

SWITCHEL is an old farm drink which can be put together in varying proportions according to taste and which is always refreshing and snappy. I have found the following proportions most satisfactory. Mix together one teaspoonful of powdered ginger, half a cupful of sugar, one-quarter cupful of vinegar and four cupfuls of cold water. Boil together about ten minutes or until well blended, cool, and chill thoroughly.