalleyseniorcenter.org

Offers recreational activities, wellness clinics, legal assistance, hot meals, and home-delivered meals for seniors.

Days and Hours of Operation: Mon-Fri 8am-4pm

administration; Mon-Fri noon-1pm congregate meals

Eligibility: Seniors age 60 and older and their spouses

Intake: Call or visit center

Fees: \$1/person per activity; \$5 contribution for home

delivered or congregate meals age 60 and older; \$8

contribution for home delivered or congregate meals age 59 and younger

Languages Available: English; Spanish may be available

Yavapai County Food Plus Program - Cottonwood

10 S 6th St Cottonwood AZ 86326-4236

Main: 928-639-8134

www.yavapaihealth.com

Provides supplemental food commodities for seniors.

Days and Hours of Operation: Mon-Fri 8am-5pm

Eligibility: Seniors age 60 and older on low income

Intake: Call

Fees: None

Languages Available: English

Mayer

Mayer Area Meals on Wheels

10051 S Miami St Mayer AZ 86333

Main: 928-632-7511

www.facebook.com/pg/mayerareamealsonwheels

Senior center provides congregate hot meals and weekly surplus food. Also provides social activities including games, coffee visits, crafts, and more. Offers blood pressure checks, seasonal flu shots, and advocacy for legal and Medicare issues. Delivers meals to those who are homebound.

Days and Hours of Operation: Mon-Fri 8am-2pm administration and most services, Mon-Fri 11:30am-12:30pm congregate meals; Wed surplus food program

Eligibility: Seniors age 60 and older in Mayer and surrounding area

Intake: Call or visit office

Fees: None

Languages Available: English

Prescott

First Baptist Church Reach Out Program

148 S Marina St Prescott AZ 86303-4702

Main: 928-778-9790

www.fbcprescott.org

Provides services for people in need in Chino Valley, Prescott, and Prescott Valley. Services include emergency food boxes, meals, clothing, and financial assistance for rent, utility and water bills.

Days and Hours of Operation: Mon, Thu 1pm-3pm clothing and food boxes; Wed 8am-11:30am food boxes and financial assistance; Mon 4:15pm meals served

Eligibility: People in need in Chino Valley, Prescott, and Prescott Valley

Intake: Call for an appointment

Fees: None

Languages Available: English

Little Tree House, The

505 W Gurley St Prescott AZ 86301-3617

Main: 928-778-1950

www.prescottumc.com

Provides assistance for low income families with children age 18 and younger. Services include food boxes, and lunches and a play area for children.

Days and Hours of Operation: Tue, Thu 10am-2pm

Eligibility: Low income families with children age 18 and younger

Intake: Visit church; bring a form of ID with each child's name and birthdate

Fees: None

Languages Available: English; Spanish available

Prescott Community Cupboard Food Bank, Inc

434 W Gurley St Catholic Charities Prescott AZ 86301-3616

Main: 928-778-4622

www.prescottcommunitycupboard.org

Provides and coordinates temporary food assistance to individuals and families until assistance can be obtained from a permanent source such as adequate employment or other income, Food Stamps, etc.

Days and Hours of Operation: Mon-Fri 8am-5pm administration; Mon-Fri 3pm-4:30pm food box pick-up

Eligibility: Individuals and families in need

Intake: Visit office

Fees: None

Languages Available: English, Spanish

Prescott Meals on Wheels

1280 E Rosser St Prescott AZ 86301

Main: 928-445-7630

www.prescottmealsonwheels.com

Provides in-home meals to qualified adults aged 18 and older. Serves lunch weekdays at the Hill Top Cafe.

Days and Hours of Operation: Mon-Fri 8am-3pm administration; Mon-Fri 11:15am-12:45pm lunch

Eligibility: Prescott residents age 18 and older with a temporary or permanent disability who cannot get to a store to purchase food or ask family or friends to bring groceries to them and/or those who have difficulties preparing food due to physical disability and/or

Intake: Call

Fees: Vary for home delivered meals; affordable plans available. \$5 donation for people age 60 and older who register, \$6 donation/lunch for people age 59 and younger and those who prefer not to register for meals served.

Languages Available: English, Spanish

The Salvation Army Prescott Corps

237 S Montezuma St Prescott AZ 86303-4719

Main: 928-778-0150

www.salvationarmy.org

Provides material help including a prepared breakfast, sack lunches on Monday, emergency food boxes, and clothing. Also provides information about and referrals to community resources.

Days and Hours of Operation: Mon, Wed, Fri 9am-noon, 1pm-4pm; Tue 9am-noon, 1pm-3pm; Thu 9am-noon, 1pm-2:30pm social services. Mon-Fri 8am-9am breakfast.

Eligibility: Must meet income guidelines

Intake: Call

Fees: None

Languages Available: English

Yavapai County Food Plus Program - Prescott

1090 Commerce Dr Prescott AZ 86305-3700

Main: 928-771-3138

www.yavapaihealth.com

Provides supplemental food commodities for seniors.

Days and Hours of Operation: Mon-Fri 8am-5pm

Eligibility: Seniors age 60 and older on low income

Intake: Call

Fees: None

Languages Available: English

Prescott Valley

Central Arizona Seniors Association

9360 E Manzanita Cir Prescott Valley AZ 86314-7215

Main: 928-772-3337

www.casapv.net

Provides services for seniors including a legal advocate, Medicare specialist, and educational classes. Prescott Valley Active Adult Center offers adult recreation programs. Offers perishable food for seniors and families in need. Provides low cost congregate meals. Meals on Wheels delivers meals to seniors who are homebound.

Days and Hours of Operation: Mon-Fri 8am-4pm; Mon-Fri 11am-12:30pm congregate meals; Mon-Fri 10am-noon Meals on Wheels; Mon-Fri 11am-3pm food pantry and commodities; activities, events, and classes vary

Eligibility: Adults age 18 and older

Intake: Call for information and fill out application for services. Membership is not necessary to receive services.

Fees: \$30 annual membership dues; activity fees vary

Languages Available: English; limited German and Spanish available

Humboldt Family Resource Center

6411 N Robert Rd Prescott Valley AZ 86314-9146

Main: 928-759-5104

www.humboldtunified.com

Provides free clothing, shoes, and school supplies to the general public and students. Offers parenting classes. Homeless Education Liaison provides assistance to school-age youth who do not have a permanent place of residence. Services include school enrollment, transportation to and from school, free breakfast and lunch programs, and other support services. Also provides information about additional resources in the community.

Days and Hours of Operation: Mon-Fri 9am-3pm

Eligibility: No restrictions

Intake: Call

Fees: None

Languages Available: English

Prescott Valley Food Bank

8671 E Spouse Dr Prescott Valley AZ 86314-6233

Main: 928-772-4490

Distribute food to families and individuals in the Humboldt Unified School District that fall below the federal poverty guidelines who are in need due to recent events causing financial hardships. Clients can receive donations of food once per month on an emergency basis.

Days and Hours of Operation: Mon-Fri noon-2:45pm

Eligibility: Individuals and families in the Humboldt Unified School District that fall below federal poverty guidelines

Intake: Visit food bank. Bring documentation of residence within the Humboldt Unified School District, proof of number of dependents in the household, and verification of income.

Fees: None

Languages Available: English

Society of Saint Vincent de Paul - Prescott Valley

Prescott Valley AZ

Main: 928-899-8889

Provides food boxes and financial assistance for past-due utility bills and prescription medication. Provides information about and referrals to other community resources.

Days and Hours of Operation: Mon-Fri 9am-11am intake

Eligibility: People in need in Dewey-Humboldt and Prescott Valley

Intake: Call

Fees: None

Languages Available: English, Spanish

Yavapai Food Bank, Inc

8866 Long Mesa Dr Prescott Valley AZ 86314-9352

Main: 928-775-5255

www.yavapaifoodbank.org

Distributes food boxes, clothing, and small household items to individuals, families, and other service organizations for distribution to those in need. Computer Training Center provides basic computer skills classes for people at or below poverty level income. Offers school supplies for children in need during back-to-school season. Provides blankets and warm clothing to people in need during winter months. Provides seasonal assistance including meal boxes for Thanksgiving and Christmas. Also distributes toys, blankets, stuffed animals, scarves, and gloves for children who accompany families when they pick up Christmas food boxes.

Days and Hours of Operation: Mon-Fri 8am-4:30pm

Eligibility: Individuals and families at or below poverty level income

Intake: Call

Fees: None

Languages Available: English

Sedona

Sedona Community Center

2615 W Melody Ln Sedona AZ 86336-4429

Main: 928-282-2834

www.sccsedona.org

Provides social, recreational and educational programs for adults. Social services for older adults or people with disabilities include Meals on Wheels, community lunch, exercise classes, supportive services, and volunteering.

Days and Hours of Operation: Mon-Fri 9am-4pm

Eligibility: Adults age 21 and older

Intake: Call

Fees: Vary

Languages Available: English

Yarnell

Yarnell Regional Community Center

22302 S Highway 89 Yarnell AZ 85362

Main: 928-427-6347

www.yarnellcommunitycenter.org

Provides Meals on Wheels home delivered meals to seniors and other homebound residents in Congress, Kirkland, Peeples Valley, Skull Valley, and Wilhoit. Offers lunches for low-income individuals and families. Offers activities, with a focus on health and wellness, for residents of all ages. Activities include blood pressure checks, and exercise and healthy eating classes. Provides social and educational events including the arts, recreational programs, and Bureaucracy Boot Camp on various topics. Offers a thrift store selling donated clothing and household goods.

Days and Hours of Operation: Mon-Fri 11am-12:30pm Mon-Fri lunch; Mon-Fri 9am-2pm, Sat 9am-1pm thrift store

Eligibility: No restrictions for most services. Homebound residents of Congress, Kirkland, Peeples Valley, Skull Valley, and Wilhoit for Meals On Wheels.

Intake: Call, email, visit center, or visit website

Fees: Vary

Languages Available: English; Spanish available