



Amy Fuller PhD

Help for today, Hope for Tomorrow

Couples Intensive Treatment

with Amy Fuller PhD, LMFT-S, LPC

Couples Intensive Treatment (CIT) is ideal for couples wanting to address issues in a more direct and rapid method than traditional weekly sessions will allow. Are you and your partner:

- Desperate for some kind of change in your relationship? Tired of the same old arguments?
- Thinking about separation or divorce?
- Not making progress in traditional couples therapy?
- Wanting change to come sooner than later?
- Having sexual difficulty needing a proven therapeutic approach?

A customized intensive approach to couple's therapy can address these issues. What would normally take several months in traditional weekly therapy can be addressed in 3 to 4 days within an intensive treatment model.

How it works:

Couples meet with Dr. Fuller for a total of 9 hours over 3 days. Therapy will focus on helping each individual develop and improve functioning to facilitate developing higher levels of closeness while maintaining and strengthening the self. Dr. Fuller utilizes the Crucible approach for intensive therapy. This approach lends itself to intensive treatment as the couple forms a "crucible" within which healing and growth may occur. CIT is typically utilized with couples in crisis, however, it can be extremely beneficial for couples wanting to address pre-marital topics, couples simply wanting to improve their current relationship or couples struggling with sexual or intimacy issues. The first session is spent gathering information and formulating a detailed and customized plan for addressing the most critical concerns of each person. [More about Dr. Amy Fuller](#)

Scheduling:

Scheduling is flexible for each couple, but hours are limited to Monday through Friday between 8 am and 3 pm. All sessions are scheduled and paid for ahead of time according to the agreement below for a total of 10.5 hours of therapy. 9 hours are scheduled over three to four days with one 80-minute follow-up session within two weeks. The three days do not have to be consecutive, but will typically include 3 hours of therapy per day with a break for lunch. A typical schedule includes a 100-minute session in the morning and a 50-minute session in the afternoon OR an 80-minute session in the morning and an 80-minute session in the afternoon. The intensive rate is reduced from Dr. Fuller's hourly rate and includes one follow up session, however, many couples continue couples therapy and simply start the process with the intensive. If you are interested in an intensive please speak to or email Margarita for availability. *Option to make two or three payments prior to the intensive available upon request. **If the couple needs to reschedule a \$600 re-scheduling fee applies if the cancellation is within 1 week of the agreed upon time. Scheduled intensives are not refundable.

Before we get started:

- This form of therapy is extremely "intense" so it is suggested for even those living locally to take time off of work, arrange for alternate care of children and possibly stay away from home. It is best if each of you are freed up from work demands and able to focus this time on healing and strengthening your relationship.
- Set up follow-up therapy before the intensive week to maintain progress
- Complete attached agreement and complete required intake paperwork

CIT is held in southwest Houston at Dr. Fuller's tranquil therapy offices located at 4545 Bissonnet, Suite 289, Bellaire, TX 77401. To find out more information or schedule CIT, please call Dr. Fuller's office at (832) 848-0870 or email amy@amyfullerphd.com.



Couples Intensive Treatment Agreement

This form is to acknowledge agreement of Couples Intensive Treatment with Dr. Amy Fuller with the following specifications.

Names of individuals participating: _____ & _____

Contact Phone and Email: _____

Contact Address: _____ City, State: _____ Zip: _____

The intensive will include a discounted total of 10.5 hours for \$1800 fee (includes one 80-minute follow-up session)

Full payment is due at the time of scheduling and will be billed according to information provided below. Please consult with Dr. Fuller's administrative staff for information regarding the use of health insurance for the treatment. Appointments in the morning are typically 2 hours in length with shorter sessions in the afternoon. One follow-up session is included.

The following dates and times are scheduled for the intensive:

_____	_____
_____	_____
_____	_____

Please bill the following card for the treatment:

Name on Card: _____ Type of Card: Amex MC Visa Discover

Credit Card Number: _____ Expiration Date: ____/____ 3 digit Code: _____

Billing Address and Zip Code: _____

Consent to treatment:

We agree to the above appointments and fees for treatment. We understand the intensive will be charged upon receipt of this document and an additional fee will be charged if there is a need for rescheduling. If payment information is provided by phone the payment will be processed with verbal permission. We understand we will be provided with office policies regarding our rights, confidentiality, treatment and communication preferences.

Signed: _____ Date: _____

Signed: _____ Date: _____

Printed Name: _____

Printed Name: _____

Please send a copy of this agreement and receipt of payment by: Secure Email Unsecure Email Regular Mail

Signed by Dr. Fuller: _____

Date: _____