

NUT HASH ON TOAST.— Toast thin slices of whole wheat bread, and butter. Take three eggs, half a cup of chopped nut meats and one tablespoonful of cream, dash of pepper and salt. Stir all together. Turn into a skillet in which one tablespoonful of olive oil has been heated, and mix with the chopping knife as it thickens. When firm serve at once on the buttered toast.