

Boston Roast.

One pound can of kidney beans or same amount of cooked beans, one-half pound grated cheese, bread crumbs, salt.

Mash the beans or put them through a meat grinder. Add the cheese and sufficient bread crumbs to make the mixture stiff enough to be formed into a roll. Bake in a moderate oven, basting occasionally with butter and water. Serve with tomato sauce. This dish may be flavored with onions, chopped and cooked in butter and water.