

Dermaplaning

A small surgical blade is used to perform a more aggressive, yet pain free form of exfoliation to the facial skin along with removal of vellus hair from the face.

What skin conditions does it benefit?

Dermaplaning is recommended to treat dry, rough skin along with helping with uneven skin tone, fine lines and unwanted facial hair. An immediate result to a smoother texture of the skin and clearer complexion will occur.

Dermaplaning is not recommended for:

- Current inflamed acne
- Skin cancer on face
- Active cold sores
- Dermatitis including eczema and/ or psoriasis
- Open skin lesions

Pre-Treatment

- Discontinue exfoliation 1 week prior scheduled treatment. This include manual (scrubs, Clarisonic device) and chemical (salicylic, retinol, glycolic & lactic) exfoliation.
- Tell us if you have a history of cold sores and keloid scarring.

Post Treatment

- Skin may feel slightly sensitive after the treatment. Skin may have a pink undertone that could feel like a windburn.
- Exposure to sun and exercise should be avoided for 48 hours post treatment to help reduce irritation.
- Discontinue the use of retinol, alpha and beta hydroxy acids as well as facial scrubs and manual facial brushes for 3-5 days post treatment.

Post Treatment Products

- Gentle facial wash
- Moisturizer
- Sunblock