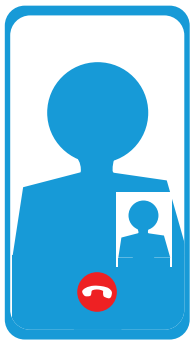
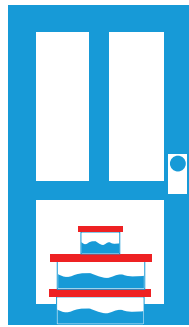


# What can I do instead of visiting friends and family?

Start a new tradition! Virtual visits are a safe way to connect.



**Share recipes over the phone or virtually**



**Drop off a meal at the door for your loved ones**

**Gracias**



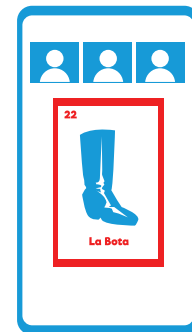
**Share a list of things you're grateful for with friends and family**



**Plan a parade route to visit friends and family**



**Have a virtual watch party for a movie or series**



**Play virtual board games or videogames with friends and family**

**ABOUT**

This publication was made possible through funding provided by the Access to Justice Foundation and Julian Grace Foundation. All information was curated and verified by Dr. Marina Del Rios, Dr. Pamela Vergara-Rodriguez, Suzanne Martinez, Susana González, Susan Avila and Anthony Carrera and edited by Steven Arroyo. The contents are solely the responsibility of Illinois Unidos and the Latino Policy Forum.

**DESIGNED BY**

*Juan Mora*