



Minnesota JCC

JOB DESCRIPTION

TITLE: Massage Therapist
DEPARTMENT: Health and Wellness
STATUS: PT
CLASSIFICATION: Non-exempt
SUPERVISOR: Health and Wellness Director

POSITION SUMMARY

The Massage Therapist is responsible for providing a positive experience for our members in the form of therapeutic massage, and performing customized massage therapy sessions in which the quality of touch, flow, pressure and draping is safe, professional and therapeutic.

ESSENTIAL FUNCTIONS

This job description is not intended to cover or contain a comprehensive listing of activities, duties or responsibilities required of the employee in this position. Activities, duties and responsibilities may change at any time with or without notice. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions of this position.

- Ensure an excellent experience for members and guests by servicing the clients while adhering to the Minnesota JCC Mission Statement/Values.
- Greet guests & members in a professional, friendly and timely manner, design specific massage plans based on clients' needs after reviewing the client intake forms with each guest.
- Promote the health and wellness benefits of massage specific to each client and recommend frequency.
- Administer pre-participation health screening questionnaires and obtain medical clearance when indicated.
- Assess contraindications of guest that may prevent service from taking place.
- Create and maintain client files with accurate and appropriate treatment notes
- Safeguard client information and confidentiality.
- Report any incident or accident to the Health and Wellness Director.
- Understand and use universal precautions when providing services.
- Begin and end all treatments on time.
- Ensure that work areas are clean and set according to procedures; this includes cleaning and disinfecting all equipment after each use.
- Inform Health and Wellness Director of product needs.
- Maintain a professional, clean appearance of self and the JCC by wearing the JCC provided uniform shirt and dress code appropriate pants.

- Attend all scheduled meetings.

QUALIFICATIONS/REQUIREMENTS

- 18 years or older
- Hold a current license/certification in Massage Therapy and maintain all current licenses and certifications that are required on a state and local level
- Minimum of 1 year experience as a massage therapist in the field
- Able to lift/carry up to 25 lbs
- Current CPR, First Aid and AED certification (or within 3 months of hire)
- Be familiar with facility Emergency Procedures

COMPETENCIES

- Proficiency in Microsoft Office Suite
- Excellent verbal and written communication skills
- Proven attention to detail, time management and problem-solving skills
- Positive attitude and dedication to providing exceptional customer service
- Commitment to the highest professional and ethical standards

PHYSICAL DEMANDS

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job.

While performing the duties of this job, the employee is regularly required to verbally communicate with others.

In the office setting, this is primarily a sedentary role, which requires the employee to sit at a desk for consecutive hours at a time using a computer or other office equipment. Additional physical requirements include occasional bending, crouching, reading and lifting (25 lbs or more).

EEOC Statement: The MN JCC provides equal opportunity to employees and applicants for employment in accordance with applicable laws. Personnel decisions are made on the basis of merit and the needs of the organization. The MN JCC does not discriminate against any employee or applicant for employment because of race, color, creed, religion, national origin, sex, marital status, familial status, status with regard to public assistance, disability, genetic information, sexual orientation, age, military or veteran status, membership or activity in a local human rights commission, or any other status protected by law.