



# Quest For Wellness™

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To: Clients for your Doctors

A prescription is required from your physician as stated by Federal Law 21CFR 801.109 before receiving a colon hydrotherapy procedure. Please have a rectal examination by your physician, so that he may evaluate you for any Contraindications. This again is a “Federal Law,” for the fact that the Colon Hydrotherapy Equipment was federally registered as a medical device for a standard of safety.

Quest For Wellness, LLC uses FDA registered “closed systems” for colon cleansing. This procedure gently introduces filtered and ultraviolet treated water into the colon with low pressure (1/2 -1 lb maximum) as it hydrates and flushes out debris. The Colon Hydrotherapists at Quest For Wellness are Licensed Massage Therapists, skilled and trained with years of experience in this modality. They have been Instructors for Colon Hydrotherapy, also bringing to the profession their years of practice with Nutrition, Complimentary Care modalities of Lymphedema Management, Lymph Drainage Therapy, Visceral Manipulation, Brain Therapy and more through Upledger Institute; Dr. Jean-Pierre, Barral’s Institute; Dr. Bruno Chikly, Chikly Institute. They are not medical physicians and do not diagnose or prescribe.

The intended use of Colon Hydrotherapy device is intended for “colon cleansing” and when medically indicated, such as before radiology or endoscopic examinations. 21CFR 876.5220 This is now being used in medical facilities across the nation for diagnostic preparation.

### Contraindications:

**Severe Cardiac Disease (uncontrolled Hypertension or Congestive Heart Failure) - Aneurysm - Intestinal Hemorrhaging or Perforation - Severe Hemorrhoids Carcinoma of the Colon or Rectum- Fissures/Fistulas - Pregnancy - Recent Colon, Rectal or Abdominal Surgery - Renal Insufficiency - Crohn’s Disease - Acute Diverticulitis - Ulcerative Colitis – MRSA - CSARS or other infectious conditions or STD’s** Individuals with extreme cases of mental conditions such as multiple personality disorders, schizophrenia, bipolar, extreme anxieties... may not be good candidates for this procedure.

If your doctor or you desire ozone/oxygen therapies applied during colon hydrotherapy, this may be noted in the prescription statement. Many doctors commonly request probiotics, electrolytes, coffee or ozone/oxygen to be added.

### **Your Doctor may write a prescription as follows:**

Name \_\_\_\_\_ Date \_\_\_\_\_

Rx #	<u>COLON HYDROTHERAPY</u>	#	_____
	<u>QFW THERAPIST MAY INSERT SPECULUM</u>		
	<u>ADDITIVES: PROBIOTICS, COFFEE, OR OXYGEN/OZONE</u>		
	<u>ELECTROLYTES OR OTHER ADDITIVE SUPPLEMENTS</u>	Refill	_____

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Dispense as Written MD/DO/NMD