

## Quick Breakfast Puffs

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|--|-----------------------------------|
| 1½ Cupfuls of Flour                      | ¼ Teaspoonful of Salt             |
| 2 Rounding Teaspoonfuls of Baking Powder | 1 Cupful of Milk                  |
| 1 Tablespoonful of Sugar                 | 1 Egg                             |
|  | 1 Tablespoonful of Butter, Melted |

**SIFT** the dry ingredients into a bowl; beat the egg thoroughly and add to it the milk; stir this quickly and carefully into the dry mixture; beat, and add the shortening; beat again. The batter should not be stiff; add a little more milk if necessary. Butter tin gem-pans and fill them two-thirds full with the mixture; bake for about fifteen minutes in a hot oven. This recipe will make a dozen puffs.