

**Meredith O'Brien & Affiliates, LLC**  
License#: 44SC05384300, NPI#1841558756  
65 Mechanic Street, L2, Red Bank, New Jersey, 07701  
732-977-9729 Tax ID #45-4926269

**Client Profile:**

**Referred by** \_\_\_\_\_

Last Name \_\_\_\_\_

First Name \_\_\_\_\_

Street Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Email Address \_\_\_\_\_ Receive our Newsletter? Yes No

DOB \_\_\_\_\_ Age \_\_\_\_\_ Grade/School/Employer \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Can leave message? \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

**Responsible Party for Payment: Check \_\_\_\_\_ if the information above is the same.**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Street Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_ Can leave message? \_\_\_\_\_

**Family History**

Name	Sex	Age	Yes/No (live with you?)
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Client \_\_\_\_\_

Mother \_\_\_\_\_

Father \_\_\_\_\_

Spouse \_\_\_\_\_

Children/Siblings \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Others in household \_\_\_\_\_

Other significant members \_\_\_\_\_

## Background information

Please state why you are here today

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What would you like to see changed after treatment is completed?

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What prior treatment/counseling history have you had?

Type	Dates	Who/Where?	Was it helpful?
_____	_____	_____	Yes/No
_____	_____	_____	Yes/No
_____	_____	_____	Yes/No

## Health Background

Current Provider of Medical Care/Psychiatrist

Physician	Address	Telephone #
_____	_____	_____
_____	_____	_____

List all current medications and doses

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List all past Diagnoses

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**Have the following changed in the last 6 months?**

Yes (explain)

Sleeping habits No \_\_\_\_\_

Energy level No \_\_\_\_\_

Amount of water you drink daily No \_\_\_\_\_

Urination/ Bowel movement frequency No \_\_\_\_\_

**Do you?**

Yes, how often?

Smoke No \_\_\_\_\_

Drink alcoholic beverages No \_\_\_\_\_

Drink coffee/tea No \_\_\_\_\_

Please list all past and current medical symptoms/illnesses/pain/treatment

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Stressors**

**Yes**

**No**

Unemployment \_\_\_\_\_

Recent decrease in income \_\_\_\_\_

Illness in family member \_\_\_\_\_

Death in family \_\_\_\_\_

Any other significant losses \_\_\_\_\_

Drug/alcohol abuse in family \_\_\_\_\_

Exposure to violence \_\_\_\_\_

**Payment is requested at time of service. If you need to cancel an appointment 24 hour notice is required to avoid being charged for the session, which is not billable for insurance reimbursement.**

**Client Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Therapist Signature** \_\_\_\_\_ **Date** \_\_\_\_\_