

Diana Lincoln-Haye, LPC, NCC, RRT

ADULT INTAKE FORM

Name:		Date:	
SS #	Age:	DOB:	
May I leave a text. or message on your phone?		YES /NO	
Telephone numbers:	Cell:	Wk:	
Address: _____			
Preferred way to be contacted (circle one):	Cell	Wk.Phone	Email
May I contact you by E-mail? YES/NO		Email:	

Please include spouse/partner information if seeking couples/family therapy:

Name:			
SS #	Age:	DOB:	
Telephone numbers:	Cell:	Work:	
Address is different			
Preferred way to be contacted (circle one):	Home	Work	Cell
May I contact you by E-mail? YES/NO		Email:	

In case of an emergency, who may I contact on your behalf?

Name:	Relationship:
Phone Number:	Address:

If you have previously been married, please fill out the following section:

	Date began:	Date ended:	Children
1st Marriage			YES/NO
2nd Marriage			YES/NO
3rd Marriage			YES/NO

Name: _____

Relationship Status: (Circle all that apply)

Single	Married	Divorced	Separated
Widowed	Remarried	Long-term Relationship	Cohabiting
Current partner's name:		Partner's Occupation:	Length of Relationship:
How satisfied are you with your current relationship (on a scale from 1-10)? (very unsatisfied) 1 2 3 4 5 6 7 8 9 10 (very satisfied)			
What is your occupation?		Employer:	
Do you enjoy your occupation: YES/NO		Average hours worked per/week:	

Highest level of education:	Highschool	Some college	College degree	Graduate School	Other
If you received a college/graduate degree, what was your degree in?					
If you are currently a student, what are you studying?					
How would you describe your spiritual or religious beliefs?					

Have you ever received or given abuse: YES/NO	If yes please circle type: Physical Emotional Sexual Neglect Other
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Do you have a primary care physician? YES/NO	Physicians name:
Are you under the care of a psychiatrist? YES/NO	Psychiatrists name:

Are you under the care of a specialist? YES/NO					
If yes, please circle type of specialist:					
Cardiologist	Dermatologist	Endocrinologist	Gynecologist	Infertility	Nephrologist
Neurologist	Nutritionist	Occupational Therapist	Oncologist/Hematologist	Orthopedic Specialist	Pain Specialist
Physical Therapist	Psychiatrist	Rheumatologist	Sleep Specialist	Urologist	Other:

Name:

Please list any chronic illness, disabilities, or medical conditions that you have been diagnosed with:

Illness/Disability	Dates

List all medications you are currently taking:

Medication	Dosage	Treating
Are you taking the medications according to your doctor's recommendation? YES/NO		
If No, briefly explain:		

Average number of hours you sleep at night?	How long does it take for you to fall asleep? ____ min. ____ hrs.
Do you wake up in the night? YES/NO	If yes, how often? ____ times per night.
How would you rate your overall sleep at the present time? (poor) 1 2 3 4 5 6 7 8 9 10 (excellent)	
Do you exercise on a regular basis? YES/NO	If yes how often? ____ times per week.
Have you ever attempted/seriously contemplated suicide? L8F" A B	
If yes, describe briefly and indicate dates:	